

## S-CAMHS Update Report for CYSUR

In line with the Welsh Government document “Admission Guidance”, HDUHB has in place a robust Admission Policy/Pathway outlining the process for admitting any young person into an Adult Mental Health Ward. The Guidance stipulates that the Health Board must have a designated Unit and within HDUHB this is Morlais Ward on the Glangwili Hospital campus.

A new Protocol has been approved to meet this statutory requirement which will ensure compliance against Welsh Government expectations.

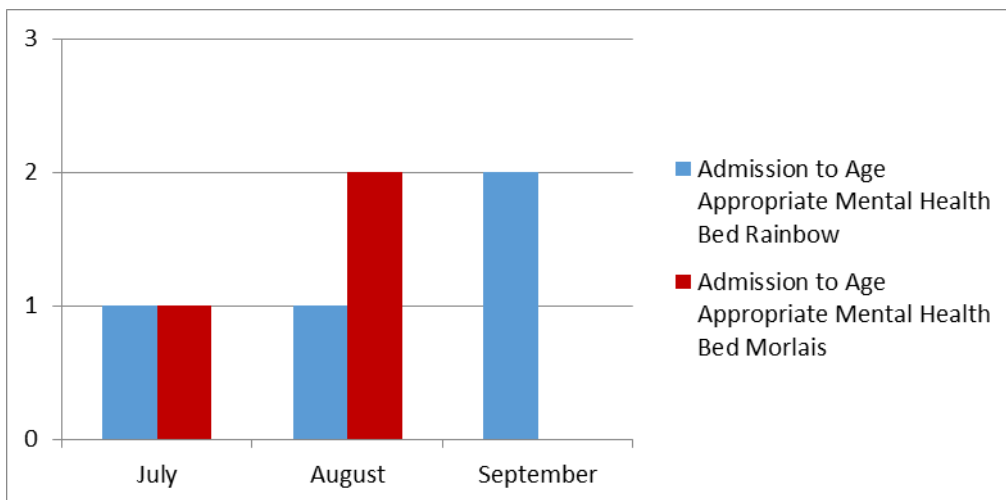
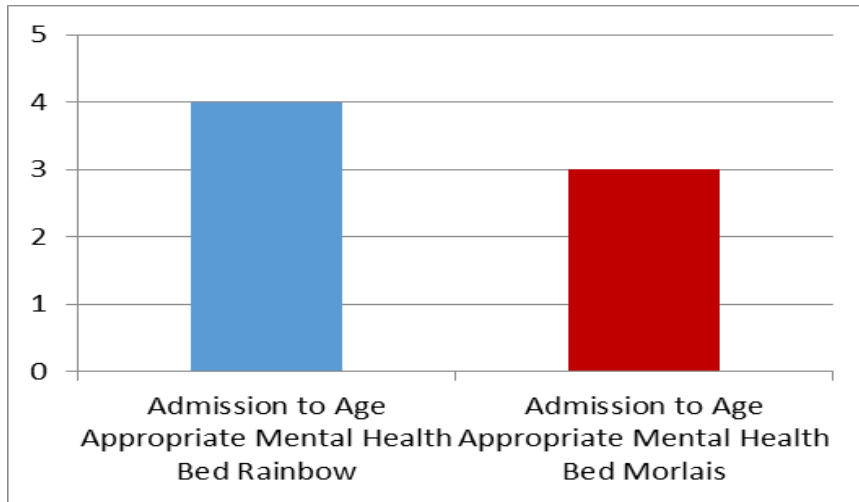
Admission to an adult mental health ward can be a frightening experience and every attempt is made to consider the least restrictive alternative for admission. In the majority of cases a young person is admitted to the designated unit on Cilgerran Ward supported by staff from the mental health unit.

