



Elusennau lechyd  
**HYWEL DDA**  
Health Charities



**GIG**  
**CYMRU**  
**NHS**  
**WALES**

Bwrdd Iechyd Prifysgol  
Hywel Dda  
University Health Board

# Myfyrdod ar 2020/21



Tra wynebodd y GIG  
her fwyaf ei oes, roedd  
y caredigrwydd a'r  
haelioni a amlygwyd i'n  
staff, ein gwirfoddolwyr  
a'n cleifion yn  
galonogol  
ac ysbrydoledig



**Diolch i chi, bu i ni allu helpu i wella gofal,  
profiad a chanlyniadau ar gyfer:**



**Aelodau Staff**



**Ganolfan Gofal Integredig**



**Ysbyty Aciwt**



**Poblogaeth**



**Ysbyty  
Cymunedol**

# Roedd ein hincwm ar gyfer 2020/2021 yn £2.51 million



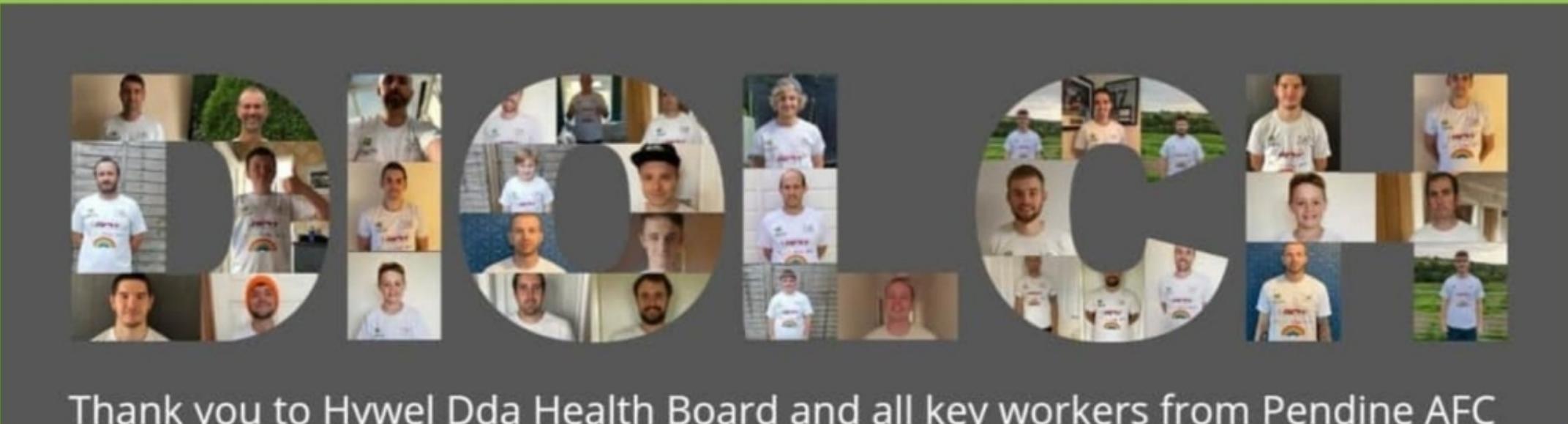
Roedd y cynigion  
hael o help,  
cymorth a  
rhoddion gan ein  
cymunedau lleol  
yn drech na ni



Cafodd 2,000 o eitemau eu rhoi i ddarparu pecynnau ar gyfer cleifion a gâi eu derbyn i'r ysbyty yn annisgwyl



Codwyd £96,000 ar gyfer  
ein hapêl COVID-19 i ddiolch  
i staff a gwirfoddolwyr am yr  
aberth personol  
a wnaed ganddynt

