

## PWYLLGOR IECHYD A DIOGELWCH HEALTH & SAFETY COMMITTEE

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| <b>DYDDIAD Y CYFARFOD:<br/>DATE OF MEETING:</b>  | 10 September 2024  |
| <b>TEITL YR ADRODDIAD:<br/>TITLE OF REPORT:</b>  | Bariatric Compliance (Manual Handling Operations Regulations 1992)               |
| <b>CYFARWYDDWR ARWEINIOL:<br/>LEAD DIRECTOR:</b> | James Severs, Executive Director of Allied Health Professions and Health Science |
| <b>SWYDDOG ADRODD:<br/>REPORTING OFFICER:</b>    | Jeni Bryant, Project Manager<br>Tim Harrison, Head of Health, Safety & Security  |

**Pwrpas yr Adroddiad (dewiswch fel yn addas)**

**Purpose of the Report (select as appropriate)**

Er Sicrwydd/For Assurance

### ADRODDIAD SCAA

#### SBAR REPORT

##### Sefyllfa / Situation

This report is presented to the Health and Safety Committee (HSC) under the standing agenda item to provide assurance against a number of key Health and Safety regulations. This report concerns the Manual Handling Operations Regulations 1992 (MHOR), specifically in relation to people with higher body weights (historically known as bariatric patients).

Under the MHOR, the Health Board has a statutory duty to ensure that:

- People with higher body weights are treated with dignity and respect and do not feel stigmatised due to a lack of appropriate equipment or facilities;
- Staff working within the Health Board receive training to enable them to offer compassionate, psychologically informed care that avoids stigma and discrimination;
- A continuous improvement approach to service quality and outcomes for people with a higher body weight is achieved.

##### Cefndir / Background

According to Public Health Wales, approximately 60% of adults (16 and over) in Wales are either overweight or obese. 25% of these falls into the obese category. 27% of children are also above a healthy weight.

Being overweight or obese increases the risk of chronic diseases such as type 2 diabetes, hypertension, cardiovascular disease, kidney disease as well as some types of cancer. This will make the overweight and obese population more likely to need to access healthcare services.

In 2022, it was acknowledged that the Health Board needed to understand its current provision of services, and how, if necessary, they could be improved to meet the Standards listed below. It was agreed that Jeni Bryant (JB) would undertake work to establish the current situation of heavy patient care, develop an action plan to address shortfall in order to enable patients to have a safe and dignified experience when accessing healthcare, and assist with implementing outcomes as appropriate.

## Asesiad / Assessment

The full action plan mentioned above was presented to the Committee in March 2024. The remaining action plan items can be found below, detailing the progress made since the previous paper and outlining the remaining actions either under way or planned to ensure that Hywel Dda University Health Board (HDdUHB) is compliant with the MHOR, specifically in relation to people with higher body weights.

To update the committee, items 1 and 2 below remain outstanding due to the time constraints of this role. This highlights the fact that the 7.5 hours per week currently provided for this role is not sufficient to both assist with appropriate care and discharge planning, and to provide audit results that will ensure that the Health Board meets its regulatory requirements and provides comprehensive risk management strategies for this group of patients.

There have been a significant number of heavy patients admitted to the health board over the previous six months, there are also several patients in the community with highly complex needs due to their health conditions and body morphology which have taken a considerable time to review and assist. The result of this report demonstrates how the role is prioritised to ensure that patients are reviewed, and advice given in a timely manner. Doing this will not only reduce unnecessary admissions into hospital, but also decrease patient stays following admission.

Items 3 and 4 have now been completed.

3. The safe systems of work for the mortuary have now been completed and will be referenced in the Safe Operating Procedures for body storage and handling in the Health Board.

4. The adaptation to the WAST patient trolley was successfully evaluated in June and proved to be a significant improvement for the transportation of extremely heavy patients. This will ensure that there will be improved access to healthcare for this group of patients.

| No | Issue / Area for improvement   | Action required   | Person/s responsible                | Target date | Progress / current status   | Completed  |
|----|--|---|-------------------------------------|-------------|---|------------|
| 1  | Unnecessary spending on hire of heavy patient equipment                                | Reduce unnecessary spending by optimising the use of existing HB owned equipment<br>Audit use of HB heavy patient equipment library to establish costs and effectiveness. | JB                                  | April 2024  | Unnecessary spending has been significantly reduced due to change of external equipment supplier.<br><br>Audit of equipment library in process. |            |
| 2  | Limited availability of statistics of bariatric admission, length of stay and outcomes | Audit of bariatric patient admissions and relevant data.  | JB                                  | April 2024  | Audit of heavy patient admissions and relevant data collection in process.  |            |
| 3  | Lack of risk assessments and safe systems of work for                                  | Risk assessments to be undertaken which will inform development of safe systems of work   | Acting mortuary manager<br>CC<br>JB | Mar 2024    | Risk assessments completed<br>Safe systems of work of handling extremely heavy deceased patients developed, awaiting                            | April 2024 |