In line with the guidance, the staff have received additional training in safeguarding young people and in addition the staff on Morlais ward have all undertaken the following:

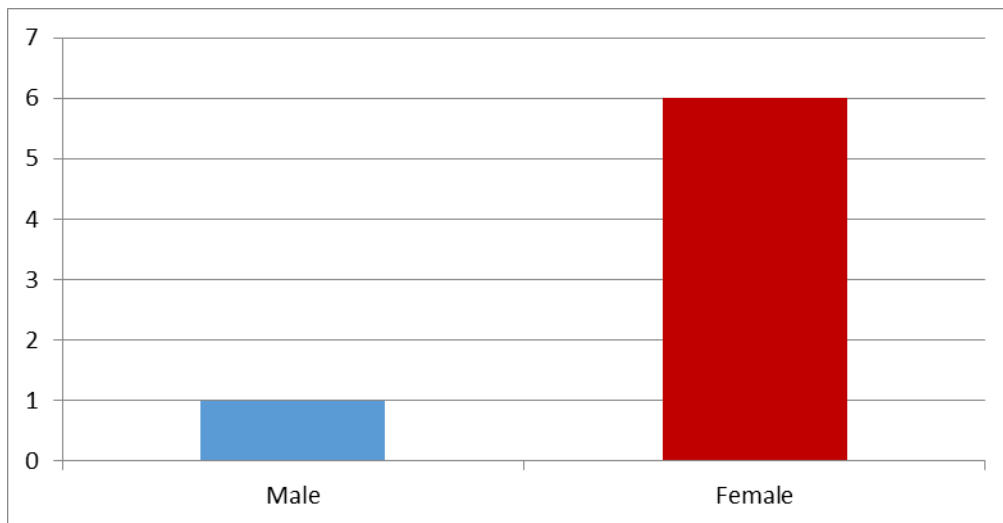
- Safeguarding Children Level 3 Training
- Have a valid Enhanced DBS in place
- Undertaken specific training on the emotional and mental health needs of children and young people
- Training on the Mental Health Act and Social Services and Wellbeing (Wales) Act 2014

All admissions to the mental health bed must be reported, initially internally as a DATIX, and followed by a Serious Untoward Incident report to the Delivery Unit in line with the Welsh Government’s Admission Guidance Document.

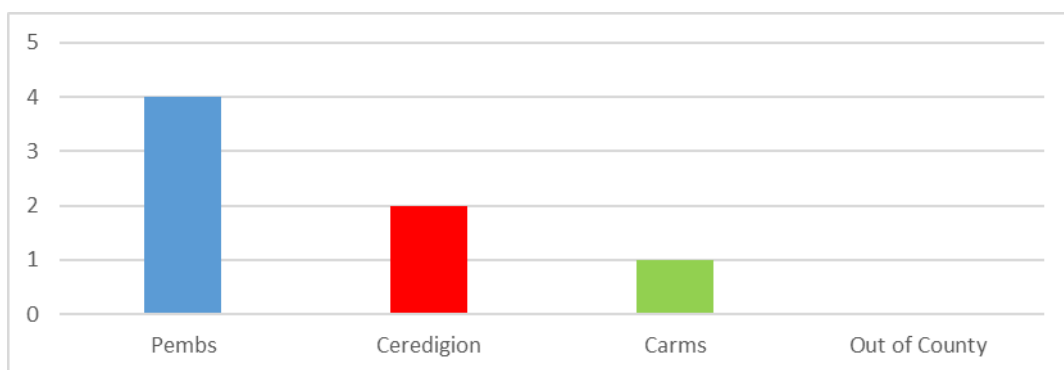
**Q1 Admissions to the age appropriate bed on the Rainbow bed and Morlais Adult Mental Health Ward Glangwili Hospital site:**