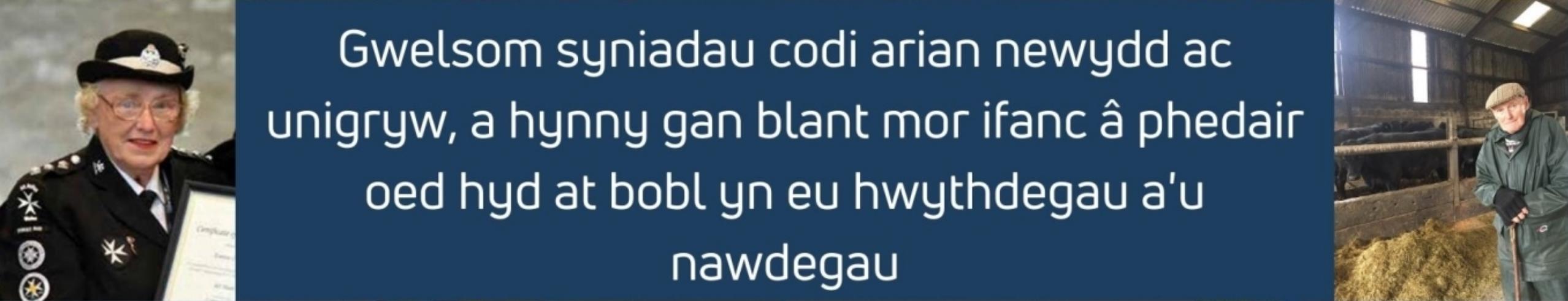


Thank you to Hywel Dda Health Board and all key workers from Pendine AFC





Gwelsom syniadau codi arian newydd ac  
unigryw, a hynny gan blant mor ifanc â phedair  
oed hyd at bobl yn eu hwythdegau a'u  
nawdegau





Supported by

NHS CHARITIES  
TOGETHER



Cafwyd cymorth gan  
yr apêl codi arian  
genedlaethol diolch i  
ymdreichion anhygoel  
Syr Capten Tom Moore  
a nifer o bobl eraill

Teithiwyd miloedd  
o filltiroedd yn ystod ein  
her 60 ym mis Medi,  
ac roedd eich  
cŵn a'ch cathod gwych  
hyd yn oed wedi  
chwarae rhan!



The banner features the Hywel Dda Health Charities logo at the top left, followed by the text "Elusennau Iechyd HYWEL DDA Health Charities". Below this is a large blue "60 YM MIS MEDI". Underneath the number is the question "Ydych chi'n barod am her?". To the right of the text is a photograph of a person's legs and feet in athletic gear running through tall grass.





Roeddech wedi cefnogi ein  
hymgyrch Nadolig ar gyfer cleifion  
iechyd meddwl ymysg oedolion



# Bu i ni wario £1.3 miliwn ar wella pethau yn 2020/21

Cysuron  
ychwanegol  
i gleifion

Cyfarpar  
meddygol  
diweddaraf

Amgylcheddau  
mwy  
croesawgar

Gofal yn ein  
cymundeb lleol

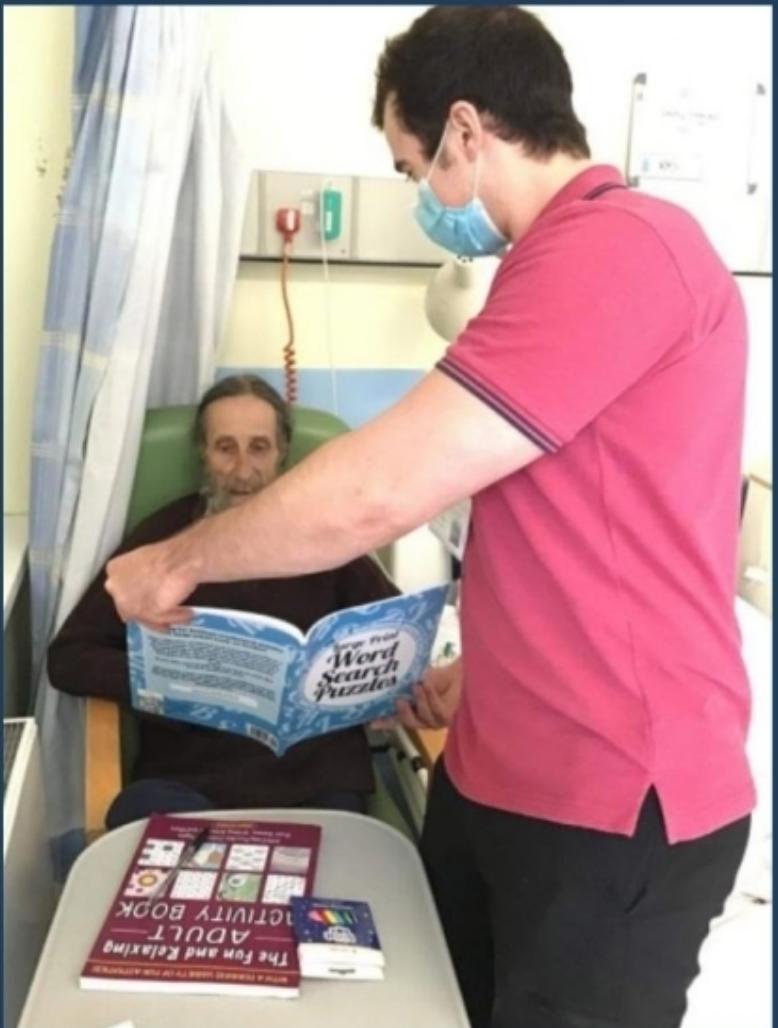
Lles a llesiant  
ein staff

Dysg a  
datblygiad y  
gweithlu

Roedd pecynnau  
gofal wedi helpu  
i sicrhau bod ein  
cleifion yn fwy  
cyfforddus yn ystod  
eu harhosiad  
yn yr ysbty