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|   | extremely heavy patients in the mortuary   |   |            |             | confirmation from CC prior to completion.  |              |
| 4 | Lack of safe transportation of extremely heavy patients with unusual body morphology from home to acute sites to attend routine appointments | Work to be undertaken with WAST to achieve safe and manageable transportation | WAST<br>JB | Feb<br>2024 | WAST have now procured new equipment that has been fitted to their existing heavy patient stretcher, JB to view on Thurs 15 <sup>th</sup> Feb for suitability. | June<br>2024 |

### Argymhelliad / Recommendation

The Health and Safety Committee is requested to:

- **TAKE ASSURANCE** from the progress made to date to reach compliance against the Manual Handling Operations Regulations 1992 (MHOR), specifically in relation to people with higher body weights.

| <b>Amcanion: (rhaid cwblhau)</b>   |   |
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| <b>Objectives: (must be completed)</b>   |   |
| Committee ToR Reference:<br>Cyfeirnod Cylch Gorchwyl y Pwyllgor:   | 2.1 Provide assurance around the UHB arrangements for ensuring the health, safety, welfare and security of all employees and of those who may be affected by work-related activities, such as patients, members of the public, volunteers, contractors etc. |
| Cyfeirnod Cofrestr Risg Datix a Sgôr Cyfredol:<br>Datix Risk Register Reference and Score:                 | N/A   |
| Galluogwyr Ansawdd:<br>Enablers of Quality:<br><a href="#">Quality and Engagement Act (sharepoint.com)</a> | 6. All Apply  |
| Parthau Ansawdd:<br>Domains of Quality<br><a href="#">Quality and Engagement Act (sharepoint.com)</a>      | All Health & Care Standards Apply   |
| Amcanion Strategol y BIP:<br>UHB Strategic Objectives:   | All Strategic Objectives are applicable   |

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| Amcanion Cynllunio<br>Planning Objectives   | 2a Staff health and wellbeing<br>6b Pathways and Value Based Healthcare<br>7a Population Health<br>6a Clinical services plan  |
| Amcanion Llesiant BIP:<br>UHB Well-being Objectives:<br><a href="#">Hyperlink to HDdUHB Well-being Objectives Annual Report 2021-2022</a> | 2. Develop a skilled and flexible workforce to meet the changing needs of the modern NHS<br>4. Improve Population Health through prevention and early intervention, supporting people to live happy and healthy lives |

| <b>Gwybodaeth Ychwanegol:<br/>Further Information:</b>   |  |
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| Ar sail tystiolaeth:<br>Evidence Base:   | Contained within the body of the report. |
| Rhestr Termiau:<br>Glossary of Terms:  | Contained within the body of the report. |
| Partion / Pwyllgorau â ymgynhorwyd<br>ymlaen llaw y Pwyllgor Ansawdd<br>Iechyd a Diogelwch:<br>Parties / Committees consulted prior<br>to Health and Safety Committee: | Health and Safety Advisory Group         |

| <b>Effaith: (rhaid cwblhau)<br/>Impact: (must be completed)</b> |   |
|---|---|
| <b>Ariannol / Gwerth am Arian:<br/>Financial / Service:</b>     | Some of the actions as identified in the action plan may have financial impact.   |
| <b>Ansawdd / Gofal Claf:<br/>Quality / Patient Care:</b>        | There is a positive impact on staff and patient safety, health and wellbeing through compliance with health and safety regulations. |
| <b>Gweithlu:<br/>Workforce:</b>                                 | Potential for adverse future staffing impacts if this legislation is not complied with as it relates to employee safety.            |
| <b>Risg:<br/>Risk:</b>  | Risk to health and safety management.   |
| <b>Cyfreithiol:<br/>Legal:</b>                                  | Potential for enforcement action including Improvement Notices/Prosecutions and claims due to breaches in legislation.              |
| <b>Enw Da:<br/>Reputational:</b>                                | Potential for enforcement action including Improvement Notices/Prosecutions and claims due to breaches in legislation.              |
| <b>Gyfrinachedd:<br/>Privacy:</b>                               | N/A   |

**Cydraddoldeb:  
Equality:**

No evidence gathered to indicate a negative impact. Manual Handling procedures for plus-sized patients promote and encourage good safe working practices for everyone.

There is the potential for an adverse impact where staff have a disability for example back/shoulder pain. This is addressed via the risk assessment process, Manual Handling Team training and advice, the Occupational Health Department and incident reporting.