

MENTAL HEALTH SCRUTINY GROUP

DYDDIAD Y CYFARFOD: DATE OF MEETING:	8 th May 2025
TEITL YR ADRODDIAD: TITLE OF REPORT:	Mental Health Scrutiny Group January 2025 – March 2025
CYFARWYDDWR ARWEINIOL: LEAD DIRECTOR:	Mr Andrew Carruthers, Director of Operations
SWYDDOG ADRODD: REPORTING OFFICER:	Ms Amanda Davies, Head of Adult Mental Health Community

Pwrpas yr Adroddiad (dewiswch fel yn addas)

Purpose of the Report (select as appropriate)

For information

ADRODDIAD SCAA

SBAR REPORT

Sefyllfa / Situation

The purpose of this paper is to present to the Mental Health Scrutiny Group the Mental Health Performance Report in relation to:

- The Mental Health (Wales) Measure 2010.

The paper also includes assurance of other work carried out by the Mental Health and Learning Disabilities Directorate where related to mental health.

Cefndir / Background

The purpose of this Group is to allow senior managers and clinicians from Hywel Dda University Health Board, its partner agencies, and other stakeholders to scrutinise the University Health Board's (UHB) performance, to highlight areas of good practice, and any areas of concern that must be brought to the attention of the group. This paper summarises performance, and any actions that have been implemented, to ensure improvements in the identified areas.

The Mental Health (Wales) Measure 2010

The Mental Health (Wales) Measure 2010 is being reported to the Group on a quarterly basis in order to provide assurance that activity is closely monitored, and that practice is compliant with the requirements of The Code of Practice. This is primary legislation that was passed by the Welsh Government in 2010 and became operational during 2012. The intention of the legislation is to ensure that people are able to access appropriate mental health support services, receive care that is co-ordinated by a named person, enables direct access back to services following discharge and that the entitlement to independent mental health advocacy is increased.

To achieve this the Measure is divided into four Parts:

Part 1 - The expansion of mental health services within primary care settings

Part 2 - The introduction of the statutory Care and Treatment Planning for individuals receiving secondary mental health services

Part 3 - Enabling former users of secondary mental health services who have been discharged to refer themselves back for assessment without having to first go to their GP

Part 4 - Expanding the Independent Mental Health Advocacy (IMHA) to informal patients.

Part 1 – Local Primary Mental Health Support Services

Commencement of groups across the three counties will support Part 1 (b) and offer more choice for the population. We are utilising digital options as a first up intervention where appropriate through SilverCloud to support choice and reduce the pressure on already inadequate accommodation to deliver both groups and 1:1 work.

PART 1	Detail		Jan	Feb	Mar
Target 1	80% of assessments by the LPMHSS undertaken within 28 days from date of receipt of referral	Adult	96.2%	98.7%	96.2%
		CAMHS	80.3%	95.5%	98.4%
Target 2	80% of therapeutic interventions started within 28 days following an assessment by the LPMHSS	Adult	92.5%	96.3%	96.7%
		CAMHS	90.6%	97.7%	90.4%

Part 1 Targets-exception information and recovery plan for CAMHS

Part 2 – Care and Treatment Planning

PART 2	Detail		Jan	Feb	Mar
Measure 1	90% of LHB residents who are in receipt of secondary mental health services to have a valid CTP	Adult	93.1%	91.9%	92.7%
		OAMHS	97.4%	92.7%	96.3%
		LD	90.9%	93.5%	92.3%
		CAMHS	93.2%	89.3%	91.8%

S-CAMHS

The February position showed short term deterioration with a drop of just short of 4%. Numbers on CTP in CAMHS are around 90 from one month to the next, with breach numbers being low in numbers. Team leads have been contacted to ensure plans are in place to improve.

Older Adult Mental Health Services OAMH

Older Adult Mental Health Services have maintained a consistent position above the 90% performance target, each month, across the full quarter.

Learning Disabilities

Staff sickness and vacancies in Carmarthenshire local authority has affected compliance in Carmarthen and Llanelli. CTP's lead by health in all areas are within compliance. The Learning Disabilities Service Manger meets with the local authority leads on a regular basis and will monitor CTPs that are coming up for review.