**Q1 Admission to Age Appropriate Mental Health Bed Rainbow / Morlais Bed by gender:**



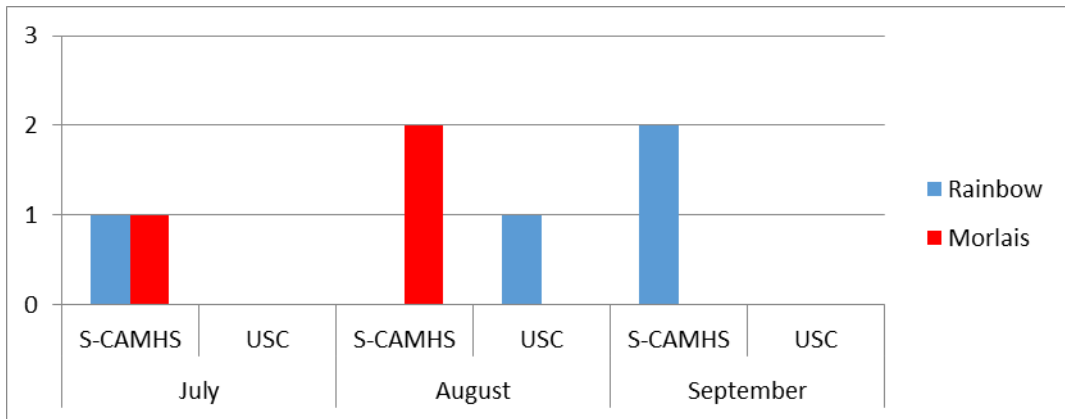
**Q1 Admissions to Rainbow / Morlais Bed according to Locality:**



**Admissions to Paediatric Age Appropriate Bed (Rainbow Unit, Non reportable)**

Specialist CAMHS records for Quarter 2 are outlined above with 7 Admissions in total, with 4 Admissions to the Paediatric bed and 3 Admissions to the Adult Mental Health Ward (Morlais).

**Q1 Admissions to Rainbow / Morlais split by admitting team:**



**Mental Health Act Status**

There was an unusually high level of MHA activity during this period.

5 x S136

1 x Section 5(2)

2 x Section 2

**Admission Outcomes**

	<b>Discharged Home</b>	<b>Onward Admission</b>	<b>Remains on Ward</b>
<b>Rainbow</b>	4	0	0
<b>Morlais</b>	2	1	0

**Admissions relating to Self-Harm**

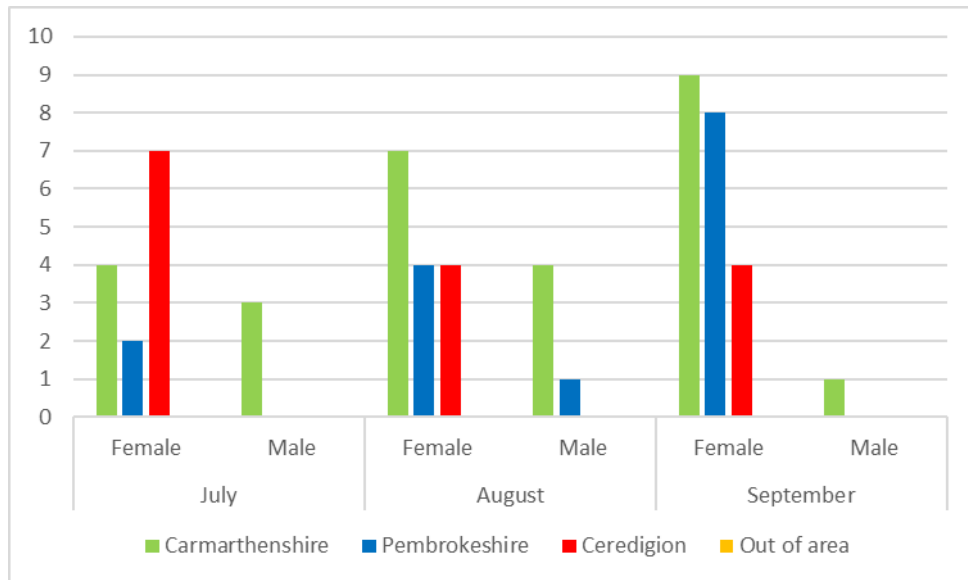
Within HDUHB there are robust systems in place for S-CAMHS to provide a mental health assessment, following referral from the Paediatric ward where any young person is admitted following an episode of self harm. The reason for admission is generally following an overdose but, on occasions, it can be following deliberate cutting or an attempted hanging.

