

STOMA CARE GUIDANCE AND ACCESSORIES FORMULARY

The following stoma care formulary has been devised by a working group comprised of the Colorectal Specialist Nurses from across Hywel Dda Health Board supported by a senior nurse medicines management. The purpose of the formulary is to promote a standardised approach to the high quality, cost effective prescribing of stoma care products.

Introduction

The word stoma is derived from the Greek term for mouth or opening. The stoma should be pink, soft and moist. There are no nerve endings in the stoma therefore no sensation. There are various types of stoma but the most common are:

- **Colostomy**
A colostomy is a surgically created opening in the large bowel. The bowel is brought through the abdominal wall and sutured to the muscle and the skin. The output, volume and consistency vary in each individual case and on the location of the stoma within the colon.
- **Ileostomy**
An ileostomy is a surgically created opening in the small bowel, or ileum. In most cases part of the terminal ileum is used to form the ileostomy. The ileum is brought through the abdominal wall everted to form a spout and sutured to the skin.
- **Urostomy**
A piece of ileum is used to form a 'conduit' and the ureters are attached. The conduit is brought to the surface of the abdomen to form a urostomy. The output will be urine with strands of mucous.

The Colorectal Specialist Nurse Role

Colorectal Specialist Nurses are highly skilled nurses who have clinical expertise and extensive knowledge in the care of patients with stomas. The specialist nurses are the main links between the patient, their family, and the multidisciplinary team in hospital and community. The specialist nurses play a key role in offering patients and their family information, support, guidance and counselling. Their role encompasses both the management of the stoma and the associated appliances, alongside providing psychological support for the patient and their families.

Principles of Stoma care

The main principle of stoma care is to provide the patient with a well fitting, comfortable appliance and maintain skin integrity.

A skin tool has been developed and promoted by Coloplast, it is available on their website, however it is also an integral part of the work of the specialist nurse across Hywel Dda.

No retrospective prescriptions are to be issued as requested by companies, only in the event of a first one for a new patient or a change in the patient's product by the specialist nurse.

Stoma Care Formulary

Some patients will have stoma complications and following expert advice may need to use accessory products. Patients with complex fistulas may also require duplicate accessories and products form this formulary.

Any requests for products outside the formulary list, quantities/frequency greater than recommendations per month or duplicate products within each group should be referred to the Specialist Colorectal Nurses for further advice and assessment of the individual patient's needs. This may involve a telephone or face to face assessment.

Accessories

Description	Size	£/pack*
Adhesive Remover Sprays OR Adhesive Remover Wipes (not both) <i>Each of the products listed below will last one month</i>		
Trio Niltac Sting Free Medical Adhesive Remover Aerosol TR101	(50ml)	■
Brava Adhesive remover spray 12010	(50ml)	■
Pelican Release Non-Sting adhesive remover aerosol 130460	(50ml)	■
WipeAway Adhesive Remover Sachets WA1 Salts Healthcare	(30)	■
Pelican Release Non-Sting adhesive Remover Sachets 130360	(30)	■
Trio Niltac Sting Free Medical Adhesive Remover Wipes TR102	(30)	■
Skin Barrier Sprays OR Skin Barrier Wipes (not both) <i>Each of the products listed below will last one month</i>		
Cavilon No sting barrier film pump spray 3348P	(28ml)	■
Brava Skin barrier Spray 12020	(50ml)	■
Trio Silesse Sting Free Skin Barrier wipes	(30)	■
Pelican Protect Plus	(30)	■
Pelican Ultra Barrier Cream		■
Opus Lavera Cream	(30)	■
Paste Do not prescribe until after documented recommendation from Colorectal Specialist nurse <i>One to three of these products will be required per month</i>		
Orabase paste (Conva Tec Ltd)	(30g)	■

Stomahesive paste (Convatec Ltd)	(60g)	██████
Cohesive Paste 839010 (Pelican Healthcare Ltd)	(60g)	██████
Brava Coloplast strip paste 2655	(10)	██████
Protective seals <i>Two of these products will be required per month</i>		
Dansac Seals	(30)	Price varies according to size.
Brava mouldable ring 12030	(30)	x
Ostomy Cohesive Seal (Pelican Healthcare Ltd)	x	Price varies according to size.
Ostomy Cohesive Seal (Pelican Healthcare Ltd)	x	“
Eakin Cohesive skin barrier (Pelican Healthcare Ltd)	x	“
Peak Medical	x	“
Salts Healthcare	x	“
Convatec Stomahesive Seal 413503	(10)	██████
Protective Powders <i>ONLY PRESCRIBE following discussion with Specialist Nurse.</i>		
Orahesive Powder S106 (ConvaTec)	25g	██████
Brava ostomy powder 1907	25g	██████
Adapt Stoma Powder 7906 (Hollister Ltd)	x	██████
Oakmed stoma powder OSP (Oakmed Ltd)	30mg	██████
Flange Extenders <i>ONLY PRESCRIBE following discussion with Specialist Nurse</i>		
Brava Elastic Tape	(20)	
Salts	(30)	
Secu Plast Hydro	(30)	
Ostofix	(80)	
Clinimed Hydroframe mini flange extenders with Manuka Honey	(30)	██████
Solidifying Agents <i>ONLY PRESCRIBE following discussion with Specialist Nurse</i>		
AbsorbaGel solidifying Agent	150 per packet.	
Morform	60	
Pelican	60	
Lubricating Gel <i>ONLY PRESCRIBE following discussion with Specialist</i>		

<i>Nurse</i>		
Adapt Hollister		Price vary according to size of bottle.
Pelican		
Brava Gel		
Ostozime		
Deodorant Sprays		
Pelican – Deomint or Citrus.		
Ostomart Deodorant		

* June 2013 NHS Drug Tariff prices

Ostomy Supplies (average monthly prescriptions)

Description	Quantity/ box	No of boxes/ month
Colostomies (average usage 2-3 per day)		
Flat pouches		
(1 piece)	30	2-3
(2 piece)	30	2-3
Convex Pouches		
(1 piece)	10	6-9
(2 piece)	30	2-3
Flanges	5	3-4
Ileostomies (average use 1 per day)		
Flat Pouches		
(1 piece)	30	1
(2 piece)	30	1
Convex Pouches		
(1 piece)	10	3
(2 piece)	30	1
Flanges	5	3-4
Urostomies (average use 1 per day)		

Flat Pouches		
(1 piece)	10	3
(2 piece)	10	3
Convex pouches		
(1 piece)	10	2-3
(2 piece)	10	3
Flanges	5	3-4
Night Drainage bags	10	1

Contact details for Colorectal Specialist Nurses

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