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WALES

Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board

Pwyllgor Deddfwriaeth Iechyd Meddwl/ Mental Health Legislation Committee

DYDDIAD Y CYFARFOD: DATE OF MEETING:	01 SEPTEMBER 2026
TEITL YR ADRODDIAD: TITLE OF REPORT:	Mental Health (Wales) Measure 2010 Performance Report between April 2026 – June 2026
CYFARWYDDWR ARWEINIOL: LEAD DIRECTOR:	Mr Andrew Carruthers, Chief Operating Officer
SWYDDOG ADRODD: REPORTING OFFICER:	Ms Amanda Davies, Head of Adult Mental Health Community

Pwrpas yr Adroddiad (dewiswch fel yn addas)

Purpose of the Report (select as appropriate)

Ar Gyfer Trafodaeth/ For Discussion

ADRODDIAD SCAA SBAR REPORT

Sefyllfa / Situation

The purpose of this paper is to present to the Mental Health Legislation Committee (MHLC) the Mental Health Performance Report in relation to April 2026 – June 2026:

- The Mental Health (Wales) Measure 2010.

The paper also includes assurance of other work undertaken by the Mental Health and Learning Disabilities Clinical Care Group related to mental health.

Cefndir / Background

The purpose of this Committee is to allow senior managers and clinicians from Hywel Dda University Health Board, its partner agencies, and other stakeholders to scrutinise the University Health Board's (UHB) performance, to highlight areas of good practice, and any areas of concern that must be brought to the attention of the Committee. This paper summarises performance, and any actions that have been implemented, to ensure improvements in the identified areas.

The Mental Health (Wales) Measure 2010

The Mental Health (Wales) Measure 2010 is being reported to the Committee on a quarterly basis in order to provide assurance that activity is closely monitored, and that practice is compliant with the requirements of The Code of Practice. This is primary legislation that was passed by the Welsh Government in 2010 and became operational during 2012. The intention of the legislation is to ensure that people are able to access appropriate mental health support services, receive care that is co-ordinated by a named person, enables direct access back to services following discharge and that the entitlement to independent mental health advocacy is increased.

To achieve this the Measure is divided into four Parts:

Part 1 - The expansion of mental health services within primary care settings

Part 2 - The introduction of the statutory Care and Treatment Planning for individuals receiving secondary mental health services

Part 3 - Enabling former users of secondary mental health services who have been discharged to refer themselves back for assessment without having to first go to their GP

Part 4 - Expanding the Independent Mental Health Advocacy (IMHA) to informal patients.

Asesiad / Assessment**Part 1 – Local Primary Mental Health Support Services****Adult Part 1(a)**

Compliance has increased again in line with expectation; however, demand remains high across all teams. We continue to see a more complex patient profile which is increasing assessment time or requirement for follow up assessment appointments which has potential impacts on the % compliance. Following the challenges of the last two months teams have returned to maximising their treatment slots. All vacant posts have been recruited with sickness reducing; however, Carmarthenshire remains fragile due to both long term and short-term sickness. All teams are utilising the Primary Care Liaison Service (PCLS) at point of referral supporting reducing pressure on Local Primary Mental Health Support Services (LPMHSS) at this point of the patient journey.

Adult Part 1(b)

Compliance remains high above the required level which reflects the team's hard work. Treatment slots have returned to normal levels following the challenges over the last two months. Estates access continues to be challenging across the three counties. Staff are utilising supportive intervention options from third sector, SilverCloud digital options and our PCLS is operating across the three counties with positive outcomes of reducing potential referrals to LPMHSS, a focus on group interventions remains, however as a service we will be reviewing the current treatment menu to ensure effectiveness in treatment options. New staff are now in place and undertaking their induction.

PART 1	Detail		April	May	June
Target A	80% of assessments by the LPMHSS undertaken within 28 days from date of receipt of referral	Adult	98.1%	96.7%	95.3%
		CAMHS	71.9%	96.5%	83.9%
Target B	80% of therapeutic interventions started within 28 days following an assessment by the LPMHSS	Adult	93.4%	94.8%	95.8%
		CAMHS	74.2%	86.7%	76.1%

CAMHS Part 1(a)

Primary Mental Health (PMH) services throughout our three locality areas have been affected by long term sickness by staff members during the earlier part of the year, affecting availability

of staff to be able to schedule assessment appointments. Pembrokeshire experienced a change in team leadership, following secondment the team lead to Pembrokeshire Local Authority (LA). This resulted in a period of reduced staffing while a replacement was recruited, and subsequently while the vacant post was back filled, impacting the number of staff available to undertake assessments. Ceredigion has experienced a reduction in staffing capacity following the recent departure of a team member, with the post currently vacant. In Carmarthenshire, staffing capacity has also been impacted by a change in role, with a staff member now undertaking a shared role across PMH and as a Cognitive Analytical Therapist (CAT). These workforce changes have reduced the number of staff available to undertake assessments.