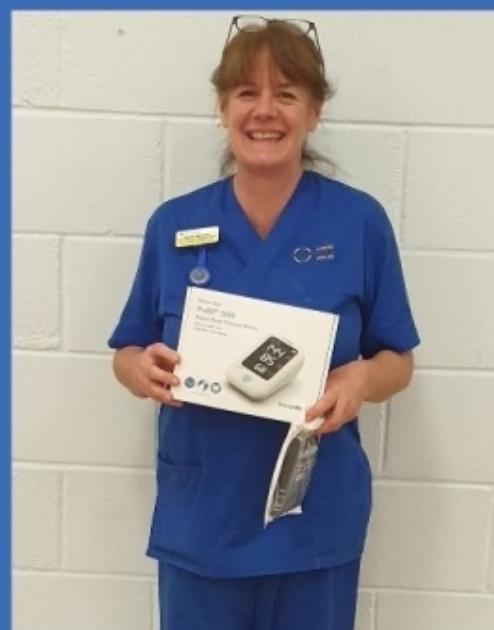
Roedd eitemau  
tynnu sylw  
wedi helpu i  
leddfu diflastod  
a gwella profiad  
y claf





Roedd dyfeisiau  
electronig wedi  
cadw cleifion  
a'u hanwyliaid  
mewn cyswllt

Roedd dyfeisiau a chyfarpar meddygol wedi helpu i hwyluso'r broses o ryddhau cleifion, ac wedi galluogi cleifion i gael gofal yn eu cartref eu hunain



Darparwyd  
gofal mewn  
ffyrdd  
newydd ac  
arloesol



Roedd ardaloedd gorffwys fwy  
cyfforddus gyda gwell cyfarpar wedi  
bod o gymorth i lesiant staff



Roedd  
cannoedd o  
becynnau  
llesiant i staff  
wedi darparu  
maeth,  
hydradiad a  
phethau  
ymolchi

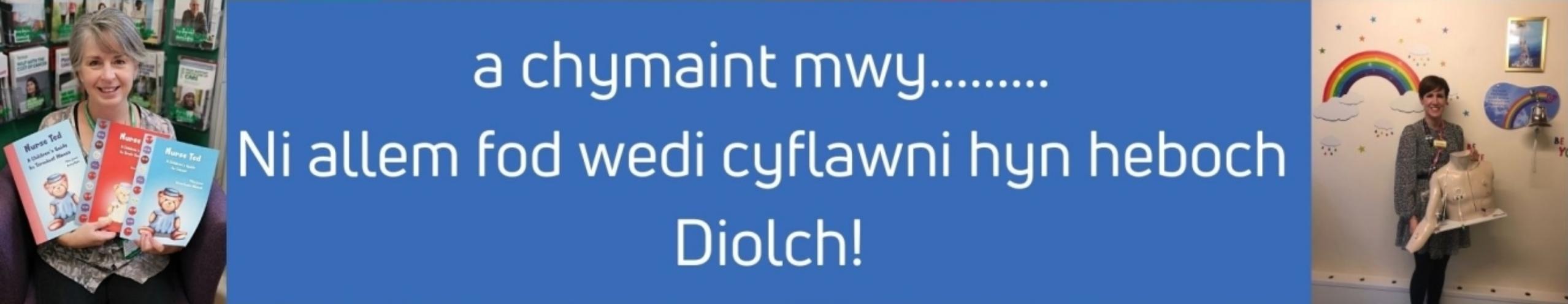




Gwnaethom yn siŵr  
bod ein staff a'n  
gwirfoddolwyr yn y  
**GIG** yn gwybod bod  
eu gwaith caled yn  
cael ei werthfawrogi



a chymaint mwy.....  
Ni allem fod wedi cyflawni hyn heboch  
Diolch!



