# Planning Objectives 4.L & 4.N

Progress update and forward work plan

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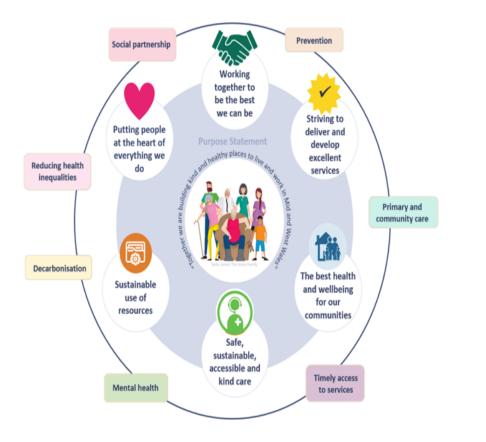


## Planning Objectives 4.L & 4.N



### PO 4.L: Social Model for Health and Wellbeing

Hywel Dda University Health Board's Statement of Purpose, Strategic Objectives and priorities to support the annual plan



- "Design and implement a process that continuously generates new proposals that can be developed into planning objectives aimed at constantly moving us towards a comprehensive social model for health and well-being and cohesive and resilient communities"
- Involvement of our local population as well as a diverse set of thought and system leaders from across society





### 'A Healthier Mid and West Wales: Our Future Generations Living Well' November 2018



- Largescale engagement and consultation 2017/18
- Not just about medical or clinical care, it includes:
  - focus on prevention, early intervention
  - support connected and resilient communities where people are healthy & well
- Underpinned by a move to a "Social Model of Health & Wellbeing"
- Evolving piece of work
- Need for partnership and citizen involvement





## Our work to date





## **Academic Literature Review**



#### WHAT

- A review of the of academic literature, based on term 'A Social Model for Health and Wellbeing'
- Undertaken by Aberystwyth University, School of Psychology, with input from the Graduate school and School of Management and Business

#### WHY

- To provide a solid evidence base for the Health Board and partners to make strategic and operational changes
- To provide a mutual learning resource for all interested parties, on the wider influences on a health system
- To learn from what is written and identify the gaps and opportunities for our future developments.

#### **PROGRESS**

- Interim progress report produced March 2022
- Report due June 2022



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## "Conversations with a purpose"

- 20 semi-structured conversations taken place with 22 senior thought and opinion leaders across society
- Public Health Wales (PHW) have undertaken 1<sup>st</sup> stage of thematic analysis of the insights and perspectives, with final report due by June 2022
- 18<sup>th</sup> February 2022 Engagement meeting with Chairs, Vice Chairs and Officers of Public Services Boards (PSBs), Regional Partnership Board (RPB) and Hywel Dda University Health Boar (HDdUHB)
- June 2022 joint PSB, RPB membership meeting in planning to share findings of academic literature review and PHW analysis, to help inform the work and the PSB Wellbeing plans due to be published in Q2 2022
- 1<sup>ST</sup> April 2022 Transformation Steering Group (TSG) presentation of early learning and agreement to 1<sup>st</sup> new planning objective from this work based on initial findings. This will be focussed on action supporting local community leadership and their ideas that they believe will have the largest population health & well-being impact in those communities, and exploration of resourcing mechanisms