All overdose/self harm admissions receive a follow up appointment within three working days to monitor risk and provide support. There is a robust Pathway in place along with Guidance for admission of all young people who present following self harm in order that a comprehensive mental health assessment and risk management plan can be agreed. Where appropriate, referral to the Safeguarding team and/or Social Services may be considered.

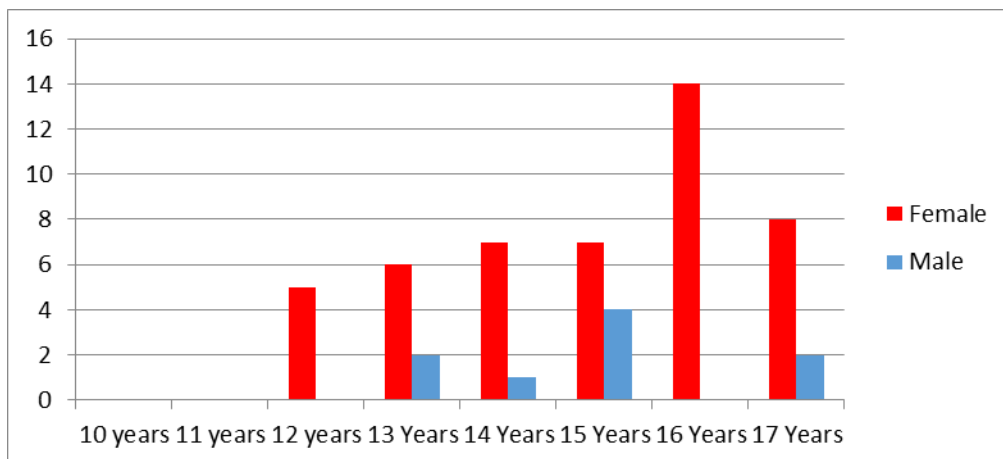
Angela Lodwick Head S-CAMHS – Jul - Sept 2022

The following table details the numbers of admissions following Deliberate Self Harm (DSH) Quarter 2 2022/2023 for the 3 Local Authority Areas:

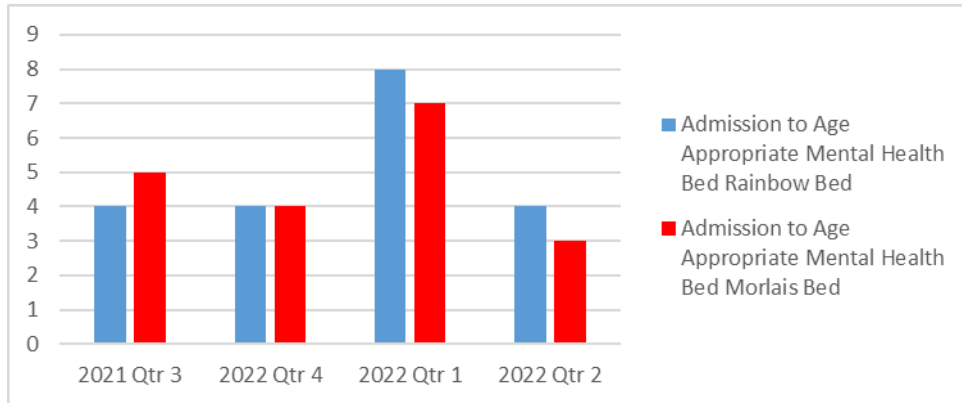
**Q1 Self-harm / Overdose Admission Statistics split by gender and locality:**