Assessment availability was further impacted by the Easter holiday and later by the Spring Bank Holiday when families have been unavailable to contact through taking leave themselves. Referral volumes often increase as school holidays commence, as schools seek to progress referrals before the end of term and close cases that have previously been supported within the school environment. This seasonal pattern can result in a surge in referrals immediately prior to school closures. The Easter period this year being quite late where two weeks of potential assessments became more challenging to schedule as families were planning breaks for themselves. Further issues in scheduling assessment have occurred as young people have been reluctant to commit to booking assessment due to the GCSE examination timetables.

CAMHS Part 1(b)

Initial intervention activity in June increased to 57.8%, compared to the previous month, reflecting a rise in assessment activity recorded in May 2026. However, performance fell below target due to combined increased demand before the summer period (exam season), workforce capacity pressures, and appointment delays resulting from family availability and opt-in processes. The service is working to strengthen weekly monitoring of capacity and demand, coordinate assessment and intervention resources across localities, and improve the timeliness of follow-up contacts and intervention starts.

Part 2 – Care and Treatment Planning

PART 2	Detail		April	May	June
Measure	90% of LHB residents who are in receipt of secondary mental health services to have a valid CTP	Adult	95.1%	94.8%	95.2%
		OAMHS	100%	99.6%	99.6%
		LD	97.1%	98.6%	94.1%
		CAMHS	93.2%	93.1%	97.1%
		Commissioning	100%	100%	100%

Adult Mental Health

Adult Services are fully compliant overall; although North Ceredigion remains below the required standard at present. Notwithstanding this position, the service continues to demonstrate positive progress toward achieving the required standard. Improvement has been incremental, with overall compliance recorded at 84%. The meeting also considered the actions being undertaken by the Senior Nurse in Ceredigion to support the team in achieving further improvements and progressing towards full compliance.

Older Adult Mental Health Services (OAMH)

Overall OAMH Service's Care and Treatment Plan (CTP) completion has remained consistently above target during this quarter. Challenges due to staff absences within South Carmarthenshire Community Mental Health Team (CMHT) remain, however overall, across the four teams, performance has been maintained.

Learning Disabilities

Compliant through this quarter

S-CAMHS

Compliant through this quarter

Commissioning

All patients have a valid CTP in place; compliance is therefore 100%.

New to secondary Mental Health services under CTP	April	May	June
Adult	27	37	22
Older	29	22	19
CAMHS	<5	<5	<5
LD	<5	<5	<5

Discharged from secondary Mental Health services	April	May	June
Adult	32	23	21
Older	36	32	37
CAMHS	<5	<5	<5
LD	<5	<5	<5

Data remains balanced within this quarter

Part 3 – Self Referral to Secondary Care for Former Service Users

Adult Mental Health & Older Adult Mental Health Services OAMH

PART 3	Detail		April	May	June
Measure 1	Individuals are re-assessed in a timely manner; and a copy of a report to that individual is provided no later than 10 working days. (Total number of requests for re-assessment received) Target 100%	Adult	100%	100%	100%
		OAMHS	100%	100%	100%

Part 4 – Independent Mental Health Advocacy – Local Targets only

Adult inpatient

IMHA Performance target consistently met throughout the quarter.

Older Adult inpatient

IMHA Performance target has been consistently met throughout the quarter.

S-CAMHS inpatient

IMHA Performance target consistently met throughout the quarter.

