



**PWYLLGOR ANSAWDD, DIOGELWCH A PHROFIAD
QUALITY, SAFETY AND EXPERIENCE COMMITTEE**

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| DYDDIAD Y CYFARFOD: DATE OF MEETING: | 11 June 2026 |
| TEITL YR ADRODDIAD: TITLE OF REPORT: | Extension of 'Service User Access Policy – Psychological Therapies.' Policy number: 1133 |
| CYFARWYDDWR ARWEINIOL: LEAD DIRECTOR: | Andrew Curruthers, Chief Operating Officer |
| SWYDDOG ADRODD: REPORTING OFFICER: | Andrew Homfray, Interim Service Delivery Manager |

Pwrpas yr Adroddiad (dewiswch fel yn addas)

Purpose of the Report (select as appropriate)

Ar Gyfer Penderfyniad/For Decision

ADRODDIAD SCAA

SBAR REPORT

Sefyllfa / Situation

The Quality, Safety and Experience Committee is asked to approve the extension of the Patient Access Policy. This report provides the required assurance that Policy 190 – Written Control Documentation (WCD) has been adhered to in the development and review of the above mentioned written control document and that therefore the document is in line with legislation/regulations, available evidence base and can be implemented within the Health Board.

Policy 1133 'Service User Access Policy – Psychological Therapies', is overdue a review, however in the past 12 months the NHS Performance and Improvement Team have advocated an All-Wales document which has been agreed across Wales but has yet to be given the final agreement through their governance processes.

Due to the expectation of the All-Wales document, it is proposed that our current local policy is extended for 6 months in readiness for the introduction of the All Wales 'Guidance for Managing planned Mental Health Waiting Times'.

Cefndir / Background

The Integrated Psychological Therapies Service (IPTs) is committed to providing high quality and timely care, supporting the vision to reduce waiting list times in line with Welsh Government (WG) targets.

The Policy standardises arrangements for each service user taking into consideration their individual circumstances ensuring that all patients requiring access to Psychological Therapies in Hywel Dda University Health Board (HDdUHB) are managed equitably and consistently, in line with national waiting time standards. This includes the management of patient referrals, waiting lists, appointments, and therapeutic interventions. This policy details Welsh Government (WG) targets that the Service aspires to deliver for psychological interventions. All waiting lists are weighted fairly to ensure consistent provision dependent upon wait and need.

Asesiad / Assessment

The policy continues to be utilised and meets the needs of the service and its delivery of psychological therapies across the Health Board. The author has attended the WCD Group to discuss the challenge and proposal and the Group has supported the extension of 6 months to allow the new All-Wales document to be accepted and implemented.

Argymhelliad / Recommendation

The Committee is requested to approve extension of Policy 1133 by a further 6 months to allow the All-Wales document to be taken through the relevant governance and implemented across Wales. If, however the All-Wales policy isn't implemented within that time frame, the current policy will be reviewed updated and processed through the WCD Group.

| Amcanion: (rhaid cwblhau) Objectives: (must be completed) | |
|---|---|
| Committee ToR Reference: Cyfeirnod Cylch Gorchwyl y Pwyllgor: | 9.1 Although the Board has delegated authority to the Committee for the exercise of certain functions, as set out in these Terms of Reference, it retains overall responsibility and accountability for ensuring the quality and safety of healthcare for its citizens, through the effective governance of the organisation. |
| Cyfeirnod Cofrestr Risg Datix a Sgôr Cyfredol: Datix Risk Register Reference and Score: | |
| Parthau Ansawdd: Domains of Quality Quality and Engagement Act (sharepoint.com) | 1. Safe 2. Timely 5. Equitable 6. Person-Centred |
| Galluogwyr Ansawdd: Enablers of Quality: Quality and Engagement Act (sharepoint.com) | 3. Data to knowledge 5. Whole systems perspective |
| Amcanion Strategol y BIP: UHB Strategic Objectives: | All Strategic Objectives are applicable |
| Amcanion Cynllunio Planning Objectives | |
| Amcanion Llesiant BIP: UHB Well-being Objectives: Hyperlink to HDdUHB Well-being Objectives Annual Report 2021-2022 | 4. Improve Population Health through prevention and early intervention, supporting people to live happy and healthy lives |

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| Gwybodaeth Ychwanegol: Further Information: | |
|---|---------------------------------|
| Ar sail tystiolaeth: Evidence Base: | Legislation and National Policy |
| Rhestr Termau: Glossary of Terms: | Contained within the document |
| Partion / Pwyllgorau â ymgynhorwyd ymlaen llaw y Pwyllgor Ansawdd, Diogelwch a Phrofiod: Parties / Committees consulted prior to Quality, Safety and Experience Committee: | Written Control Document Group |

| Effaith: (rhaid cwblhau) Impact: (must be completed) | |
|---|-----------------------------|
| Ariannol / Gwerth am Arian: Financial / Service: | Contained within the report |
| Ansawdd / Gofal Claf: Quality / Patient Care: | Contained within the report |
| Gweithlu: Workforce: | Not Applicable |
| Risg: Risk: | Not Applicable |
| Cyfreithiol: Legal: | Not Applicable |
| Enw Da: Reputational: | Not Applicable |
| Gyfrinachedd: Privacy: | Not Applicable |
| Cydraddoldeb: Equality: | Not Applicable |