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Hywel Dda



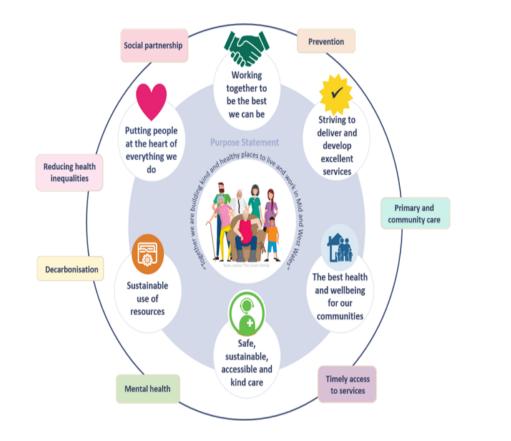




#### 4.L – Social Model for Health and Wellbeing

| Key Tasks 22/23   | 1₅tQ.        | 2 <sup>nd</sup> Q. | 3rdQ. | 4th Q.       |
|---|--------------|--------------------|-------|--------------|
| Agree the scope, interdependencies, membership and Terms of Reference for a Social Model for Health and Wellbeing Steering group  | $\checkmark$ |                    |       |              |
| Aberystwyth University to deliver a systematic review of the Literature on the Social Model for Health and Wellbeing.   |              |                    |       |              |
| Produce a thematic review and next steps plan of action from the "Conversations with a Purpose" (CwaP)  |              | $\checkmark$       |       |              |
| Present first stage findings to key partnerships including PSBs and RPB to enable further engagement with and iteration of the body of knowledge.   |              | $\checkmark$       |       |              |
| Produce a stakeholder map for the Social Model for Health and Wellbeing, including people identified through the CwaP, PSB and RPB workshops and Programme Business Case (PBC) engagement information.                                  |              |                    |       |              |
| Produce a communication and engagement plan, based on the stakeholder map, the outcome from the CwaP  |              |                    |       |              |
| Design a process of local engagement activity/ activities in agreed areas, based on community need. Design and agree a resourcing mechanism that facilitates community ownership and is available for at least 3 years.                 |              |                    |       |              |
| In partnership and with agreement with stakeholders, based on all academic, thematic and engagement work to date produce a Social Model for Health and Wellbeing Process Report that articulates how we move the system towards a SMfHW |              |                    |       |              |
| 8/12ndertake local engagement activity/ activities in a target area within the Health Board in 22/23  |              |                    |       | $\checkmark$ |

### PO 4N: Optimising the food system as a key determinant of well-being



Hywel Dda University Health Board's Statement of Purpose, Strategic Objectives and priorities to support the annual plan

"Create and implement a process in partnership with local authorities, PSBs and other stakeholders that engages and involves representatives of every aspect of the food system. This will include growers, producers, distributors, sellers, those involved in preparation and the provision of advice to individuals & organisations and thought leaders in this field. The aim is to identify opportunities to optimise the food system as a key determinant of wellbeing. The opportunities identified will then need to be developed into proposed planning objectives for the Board and local partners for implementation from April 2023 at the latest"









#### 4.N – Food System for Wellbeing – Progress to date.

#### Food Systems Feasibility Study

- December 2022 "North Star Transition" (NST) in partnership with University College London (UCL) Climate Action Unit was commissioned by the HDdUHB to produce a feasibility study on the food system.
- The aim of the four-month-long study was to support Hywel Dda objective of developing an organisational Planning Objective around the food system.
- The approach was based on researching and developing an understanding of the food system that Hywel Dda participates in, and by identifying the system stakeholders, and their views.
- An addition output was to layout a blueprint for engaging with multiple stakeholders to enable the health board to create systems that support wellbeing, through the its relationship with food.
- A draft report was received in March 2022, and is in the process of being scrutinised by colleagues, prior to formal feedback being shared with NST.
- The report gives options to consider for the next steps of developing a long-term planning objective.
- HDdUHB continues to participate in the Wales Transition Hub, facilitated by NST. The work being undertaken by the HB has been showcased through the partnership across Wales and beyond
- It is planned to share the findings with at the PSB / RPB membership engagement event in June 2022 to help inform the 10/12 work and the development of the PSB Well-being plans





#### **4.N – Food Systems for Wellbeing**

| Key Tasks 22/23  | 1stQ.        | <b>2</b> nd <b>Q</b> . | 3rdQ. | <b>4</b> <sup>th</sup> <b>Q</b> . |
|--|--------------|------------------------|-------|-----------------------------------|
| Agree the Terms of Reference and attendant governance processes, and support required for a Food Systems for Wellbeing task and finish group, taking into consideration the wider work being undertaken regarding Food                       | $\checkmark$ |                        |       |                                   |
| Using the outputs from NST feasibility Study, develop a cross sector steering group of stakeholders that are associated with the food system and whose involvement is required to mitigate the identified gaps in the system                 | V            |                        |       |                                   |
| Compile and communicate with partners a HDdUHB report that demonstrates positive examples of action that has optimised the food system, as well as identifies disconnects, failures and gaps in the food system, for health, and well-being. | $\checkmark$ |                        |       |                                   |
| Compile and communicate with partners, a map of the way the various systems interact across the food / health & well-being / environment landscape   |              |                        |       |                                   |
| Propose a draft 'Potential Projects' plan to meet the requirements of the longer term planning objective   |              |                        |       |                                   |
| Engage, assess and agree the potential projects to take forward.   |              |                        |       |                                   |
| Identify any/all potential resources (financial or otherwise) that could be secured to meet the longer term planning objective   |              |                        |       |                                   |
| Produce agreed, and costed planning objectives<br>11/12  |              |                        |       |                                   |







# • For the Committee to note the progress on Planning Objectives 4.L & 4.N