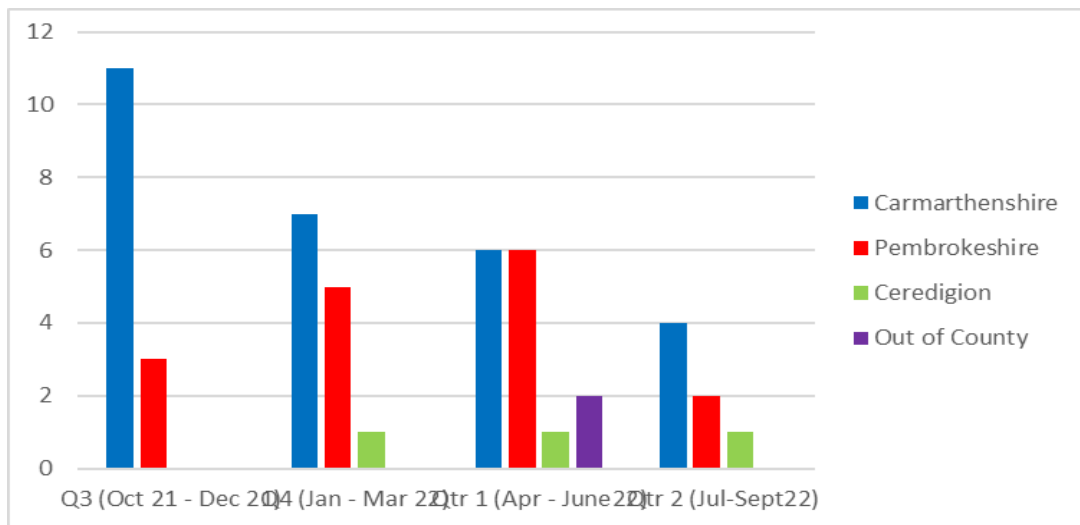
**Q1 Self-harm / Overdose Admission Statistics split by gender and age profile:**



### Comparison Data (last 12 months) - Age Appropriate Bed

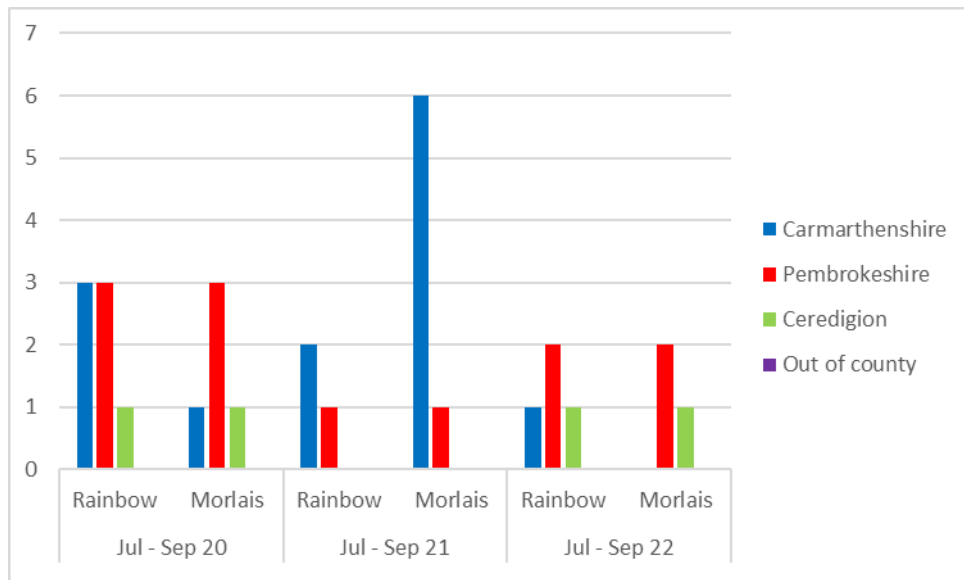


### Admission Trend comparison by locality (last 12 months)



### Annual Admission Comparison by locality

The following graph compares the numbers of admissions for Quarter 2 2022/2023 against the number of admissions for the same quarter of 2021/2022 and 2021/2020, further defined by locality.



### Advocacy

In line with the Mental Health (Wales) Measure 2012, Health Boards are expected to ensure that access to Advocacy Services is in place, as per Part 4 of the Measure, for any individual admitted into hospital. All young people admitted to Morlais Ward are asked on admission if they would like access to an Independent Mental Health Advocate. The expected performance target is that 100% of clients are offered this and this information is recorded and reported via our Information Analyst.

On Cilgerran Ward, information is provided to young people on admission on the availability of access to the Advocacy Service. However, the above performance standard is not applicable therefore data is not routinely collated.