# Diolch am ein helpu **#GwneudGwahaniaeth**

[www.elusennauiechydhyweldda.org.uk](http://www.elusennauiechydhyweldda.org.uk)

CodiArian.HywelDda@wales.nhs.uk - 01267 239815



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**HYWEL DDA**  
Health Charities



**Elusennau lechyd Hywel Dda**



**@ElusenHywelDda**



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Hywel Dda  
University Health Board

# A reflection on 2020/21



Whilst the NHS faced the biggest challenge of its lifetime, the kindness and generosity shown to our staff, volunteers and patients was heart-warming and inspiring



**Thanks to you we helped enhance care,  
experience and outcomes for:**



**Staff**



**Acute Hospitals**



**Integrated Care Centres**



**Population**



**Community  
Hospitals**

# Our income for 2020/2021 was £2.51 million



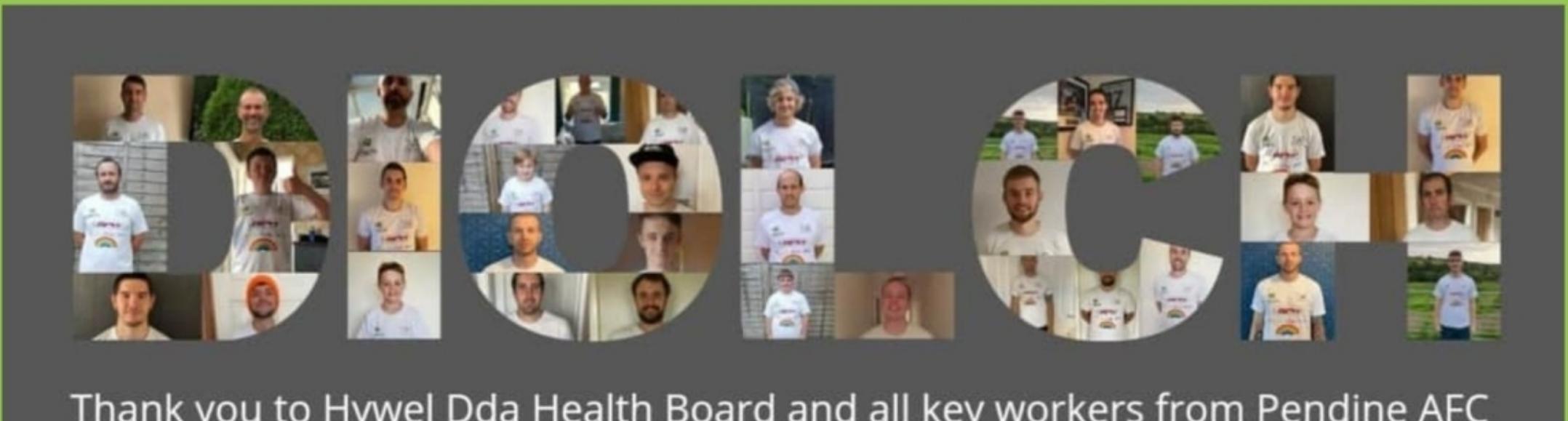
We were overwhelmed by the generous offers of help, support and gifts from our local communities





Over 2,000 items  
were donated to  
provide care packs  
for patients  
unexpectedly  
admitted to hospital

£96,000 was raised for our COVID-19 appeal to thank staff and volunteers for the personal sacrifices made



Thank you to Hywel Dda Health Board and all key workers from Pendine AFC





We saw new and unique fundraising ideas from children as young as four to those in their eighties and nineties





Support was received from the national fundraising appeal thanks to the amazing efforts of Sir Captain Tom Moore and many others

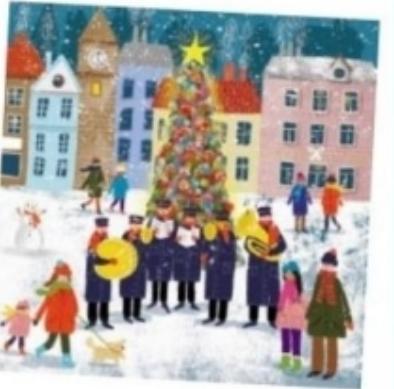
1,000s of miles were covered during our 60 in September challenge and your perfect pooches and fabulous felines even played a part!



# 60 IN SEPTEMBER

Are you up for the challenge?





