

**PWYLLGOR DEDDFWRIAETH IECHYD MEDDWL
MENTAL HEALTH LEGISLATION COMMITTEE**

DYDDIAD Y CYFARFOD: DATE OF MEETING:	03 March 2026
TEITL YR ADRODDIAD: TITLE OF REPORT:	Mental Health (Wales) Measure 2010 Performance Report between October 2025 – December 2025
CYFARWYDDWR ARWEINIOL: LEAD DIRECTOR:	Mr Andrew Carruthers, Chief Operating Officer
SWYDDOG ADRODD: REPORTING OFFICER:	Ms Amanda Davies, Head of Adult Mental Health Community

Pwrpas yr Adroddiad (dewiswch fel yn addas)

Purpose of the Report (select as appropriate)

Ar Gyfer Trafodaeth/For Discussion

ADRODDIAD SCAA

SBAR REPORT

Sefyllfa / Situation

The purpose of this paper is to present to the Mental Health Legislation Committee the Mental Health Performance Report in relation to the Mental Health (Wales) Measure 2010 between October 2025 – December 2025.

The paper also includes assurance of other work carried out by the Mental Health and Learning Disabilities clinical care group where related to mental health.

Cefndir / Background

The purpose of this Group is to allow senior managers and clinicians from Hywel Dda University Health Board, its partner agencies, and other stakeholders to scrutinise the University Health Board's (UHB) performance, to highlight areas of good practice, and any areas of concern that must be brought to the attention of the group. This paper summarises performance, and any actions that have been implemented, to ensure improvements in the identified areas.

Asesiad / Assessment

Part 1 – Local Primary Mental Health Support Services

Part 1 (a) – Target 1 – Compliance remains above the required target; There has been an increase in referrals across Carmarthenshire and Ceredigion teams along with a more complex patient profile which is increasing the time required to complete part 1(a) assessments.

Part 1 (b) – Target 2 – Compliance remains above the required target. Increase in referral numbers are limiting the number of available treatment sessions, with a prediction that compliance will decrease over the forthcoming months in key areas yet remain hopeful that the service will continue to achieve above the 80% compliance rates.

PART 1	Detail		Oct	Nov	Dec
Target 1	80% of assessments by the LPMHSS undertaken within 28 days from date of receipt of referral	Adult	97.8%	97.9%	92.1%
		CAMHS	89.7%	93.0%	98.6%
Target 2	80% of therapeutic interventions started within 28 days following an assessment by the LPMHSS	Adult	100%	94.5%	96.4%
		CAMHS	81.8%	95.2%	98.1%

Part 2 – Care and Treatment Planning (CTP)

PART 2	Detail		Oct	Nov	Dec
Measure	90% of LHB residents who are in receipt of secondary mental health services to have a valid CTP	Adult	93.2%	93.3%	92.7%
		OAMHS	96.5%	96.4%	94.5%
		LD	96.3%	98.7%	92.3%
		CAMHS	97.1%	91.9%	91.0%

Adult Mental Health

Although Adult service are compliant, North Ceredigion are still non-compliant currently but continue to make positive improvements to meet the target

Older Adult Mental Health Services (OAMH)

Overall OAMH Service's CTP completion has remained consistently above target during this quarter. There have been some challenges due to staff ill-health absences within Pembrokeshire CMHT and South Carmarthenshire CMHT with maternity leave absences, however overall, across the four teams, performance has been maintained.

Learning Disabilities (LD)

Compliant through this quarter

Specialist Children's Mental Health Services (S-CAMHS)

Compliant through this quarter

New to secondary Mental Health services under CTP	Oct	Nov	Dec
Adult	9	16	114
Older	28	32	19
CAMHS	2	2	1
LD	3	6	4

Discharged from secondary Mental Health services	Oct	Nov	Dec
Adult	27	18	4
Older	20	14	23
CAMHS	6	0	8
LD	6	7	5

Adult Mental Health

Over recent months, administrative challenges within one of the teams resulted in incomplete and inconsistent data entry, which affected the accuracy of activity reporting. In December, the support administrator undertook a comprehensive data quality review, ensuring that all individuals newly entering CTP were appropriately recorded. This correction activity has produced an artificial increase in the number of service users reported as new to secondary mental health services for that period.

As the data cleansing work continues, we anticipate a corresponding rise in reported discharges during January. This reflects the retrospective removal of cases that had been clinically discharged but not previously updated on the system. These actions form part of a broader effort to restore data integrity, and we expect reporting to stabilise once all historical inconsistencies have been addressed.

S-CAMHS

Compliant throughout quarter

Older Adult Mental Health Services OAMH

Across Q3, OAMH Services saw steady demand with a total of 79 new CTP cases and 57 discharges, resulting in a net caseload increase of 22. Activity was relatively stable in October and November, with new referrals rising slightly before dropping in December. Discharge activity followed the opposite pattern - lower in October and November, then increasing sharply in December.

This produced caseload growth early in the quarter, followed by a modest reduction in December, but not enough to offset the earlier rises. There was an overall sustained inflow, with December's higher discharge rate helping to rebalance pathway flow. Maintaining consistent discharge planning throughout the quarter helped the mid-quarter build-up and stabilised Acute Pathway flow as winter pressures advance, especially as some CMHTs had absences of Care Coordination capacity.

