

**PWYLLGOR CRONFA ELUSENNOL
CHARITABLE FUNDS COMMITTEE**

DYDDIAD Y CYFARFOD: DATE OF MEETING:	12 March 2024
TEITL YR ADRODDIAD: TITLE OF REPORT:	Development of Therapeutic Gardens at Prince Philip Hospital
CYFARWYDDWR ARWEINIOL: LEAD DIRECTOR:	Andrew Carruthers, Director of Operations
SWYDDOG ADRODD: REPORTING OFFICER:	Neil Mason, Head of Older Adult Mental Health Services Louise Ellis, Senior Nurse Manager Prince Philip Hospital Nicola Llewelyn, Head of Hywel Dda Health Charities

Pwrpas yr Adroddiad (dewiswch fel yn addas)

Purpose of the Report (select as appropriate)

Ar Gyfer Penderfyniad/For Decision

ADRODDIAD SCAA

SBAR REPORT

Sefyllfa / Situation

This paper presents plans for the development of therapeutic gardens at Prince Philip Hospital (PPH) together with a funding request to appoint a cost adviser to provide a project outturn cost for the project.

Cefndir / Background

Mynydd Mawr Ward is a 15-bed elderly care rehabilitation unit and Bryngolau ward is a 15-bed older adult mental health unit. The wards are located next door to each other on the ground floor of PPH and both wards have access to enclosed outdoor spaces. However, these areas are not currently in use and are not suitable for the patient groups cared for on the wards for the following reasons:

- The paths and walking areas are uneven as the tarmac has lifted due to tree root progression
- There are no handrails to support frail patients
- Seating and raised borders have become unsafe and rotten
- Plants and shrubs have prickles and thorns
- There are no covered areas to provide shelter from the sun or light rain

It has long been recognised that patients of Mynydd Mawr and Bryngolau Wards would benefit significantly from having access to safe, stimulating and therapeutic outdoor spaces. The ward teams have been working since 2018 to develop and implement plans for improvement works. However, due to lack of sufficient funds and delays as a result of the COVID-19 pandemic these plans have not been realised.

In 2023, a Project Team was formed to oversee the project and delivery of a capital scheme to modernise and improve the outdoor spaces at Mynydd Mawr and Bryngolau Wards. The Project Team is comprised of representatives from the PPH Unscheduled Care and Mental

Health and Learning Disabilities (MHL) management teams, PPH Estates Team, HDdUHB Design Team, and the Hywel Dda Health Charities (HDdHC) Fundraising Team.

In November 2023, the HDdHC fundraising team launched a capital fundraising appeal to raise the funds needed to improve the outdoor areas, a key objective of the charity's 2023/24 work plan.

Asesiad / Assessment

1. The proposal

The main aim of the PPH gardens project is to create individual therapeutic gardens for Mynydd Mawr and Bryngolau wards to improve the experience and rehabilitation of patients to help aid recovery and thus decrease their length of stay in hospital.

There is a growing body of evidence (see <https://nhsforest.org/evidence/>) that documents the benefits of access to nature and green space for both mental and physical health, including positive outcomes for heart rates and blood pressure, stress levels, mood and self-esteem.

The new gardens will provide a mix of sensory, multipurpose spaces for patients, staff and visitors to enjoy. The spaces will be enclosed for safety, privacy and security and have consideration for hard and soft landscape materials appropriate to dementia care.

The gardens will provide tranquil, intimate spaces with seating and sensory planting which will provide colour, fragrance and texture all year round as well as attracting wildlife. The gardens will also include multi-purpose areas to accommodate rehabilitation exercise and activities.

The gardens will create sanctuary and immersion in nature; a natural and accessible place away from the wards, a place for patients to meet with family and friends, a place for relatives to take a break or enjoy privacy with their loved-one, and for staff to take a well-earned break.

2. What will be delivered?

The gardens will incorporate:

- Level and bound surfaces suitable for wheelchairs and to prevent trip hazards.
- Handrails around main walkways for increased safety and stability.
- Sheltered outdoor spaces for dining, resting and therapy.
- Smaller intimate spaces for quiet contemplation and private time with visitors.
- Spaces adjacent to seating areas for wheelchair users, and wheelchair-accessible outdoor furniture.
- Gardening activities to keep patients active and engaged, using accessible planters which everyone can reach.
- Artwork and installations to stimulate the senses.
- Planting of dementia-friendly herbs and fruits to stimulate sight, touch and smell.
- Tactile, colourful and varied planting and grass areas to stimulate the senses, evoke memories and vary textures underfoot.
- Bird feeders and native rich planting to encourage birds and other wildlife to visit and provide birdsong.