Adult Mental Health

Adult Mental Health maintains over 90% compliance. This will be continuing to be monitored to maintain compliance.

It was discussed about the impact of Ceredigion staffing pressures on the figures for Part 2, Compliance has been maintained, despite North Ceredigion being 47% compliant due to other CMHT areas exceeding the 90% compliance.

New to secondary Mental Health services under CTP	Jan	Feb	Mar
Adult	18	14	27
Older	14	31	21
CAMHS	9	4	4
LD	2	2	2

Discharged from secondary Mental Health services	Jan	Feb	Mar
Adult	30	27	16
Older	25	12	27
CAMHS	9	3	6
LD	7	2	1

S-CAMHS

January saw a higher than usual number of referrals in a number of CAMHS secondary teams. with referral numbers reducing going into February.

Part 3 – Referrals from the 111 option 2 (SPOC) Service

	Jan	Feb	Mar
Over All Monthly Total Calls Answered	1240	1218	1749
Over all Referred to CMHT Sub to Measure	9	7	7
Over All Monthly Total Calls referred to CMHT	36	50	78

Over All Monthly Total Calls advised to self-refer to CMHT	0	0	0
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Noted that call had increased in March, with no identified rational for this. Also, patients handed over to the CMHT had also increased by 56% from February to March. Noted as positive that people are accessing the service and obtaining a direct route the services

**Part 3 – Self Referral to Secondary Care for Former Service Users
Adult Mental Health & Older Adult Mental Health Services OAMH**

PART 3	Detail		Jan	Feb	Mar
Measure 1	Individuals are re-assessed in a timely manner; and a copy of a report to that individual is provided no later than 10 working days. (Total number of requests for re-assessment received) Target 100%	Adult	88.9%	100%	93.8%
		OAMHS	100%	100%	100%

Adult Mental health missed part 3 of the measure for one patient in January, however the letter had been completed but exceeded the 10 days. This will continue to be closely monitored by team leaders and Senior Nurses.

	Jan	Feb	Mar
Average wait times in days for adult mental health	30	31	35

Detail	Jan	Feb	Mar
Amount of People who <u>have</u> self-referred under Part 3 of the Mental Health Measure (in Adult Mental Health).	12	14	15
Amount of People who <u>could have</u> self-referred under Part 3 of the Mental Health Measure but were referred by a GP (in Adult Mental Health).	3	5	8

Part 4 – Independent Mental Health Advocacy – Local Targets only

Adult inpatient wards

In August there was an issue with the recording of IMHA being offered on St Caradog due to ward administrator being on leave. This issue has now been addressed and cover arrangements for the recording of this will be arranged moving forward

Older Adult inpatient

In January 2025 the target count reported on three technical errors. Two patients transferred from Enlli ward for medical deterioration were latterly transferred back. Whilst IMHA had previously been offered, certain staffs were not aware they needed to re-register this action on on return. One keynote entry on Bryngolau ward was missed in the requisite timeframe due to data entry timing error as access to admin was not available out of hours. All three patients had been offered an IMHA referral upon admission as per standard. The data was accordingly corrected after the effect but not in time to correct the figures for this report. During February and March, the reporting position was recovered.

Detail		Jan	Feb	Mar
100% of hospitals to have arrangements in place to ensure advocacy is available to all qualifying patients – Percentage of qualifying compulsory / voluntary patients have been offered advocacy services in the mental health services (Target 100%)	Adult	100%	100%	100%
	OAMHS	100%	100%	100%

Detailed IMHA Report.

Mental Health Ward	JAN	FEB	MAR
Bryngofal - Carm's	28	30	34
Bryngolau - Carm's	12	14	21
LSU - Carm's	10	10	10
PICU - Carm's	14	14	10
Morlais - Carm's	13	17	16
Rainbow Suite - Carm's	0	0	0
St Caradog - Pembs	18	13	12
St Non - Pembs	22	20	20
Enlli - Ceredigion	9	7	6
Total Carmarthenshire	77	85	91
Total Pembrokeshire	40	33	32
Total Ceredigion	9	7	6
Total MH Units	126	125	129