You supported our  
Christmas campaign in aid of  
adult mental health patients



# **During 2020/21 we spent £1.3 million on making things better**

Additional  
patient comforts

Most up-to-date  
medical  
equipment

More welcoming  
surroundings

Care in our local  
communities

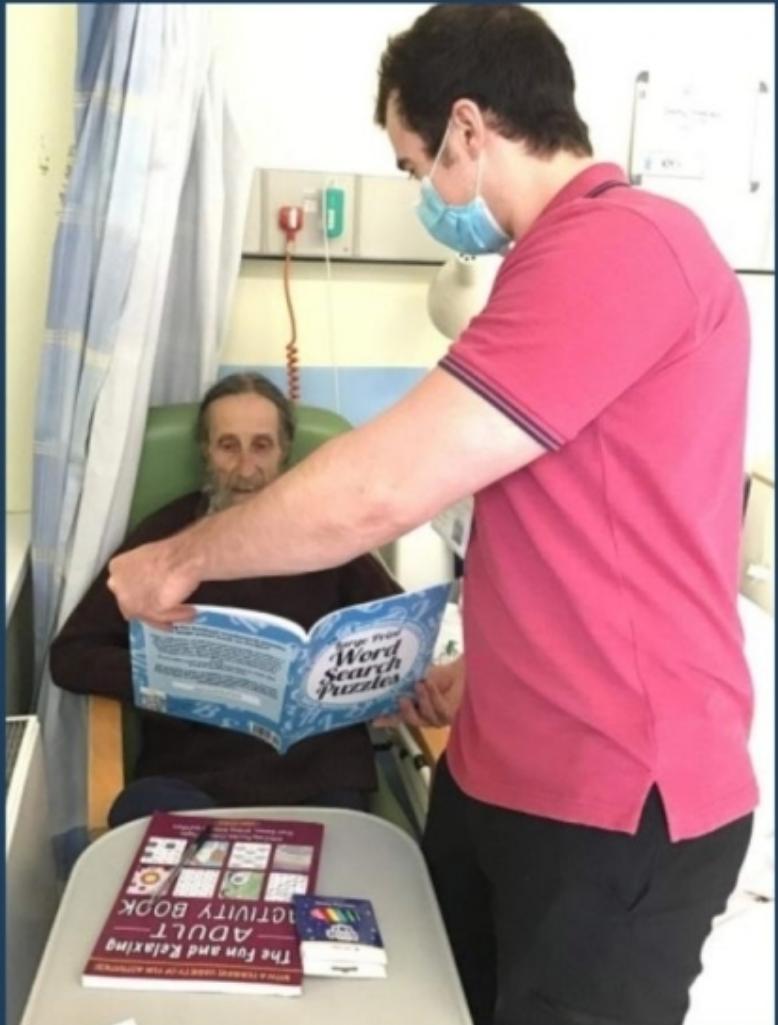
Staff welfare  
and  
wellbeing

Staff learning  
and  
development

Care packs helped  
make our patients  
more comfortable  
during their  
hospital stay



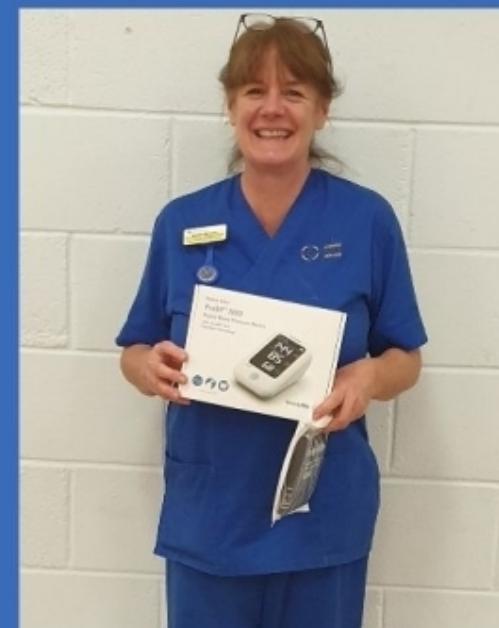
Distraction items helped alleviate boredom and improve the patient experience





Electronic devices  
kept patients and  
their loved ones  
connected

Medical devices and equipment helped facilitate discharge and enabled patients to be cared for in their own homes



Care was delivered in new and innovative ways



# Better equipped and more comfortable indoor and outdoor rest areas supported staff wellbeing



Hundreds  
of staff  
wellbeing  
packs  
provided  
nutrition,  
hydration  
and toiletries





We made sure  
our NHS staff  
and volunteers  
knew that their  
hard work was  
appreciated



and so much more.....

We couldn't have done it without you  
Thank you!



# Thank you for helping us to **#MakeaDifference**

[www.hywelddahealthcharities.org.uk](http://www.hywelddahealthcharities.org.uk)

fundraising.hyweldda@wales.nhs.uk - 01267 239815



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**HywelDdaHealthCharities**



**@HywelDdaCharity**