Part 3 – Self Referral to Secondary Care for Former Service Users

Adult Mental Health & Older Adult Mental Health Services OAMH

PART 3	Detail		Oct	Nov	Dec
Measure 1	Individuals are re-assessed in a timely manner; and a copy of a report to that individual is provided no later than 10 working days. (Total number of requests for re-assessment received) Target 100%	Adult	100%	100%	100%
		OAMHS	100%	100%	100%

	Oct	Nov	Dec
Average wait times in days for adult mental health	41	43	44

Detail	Oct	Nov	Dec
Amount of People who <u>have</u> self-referred under Part 3 of the Mental Health Measure (in Adult Mental Health).	6	8	6
Amount of People who <u>could have</u> self-referred under Part 3 of the Mental Health Measure but were referred by a GP (in Adult Mental Health).	1	2	1

Part 4 – Independent Mental Health Advocacy – Local Targets only

Adult inpatient

IMHA Performance target consistently met throughout the quarter.

Older Adult inpatient

IMHA Performance target consistently met throughout the quarter.

S-CAMHS inpatient

IMHA Performance target consistently met throughout the quarter.

Detail		Oct	Nov	Dec
100% of hospitals to have arrangements in place to ensure advocacy is available to all qualifying patients – Percentage of qualifying compulsory / voluntary patients have been offered advocacy services in the	Adult	100%	100%	100%
	OAMHS	100%	100%	100%
	CAMHS	100%	100%	100%

**mental health services
(Target 100%)**

Detailed IMHA Report

Mental Health Ward	OCT	NOV	DEC
Bryngofal - Carms	21	41	36
Bryngolau - Carms	7	14	13
Low Secure Unit (LSU) - Carms	10	8	8
Psychiatric Intensive Care Unit (PICU) - Carms	18	17	14
Morlais - Carms	14	14	10
Rainbow Suite/CAMHS - Carms	0	0	0
St Caradog - Pembs	15	23	26
St Non - Pembs	18	24	18
Enlli - Ceredigion	11	10	13
Total Carmarthenshire	70	94	81
Total Pembrokeshire	33	47	44
Total Ceredigion	11	10	13
Total MH Units	114	151	138

General Hospital	OCT	NOV	DEC
Prince Philip - Carms	3	3	1
Glangwili - Carms	3	2	3
Llandovery - Carms	0	0	0
Amman Valley - Carms	0	0	0
Withybush - Pembrokeshire	9	7	9
South Pembrokeshire	2	4	4
Bronglais - Ceredigion	4	4	2
Tregaron - Ceredigion	0	0	0
Total Carmarthenshire	6	5	4
Total Pembrokeshire	11	11	13
Total Ceredigion	4	4	2
Total General Hospital	21	20	19

Community:	OCT	NOV	DEC
Carmarthenshire	1	2	2
Pembrokeshire	0	3	3
Ceredigion	0	1	1
Community Total:	1	6	6

During the meeting, concerns were raised regarding patient feedback about the recent shift with Mental Health Review Tribunals being conducted via Microsoft Teams, with face-to-face hearings now reserved only for exceptional circumstances. Feedback relayed through the Independent Mental Health Advocacy Service (IMHA) service indicates that some patients view this change as a backward step in their care, reporting significant difficulties engaging effectively in an online format. These concerns are being escalated through the All-Wales IMHA Peer Group to ensure that the patient voice is fully represented and that the impact of this change is understood at a national level.

72 Hour Follow up following inpatient discharge

Figures are of the people discharged from adult acute mental health wards.

Detail	Oct	Nov	Dec
Number of people offered a post discharge within 72 Hours	23	34	29
Number of people received a post discharge follow up within 72 hours	23	31	27

November: Three patients were from out of area and local teams were forwarded the information

December: Two were transferred to physical health wards

Amcanion: (rhaid cwblhau)

Objectives: (must be completed)

Committee ToR Reference: Cyfeirnod Cylch Gorchwyl y Pwyllgor:	2.2 The provisions of the Mental Health (Wales) Measure 2010 are implemented and exercised reasonably, fairly and lawfully;
Cyfeirnod Cofrestr Risg Datix a Sgôr Cyfredol: Datix Risk Register Reference and Score:	
Parthau Ansawdd: Domains of Quality Quality and Engagement Act (sharepoint.com)	3. Effective 4. Efficient Choose an item. Choose an item.
Galluogwyr Ansawdd: Enablers of Quality: Quality and Engagement Act (sharepoint.com)	6. All Apply Choose an item. Choose an item. Choose an item.
Amcanion Strategol y BIP: UHB Strategic Objectives:	All Strategic Objectives are applicable Choose an item. Choose an item. Choose an item.
Amcanion Cynllunio Planning Objectives	Choose an item. Choose an item. Choose an item. Choose an item.
Amcanion Llesiant BIP: UHB Well-being Objectives: Hyperlink to HDdUHB Well-being Objectives Annual Report 2021-2022	4. Improve Population Health through prevention and early intervention, supporting people to live happy and healthy lives Choose an item. Choose an item. Choose an item.

Gwybodaeth Ychwanegol:

Further Information:	
Ar sail tystiolaeth: Evidence Base:	
Rhestr Termau: Glossary of Terms:	
Partion / Pwyllgorau â ymgynhorwyd ymlaen llaw y Pwyllgor Deddfwriaeth Iechyd Meddwl: Parties / Committees consulted prior to Mental Health Legislation Committee:	

Effaith: (rhaid cwblhau) Impact: (must be completed)	
Ariannol / Gwerth am Arian: Financial / Service:	Not Applicable
Ansawdd / Gofal Claf: Quality / Patient Care:	Contained within the report
Gweithlu: Workforce:	Contained within the report
Risg: Risk:	Contained within the report
Cyfreithiol: Legal:	Not applicable
Enw Da: Reputational:	Not Applicable

Gyfrinachedd: Privacy:	Not Applicable
Cydraddoldeb: Equality:	Not Applicable