The project brief has been developed by the Mynydd Mawr and Bryngolau Ward teams and approved by the PPH Unscheduled Care and MHL management teams. Preliminary concept designs have been prepared by the HDdUHB Design team.

A selection of 3D images which provide an impression of the proposed gardens can be provided below:

Figure 1: Raised Bowls Lawn



Figure 2: Quiet Seating Area



Figure 3: Network of Paths with Handrails



3. Financial Position

3.1 Fundraising Appeal

The 'Prince Philip Hospital Gardens Appeal' was launched on 28 November 2023 with a target of £100,000 based on provisional estimated project costs and the value of funds already held by Mynydd Mawr and Bryngolau wards for the project. The appeal has made a positive start with £6,926.80 of income received during the first two months (as of 31 January 2024).

The launch of the appeal was supported by former international rugby union referee Nigel Owens with the launch video being viewed by over 10,000 people on our social media channels. The appeal has received extensive and regular media and social media coverage, both online and in-print, thanks to a partnership with the Llanelli Star. The appeal's communications plan has also ensured that regular internal communication is issued to HDdUHB staff via the Health Board's intranet, internal newsletter emails, monthly staff updates and closed HDdUHB staff Facebook group posts.

The Mynydd Mawr and Bryngolau Ward teams as well as the local community have also come together to support and raise funds for the appeal: a number of staff members took part in the Boxing Day Walrus Dip at Pembrey Country Park, a team of Bryngolau Ward staff completed the Llanelli 10k and business, clubs and organisations across Llanelli are displaying collection boxes for the appeal.

3.2 Availability of Funding

Since the launch of the fundraising appeal, the value of charitable funds held by Mynydd Mawr Ward has increased significantly following the receipt of a generous legacy from a former patient.

The combined value of funds held by Mynydd Mawr and Bryngolau Wards is now £131,177.09 (as of 31 January 2024).

The value of funds earmarked for the project by the PPH Unscheduled Care and the MHLDD management teams is £101,926.80 (as of 31 January 2024):

Fund code	Fund name	Type of fund	M10 Balance	Proposed contribution	Status
T429	Bryngolau Fund	Legacy	£3,225.30	£3,225.30	Uncommitted
T691	Bryngolau Ward PPH	Unrestricted	£14,795.41	£6,774.70	Uncommitted
			£18,020.71	£10,000.00	
T253	Mynydd Mawr Rehabilitation Unit	Legacy	£25,142.64	£25,142.64	Committed in 2019
T742	Mynydd Mawr General Purposes	Unrestricted	£13,911.36	£13,911.36	Committed in 2019
T742	Mynydd Mawr General Purposes	Unrestricted	£67,175.58	£45,946.00	Uncommitted
			£106,229.58	£85,000.00	
T592	PPH Gardens Appeal fund	Restricted	£6,926.80	£6,926.80	Uncommitted
			£6,926.80	£6,926.80	
		Total	£131,177.09	£101,926.80	

4. Next Step – Detailed Cost Plan

In line with the HDdUHB 'Mandatory Project Approval Process Prior to Tender for Construction and Engineering Projects', in order to proceed to tender for a project of this nature, a detailed cost plan is required.

Due to the unique nature of this project and no comparable project delivered by the HDdUHB Design Team, the CFC is asked to consider and approve a funding request of £4,200 (£3,500 & VAT) from the Support for Life General Fund (T600) to appoint a cost adviser to provide a project outturn cost for the project.

Due to the current value of funds available for this project, the Project Team is hoping that the garden improvement works can proceed during spring/summer 2024 rather than wait until spring/summer 2025 when the fundraising appeal is scheduled to end. A detailed cost plan will allow the Project Team to submit a formal request for charitable funding to the CFC for consideration and approval in May 2024.

5. Ongoing Maintenance of the Gardens

It is vitally important that once developed, the gardens are regularly maintained to the highest standards to ensure their longevity and that they can continue to be accessed by patients long into the future. The ongoing maintenance of the gardens will be undertaken as follows:

- PPH Estates team: Maintenance of grounds and gardens to be aligned with contractual arrangements for the PPH site. A planned preventative maintenance schedule for the upkeep of the gardens. Responding to reactive calls for ad hoc reported defects.
- Shades of Green: Shared Prosperity funded project in partnership with the National Botanic Garden of Wales to re-develop underutilised pockets of green space across HDdUHB. The project aims to recruit and train 150 volunteers that will provide a long-term opportunity for the involvement of patient cohorts, staff groups and community partners in helping to maintain the gardens.

