

Enw'r Pwyllgor: Name of Sub-Committee:	Exception Report from Mental Health & Learning Disabilities Directorate
Cadeirydd y Pwyllgor: Chair of Sub-Committee:	Sara Rees, Assistant Director of Nursing (Mental Health & Learning Disabilities)
Cyfnod Adrodd: Reporting Period:	July 2021
Materion Ansawdd, Diogelwch a Phrofiad: Quality, Safety & Experience Matters:	
<p>The Quality, Safety & Experience Committee requested an update on the position relating to waiting list times within specific areas of the Mental Health & Learning Disabilities Directorate (Memory Assessment Service, Autism Spectrum Disorder, Adult Attention Deficit Hyperactivity Disorder, Integrated Psychological Service and Specialist Child & Adolescent Mental Health Service), further to the presentation provided at the QSEC meeting held on the 8th June 2021.</p> <p>Memory Assessment Service (MAS)</p> <p>Two Assistant Psychologists were interviewed on the 8th July 2021 and were offered fixed term contracts for one year, with recruitment checks currently being undertaken. The appointees will undertake an intensive two week training programme to enable them to undertake (under supervision of the Consultant Neuropsychologist) Pre-Diagnostic Assessments, which will supplement existing capacity in those areas where the most pronounced waiting-lists are seen within MAS.</p> <p>Furthermore, Welsh Government has responded to Royal College calls on MAS waiting lists across Wales and have afforded additional funding streams on a substantive basis. The disparity between capacity and demand within MAS services preceded the pandemic, which only served to exacerbate the situation. 'Lean' analysis of the service model has been undertaken; a bid has been constructed accordingly and submitted to the Regional Partnership Board for sign off, before going to Welsh Government. This additional capacity will enable a more sustainable solution to capacity demands within MAS services.</p> <p>Autism Spectrum Disorder (ASD)</p> <p>A Band 8b Service Delivery Manager will be appointed on an interim basis, to assist the Head of Service to undertake demand and capacity planning and map out waiting list trajectories. Current recruitment includes a Specialist Psychologist and x2 Assistant Psychologists, to assist with waiting lists and service redesign. The Head of Service continues to investigate the outsourcing of assessments to private agencies and is exploring the private recruitment market (including use of Agency staff), in collaboration with Senior Workforce Managers.</p> <p>Adult Attention Deficit Hyperactivity Disorder (A-ADHD)</p> <p>Funding has been identified for a time-limited Band 6 Nurse post to help address the legacy waiting list and the recruitment process has started. The Adult ADHD Clinical Nurse Specialist and Pharmacist are in the process of completing their Non-Medical Prescribing (NMP) qualification and should receive their prescribing PINs in October.</p> <p>The Adult ADHD team have received Demand & Capacity training from the Welsh Government Delivery Unit and are now in the process of applying this learning to the service and waiting list. The Adult ADHD team have been working hard to complete the Service Specification and associated Prescribing Guidelines which will be presented at the next Directorate Written Document Control Group. The Head of Service has arranged a meeting to take place in August to discuss the establishment of an Enhanced Scheme arrangement for the monitoring of Adult ADHD prescribing in General Practice.</p>	

Integrated Psychological Therapies Service (IPTS)

The service recently undertook a validation exercise to review the Cognitive Behavioural Therapies (CBT) waiting list and have been able to positively reduce the list by approximately 22% (May 2021: 253 on CBT waiting list, July 2021: 197). The validation exercise will be embedded into a 6-monthly exercise and will be trialled in other modalities.

A review of evidence-based groups has been undertaken and as part of Value Based Healthcare, the service will be implementing group sessions for a number of therapies from September onwards. This will enable a more efficient and cost-effective method of delivering therapies to larger numbers and its aim is to reduce waiting list times. These groups include: DBT Lite, Behavioural Activation and Stress Control. This is particularly prudent, based on the accommodation issues currently faced.

Did Not Attend (DNA) rates are being reviewed, supported with posters and improved letters to reflect the importance of attending appointments and advice to cancel, to enable the appointment to be filled from the short notice list.

Further development of web pages and sign posting for clients on waiting lists to minimise risk while waiting; all staff are undergoing a job planning review exercise to maximise capacity; continued efficient delivery of therapies via digital platforms including Attend Anywhere and the MDT review has been completed and will enable better use of time.

Specialist-Child & Adolescent Mental Health Service (S-CAMHS)

Additional recruitment of three Assistant Psychologists (to increase capacity within the service to provide interventions for children and young people (CYP) whilst on the waiting list has begun. The Head of Service undertakes two-weekly waiting list review meetings with staff to closely monitor service demand and capacity.

All CYP on the waiting list are provided with a 'menu' of local support and on-line support that is available, including access to the 'Kooth' on-line counselling service. All CYP on the internal waiting list for interventions are contacted on a 12-weekly basis to reassess their needs/risks, including a "keeping in touch" letter.

The Mental Health & Learning Disabilities Directorate Quality Safety & Experience Group meet bi-monthly and continue to receive updates and monitor all service areas within the Directorate via Heads of Service reports.

Argymhelliad: Recommendation:

- Note the actions within this report.

Dyddiad y Cyfarfod Pwyllgor Nesaf: Date of Next Sub- Committee Meeting:

24th August 2021 (MH&LD Quality Safety & Experience Group)