General Hospital	JAN	FEB	MAR
Prince Phillip - Carm's	1	1	2
Glangwili - Carm's	3	2	3
Llandovery - Carm's	0	0	0
Amman Valley - Carm's	0	0	0
Withybush - Pembs	9	6	7
South Pembs - Pembs	1	1	3
Bronglais - Ceredigion	10	12	10
Tregaron - Ceredigion	0	0	0
Total Carmarthenshire	4	3	5
Total Pembrokeshire	10	7	10
Total Ceredigion	10	12	10
Total General Hospital	24	22	25

Community:	JAN		FEB		MAR	
Carmarthenshire	3		3		2	
Pembrokeshire	1		1		2	
Ceredigion	0		0		0	
Community Total:	4		4		4	

Addition data discussed

Adult Mental Health are now monitoring and recording data to capture the follow up visit, within 72 hours of discharge from adult inpatients services. It was agreed that this data will be added to the report for the next Quarter.

Amcanion: (rhaid cwblhau) Objectives: (must be completed)	
Cyfeirnod Cofrestr Risg Datix a Sgôr Cyfredol: Datix Risk Register Reference and Score:	Not applicable
Safon(au) Gofal ac Iechyd: Health and Care Standard(s): Hyperlink to NHS Wales Health & Care Standards	Governance, Leadership and Accountability
Amcanion Strategol y BIP: UHB Strategic Objectives: Hyperlink to HDdUHB Strategic Objectives	All Strategic Objectives are applicable
Amcanion Llesiant BIP: UHB Well-being Objectives: Hyperlink to HDdUHB Well-being Objectives Annual Report 2018-2019	<ol style="list-style-type: none"> 1. Improve population health through prevention and early intervention 2. Support people to live active, happy and healthy lives 3. Improve efficiency and quality of services through collaboration with people, communities and partners

MHSG

Gwybodaeth Ychwanegol: Further Information:	
Deddf Llesiant Cenedlaethau'r Dyfodol (Cymru) 2015 - Pum dull o weithio:	Please explain how each of the '5 Ways of Working' will be demonstrated
The Well-being of Future Generations (Wales) Act 2015	Long term – can you evidence that the long term needs of the population and organisation have been considered in this work?

- 5 Ways of Working: Hyperlink to Well-being and Future Generations Act 2015 - The Essentials Guide	Prevention – can you evidence that this work will prevent issues or challenges within, for example, service delivery, finance, workforce, and/or population health?
	Integration – can you evidence that this work supports the objectives and goals of either internal or external partners?
	Collaboration – The Mental Health Legislation Committee comprises external agencies, carer representatives and local authorities
	Involvement – can you evidence involvement of people with an interest in the service change/development and that this reflects the diversity of our population?

Gwybodaeth Ychwanegol: Further Information:	
Ar sail tystiolaeth: Evidence Base:	Agendas, papers and minutes of the Mental Health Legislation Committee and scrutiny group
Rhestr Termiau: Glossary of Terms:	Included within the body of the report.
Partion / Pwyllgorau â ymgynhorwyd ymlaen llaw y Cyfarfod Bwrdd Iechyd Prifysgol: Parties / Committees consulted prior to University Health Board:	The Mental Health Legislation Scrutiny Group

Effaith: (rhaid cwblhau) Impact: (must be completed)	
Ariannol / Gwerth am Arian: Financial / Service:	Not Applicable
Ansawdd / Gofal Claf: Quality / Patient Care:	SBAR template in use for all relevant papers and reports.
Gweithlu: Workforce:	Not Applicable
Risg: Risk:	Risk of non-compliance with the 1983 Act and with the Welsh Government's <i>Mental Health Act 1983 Code of Practice for Wales</i> ; the <i>Mental Health (Wales) Measure 2010 Code of Practice</i> ; and with the <i>Good Governance Practice Guide – Effective Board Committees (Supplementary Guidance) Guidance</i> .

	<p>Safety of patients</p> <p>Assurance – use of statutory mechanisms</p>
Cyfreithiol: Legal:	
Enw Da: Reputational:	Not Applicable
Gyfrinachedd: Privacy:	Not Applicable
Cydraddoldeb: Equality:	Not Applicable