Reference:	FOI.2103.19
Subject:	Structured diabetes education
Date of Request:	5 December 2019

## Requested:

Providing Structured Diabetes Education (SDE) for people who have been newly diagnosed with Type 2 diabetes is a NICE requirement.

For your CCG area, please can you provide the following information:

- 1. Which organisation(s) currently provides your Structured Diabetes Education (SDE) programme(s)?
- 2. Could you provide contact details for the main person responsible for commissioning Structured Diabetes Education (SDE)
- 3. Do they provide a QISMET accredited course, and if so, what is the course name?
- 4. What is the current annual contract value? If this is part of a block contract, please estimate the value of the contract.
- 5. How many participants are expected to attend each year?
- 6. How many courses were provided last year?
- 7. What is the number of people of your waiting list?
- 8. When is the current contract up for review?
- 9. When does the current contract end?

## Response:

Clinical Commissioning Groups (**CCGs**) are a feature of the NHS in England; there are no commissioning of healthcare through this route in Wales.

Hywel Dda University Health Board (UHB) develops and provides health services based on the needs of the local community across three (3) counties, Carmarthenshire, Cardigan and Pembrokeshire.

- 1. The UHB currently provides education programmes for patients (EPP) and provides selfmanagement courses for patients, people and their carers living with long-term health conditions including Type 2 diabetes. A copy of the self-management courses menu has been provided, Attachment 1.
- The EPP team is managed by Claire Hurlin, Strategic Head of Community and Chronic Conditions and can be contacted via email <u>Claire.E.Hurlin@wales.nhs.uk</u> The UHB's EPP team work with XPERT diabetes and a National EPP team who support the Stanford courses provided.

- 3. The UHB does not provide QISMET accredited courses. A National EPP Team based within Public Health Wales (PHW) provides a defined structure for education, delivery and monitoring of all programmes.
- 4. Not applicable.
- 5. The UHB arranges twenty (20) programmes as a minimum each year and provides additional programmes if there is a requirement. A minimum of twenty (20) participants per programme is required therefore; the number each year is a minimum of four hundred (400) participants. The UHB has also introduced thirty-six (36) diabetes foot care programmes. A minimum of twenty (20) participants per programme is required therefore; the number each year is a minimum of seven hundred and twenty (720) participants.
- 6. The UHB provided twenty-three (23) diabetes programmes between April 2018 and March 2019 with two hundred and twenty three participants.

From April 2019 to current date, eleven (11) programmes have been provided with 115 participants. To the end of March 2020, a further seven (7) programmes are planned with 82 participants.

- 7. The UHB has no waiting list to attend programmes. Everyone on the mailing list is invited to attend the courses and is asked to complete a booking form, selecting the programme most suitable to their needs. People are invited three times to book on to a course, if they don't respond after the third invitation we advise them that they are being taken off the mailing list and dispatch an information leaflet providing access to online support they can link to and access at any time.
- 8. The UHB has no contracts currently in place. An annual license fee is paid to XPERT for the provision of course programmes.
- 9. Not applicable.