- HDdUHB volunteers: targeted recruitment for volunteers to specifically support the maintenance of the gardens.
- HDdUHB Green Health Network: the local green health networks provide opportunities for staff across the health board to share ideas, project work and expertise in green health. Opportunities to support the ongoing maintenance and future development of the gardens will be promoted to the PPH network.

Argymhelliad / Recommendation

The CFC is asked to:

- **NOTE** the plans for the development of therapeutic gardens at Prince Philip Hospital.
- **CONSIDER** and **APPROVE** a funding request of £4,200 from the Support for Life General Fund (T600) to appoint a cost adviser to provide a project outturn cost for the project.

Amcanion: (rhaid cwblhau)

Objectives: (must be completed)

Committee ToR Reference: Cyfeirnod Cylch Gorchwyl y Pwyllgor:	4.20 The following thresholds are approved in the Charitable Funds Procedure: "Expenditure less than £10,000 shall only need approval by the nominated fund manager. All expenditure in excess of £10,000 and up to £50,000 will require the approval of the Charitable Funds Sub-Committee. Expenditure in excess of £50,000 will require the approval of the Charitable Funds Committee. Expenditure over £100,000 will require the approval of the Corporate Trustee".
Cyfeirnod Cofrestr Risg Datix a Sgôr Cyfredol: Datix Risk Register Reference and Score:	Not applicable
Parthau Ansawdd: Domains of Quality Quality and Engagement Act (sharepoint.com)	1. Safe 3. Effective 5. Equitable 6. Person-Centred
Galluogwyr Ansawdd: Enablers of Quality: Quality and Engagement Act (sharepoint.com)	4. Learning, improvement and research 5. Whole systems perspective
Amcanion Strategol y BIP: UHB Strategic Objectives:	1. Putting people at the heart of everything we do 3. Striving to deliver and develop excellent services 4. The best health and wellbeing for our individuals, families and communities 6. Sustainable use of resources
Amcanion Cynllunio Planning Objectives	Not Applicable

Amcanion Llesiant BIP: UHB Well-being Objectives: Hyperlink to HDdUHB Well-being Objectives Annual Report 2021-2022	3. Promote the natural environment and capacity to adapt to climate change 7. Plan and deliver services to enable people to participate in social and green solutions for health
---	---

Gwybodaeth Ychwanegol: Further Information:	
Ar sail tystiolaeth: Evidence Base:	Green health in Hywel Dda - Hywel Dda University Health Board (nhs.wales) Green Space for Health Centre for Sustainable Healthcare Evidence Archive - NHS Forest Health Report Summary - CONFIDENTIAL UNTIL 20 July 2023.pdf (gwentwildlife.org) How nature benefits mental health - Mind
Rhestr Termiau: Glossary of Terms:	Included within the main body of this report.
Partion / Pwyllgorau â ymgynhorwyd ymlaen llaw y Pwyllgor Cronfa Elusennol: Parties / Committees consulted prior to Charitable Funds Committee:	PPH Gardens Project Team PPH Unscheduled Care management team MHLD management team PPH Estates team HDdUHB Design team HDdHC fundraising team

Effaith: (rhaid cwblhau) Impact: (must be completed)	
Ariannol / Gwerth am Arian: Financial / Service:	No HDdUHB capital funds available to support a project of this nature hence a request for charitable funds being made.
Ansawdd / Gofal Claf: Quality / Patient Care:	The improvement works and creation of therapeutic gardens will significantly improve the experience and rehabilitation of patients and help decrease their length of stay in hospital.
Gweithlu: Workforce:	This project will not result in any additional workforce costs however it will have a positive effect on the current workforce.
Risg: Risk:	Risks are summarised under the assessment section of this report. A project risk register is under development and will be managed by the PPH Gardens Project Team.
Cyfreithiol: Legal:	Not applicable for this paper.
Enw Da: Reputational:	As this project directly benefits patients, their families and staff there is no likelihood of public/patient opposition.
Gyfrinachedd: Privacy:	Not applicable for this paper.
Cydraddoldeb: Equality:	An EqIA is not considered necessary for a project of this nature.