Detail		April	May	June
100% of hospitals to have arrangements in place to ensure advocacy is available to all qualifying patients – Percentage of qualifying compulsory / voluntary patients have been offered advocacy services in the mental health services (Target 100%)	Adult	100%	100%	100%
	OAMHS	100%	100%	100%
	CAMHS	100%	100%	100%

Detailed IMHA Report

Mental Health Ward	April	May	June
Bryngofal - Carmar	36	32	26
Bryngolau - Carmar	9	6	<5
LSU - Carmar	8	6	<5
PICU - Carmar	11	12	11
Morlais - Carmar	11	17	18
Rainbow Suite/CAMHS - Carmar	0	0	0
St Caradog - Pembs	17	15	10
St Non - Pembs	18	15	18
Enlli - Ceredigion	14	13	16
Total Carmarthenshire	75	73	64
Total Pembrokeshire	35	30	28
Total Ceredigion	14	13	16
Total MH Units	124	116	108

General Hospital	April	May	June
Prince Phillip - Carmar	<5	<5	0
Glangwili - Carmar	<5	<5	<5
Llandovery - Carmar	0	0	0
Amman Valley - Carmar	0	0	0
Withybush - Pembs	6	<5	<5
South Pembs - Pembs	<5	<5	<5
Bronglais - Ceredigion	<5	<5	<5
Tregaron - Ceredigion	0	0	0
Total Carmarthenshire	<5	6	<5
Total Pembrokeshire	7	6	<5
Total Ceredigion	<5	<5	<5

Total General Hospital	11	16	11
Community:	April	May	June
Carmarthenshire	<5	<5	<5
Pembrokeshire	<5	0	<5
Ceredigion	0	0	0
Community Total:	<5	<5	<5

72 Hour Follow up following inpatient discharge

Figures are of the people discharged from adult acute mental health wards.

Detail	April	May	June
Percentage of people offered a post discharge within 72 Hours (Target 100%)	100%	100%	100%
Percentage of people received a post discharge follow up within 72 hours (Target 80%)	100%	77%	83%

Performance during May and June 2026 was affected by a number of factors outside the service's direct control, including individuals declining follow-up, transfers to other services or organisations, and other circumstances that prevented follow-up activity. Questions were raised regarding the inclusion of cases where follow-up was not possible within the reported data, as excluding such cases may provide a more accurate reflection of service performance.

Argymhelliad / Recommendation

For the Committee to take assurance from the Mental Health Performance Report in relation to the Mental Health (Wales) Measure 2010 between April 2026 – June 2026.

Amcanion: (rhaid cwblhau)

Objectives: (must be completed)

Cyfeirnod Cylch Gorchwyl y Pwyllgor: Committee ToR Reference:	2.2 The provisions of the Mental Health (Wales) Measure 2010 are implemented and exercised reasonably, fairly and lawfully;
Cyfeirnod Cofrestr Risg Datix, Teitl a Sgôr Risg Cyfredol: Datix Risk Register Reference and Score:	Not applicable
Parthau Ansawdd: Domains of Quality Quality and Engagement Act (sharepoint.com)	3. Effective 4. Efficient
Galluogwyr Ansawdd: Enablers of Quality:	6. All Apply

Quality and Engagement Act (sharepoint.com)	
Amcanion Strategol y BIP: UHB Strategic Objectives:	All Strategic Objectives are applicable
Nodau Cynllunio 2026/27 Planning Goals 2026/27	All Planning Goals Apply
Hypergyswllt i Amcanion Llesiant HDdUHB 2026 Hyperlink to HDdUHB Well-being Objectives 2026	7. Improve health and well-being by focusing on prevention and early intervention, while working in partnership to ensure everyone has equal access to care and opportunities for good health
Model Cymdeithasol ar gyfer Iechyd a Llesiant: (wedi'i gwblhau ar gyfer newid strategol a/neu newidiadau sylweddol i wasanaethau) A Social Model for Health and Wellbeing: (<i>complete for strategic change and/or significant service changes</i>)	4. Collaborations with partners will be strengthened and developed to make the most of the building blocks of health and wellbeing, with the goal of enabling individuals and communities to build resilience and improve health equity
Gwybodaeth Ychwanegol: Further Information:	
Ar sail tystiolaeth: Evidence Base:	Contained within the report
Rhestr Termau: Glossary of Terms:	Contained within the report
Partïon / Pwyllgorau â ymgynhorwyd ymlaen llaw y cyfarfod hwn: Parties / Committees consulted prior to this meeting:	Mental Health Scrutiny Legislation Group

Effaith: (rhaid cwblhau) Impact: (must be completed)	
Ariannol / Gwerth am Arian: Financial / Service:	N/A
Ansawdd / Gofal Claf: Quality / Patient Care:	Contained within the report
Gweithlu: Workforce:	Contained within the report
Tegwch Iechyd: Health Equity:	Contained within the report
Risg: Risk:	Contained within the report
Cyfreithiol: Legal:	Contained within the report
Enw Da: Reputational:	Contained within the report
Gyfrinachedd: Privacy:	Contained within the report
Cydraddoldeb: Equality:	Contained within the report