



Adult Continence & Urology Formulary 2019



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Continence & Urology Formulary

This formulary is a guide for all healthcare professionals that prescribe or request prescriptions for patients that require continence and urology appliances due to either bladder or bowel dysfunction.

The intention is that this formulary must be used for all new patients and for current patients when a re-assessment of their needs is completed.

The formulary will be reviewed on an annual basis and at this point any amendments or additions will be considered. Please note that irrigation devices for stoma must be prescribed by the GP with specialist input from the colorectal nurses rather than Cobweb.

The term “specialist” in this formulary refers to Bladder and Bowel Specialist Nurses, Urology Specialist Nurses and Urologists. Items with this restricted red writing should only be prescribed if recommended by specialists. Furthermore, specialists may order specific products for people that are not included in the formulary.

The information contained within this formulary is intended for use by healthcare professionals within Hywel Dda University Health Board. We have made every effort to check that the information is correct at the time of publication. Hywel Dda University Health Board does not accept any responsibility for loss or damage caused by reliance on this information.

All prices taken from the Drug Tariff – Part IXA & IXB August 2019

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Urinary Indwelling Catheters

- All patients with an indwelling urinary catheter need to be reassessed at each catheter change to see if they are suitable for a trial without catheter (TWOC).
- Choice of catheter product depends on: assessment, patient choice and local guidelines (see HDUHB policy 396 on intranet).
- Where possible the smallest size catheter that provides adequate draining should be used to avoid bypassing.
- Only catheters that have a balloon filled with 10mls of sterile water should be used.
- Male/standard length urinary catheters **MUST** always be used for men.
- Female length urinary catheters are suitable for ambulant female patients, but not usually for obese, bed or chair bound female patients.
- Patients with suprapubic urinary catheters should be recatheterised with male/standard length catheters, unless otherwise specified by a specialist

All urinary catheters should be:

- **Prescribed in single units with a suitable lubricant**
- **Prescribe 2 initially and 1 on repeat (unless problems with catheter)**

The following urinary catheters are suitable for both urethral and suprapubic catheterisation.

Long term catheters (up to 12 weeks)

Silicone Male / Standard length – (add size to end of order code)

	Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
1 st choice	DA3101	Rusch Brilliant Aquaflate	12-16	611p
2 nd choice	AA8A	Coloplast Folsil Xtra Silicone	#12-16	648p
<i># prefilled syringe for balloon inflation & extra syringe for balloon deflation</i>				
Comparison product – Bard Lubri-Sil silicone catheter 976p				

Silicone female length (add size to end of order code)

	Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
1 st choice	DA2101	Rusch Brilliant Aquaflate	12-16	611p
2 nd choice	AA8B	Coloplast Folsil Xtra Silicone	#12-16	648p
<i># prefilled syringe for balloon inflation & extra syringe for balloon deflation</i>				

Hydrogel Coated Male / Standard length (add size to end of order code)

	Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
1 st choice	DH3101	Rusch Sympacath Aquaflate	12-16	634p
<i>Sterile water filled syringe & empty syringe</i>				
2 nd choice	D2264	Bard Aquamatic Biocath	12-16	874p
<i>Pre filled with sterile water</i>				

Hydrogel Coated Female length (add size to end of order code)

	Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
1 st choice	DH2101	Rusch Sympacath Aquaflate	12-16	634p
<i>Sterile water filled syringe & empty syringe</i>				
2 nd choice	D2268	Bard Aquamatic Biocath	12-16	878p
<i>Pre filled with sterile water</i>				

Short term catheter (PTFE) 28 days: *Polytetrafluoroethylene PTFE coated Latex*

	Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
Male	DP310112-18	Rusch PTFE Aquaflate	12-18	221p
Female	DP210112 - 18	Rusch PTFE Aquaflate	12-18	221p
<i>Sterile water filled syringe & empty syringe</i>				

Open ended silicone (add size to end of order code).

This catheter is suitable for both urethral and suprapubic use and may be a useful alternative for patients who have repetitive bypassing and blocking problems.

Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
AA8C	Coloplast Folysil Standard length only (long term catheter 12 weeks)	12-18	655p

Lubricant gels for urinary catheterisation

The following lubricants are provided in disposable syringes and sachets with/without local anaesthetic for instillation into the urethra prior to catheterisation, which can help reduce injury to the urethral lining and subsequent risk of possible urethral damage.

Lubricants with anaesthetic should be used for both male and female **urethral** catheterisations.

Prior to use any allergies, sensitivities or contra indications must be checked with the patient.

Lubricant with anaesthetic (1st Choice)

Prescribe 1 with each catheter

Order Code	Product	Pack Size	Drug Tariff Price
HYD-006	Hydro-Caine Gel 6ml Syringe	1	111p
HYD-011	Hydro-Caine Gel 11ml syringe	1	116p

Lubricant only *

Order Code	Product	Pack Size	Drug Tariff Price
1125	Optilube without Lidocaine 6ml syringe	1	91p
1126	Optilube without Lidocaine 11ml syringe	1	96p
1120-OPT	Optilube without Lidocaine 5g sachets *ideal for suprapubic use*	1	15p

*If patient has ever had an unusual or allergic reaction to any of the ingredients in hydrocaine, to another lidocaine or other medicine ending in "caine", or to chlorhexidine or chlorhexidine-containing medicines or chlorhexidine-coated catheters. If patient has heart, liver or kidney problems, or malignant hyperthermia (a hereditary condition), is pregnant or breastfeeding, is epileptic or in severe shock.

Catheter accessories

Catheter Valves

Prescribe 5 as single units every 4 weeks

Prior to a catheter valve being fitted the healthcare professional must consider the following points:

- Has the cognitive awareness to remember to empty their bladder regularly.
- Has the dexterity to use the valve.
- Has an adequate bladder capacity.
- If patient has had surgery recently consultant agreement must be sought
- Catheter valves must be changed weekly.

Order Code	Product	Pack Size	Drug Tariff Price
CF1	Linc catheter valve	5	759p
PCV3942	CliniSupplies ProSys Catheter Valve	5	964p
Comparison product Bard Flip Flow 1348p			

Catheter tube restraining straps Prescribe 5 as single units every 4 months

Restraining straps must be worn by all patients that have a urinary catheter and use a leg bag or are bedbound and use a bed bag. This ensures that any traction from the catheter bag is absorbed by the strap. A restraining strap can also help prevent meatal damage. These products are washable and can be reused.

Order Code	Product	Pack Size	Drug Tariff Price
PCS50	ProSys Catheter Retaining Strap	5	1227p
10644A	Great Bear Fix It Strap Adult	5	1445p

Abdominal catheter tube restraining straps for suprapubic catheters

Order Code	Product	Pack Size	Drug Tariff Price
AB3405	Bard Comfasure (Abdominal strap 90cm)	5	1552p
10645B	Great Bear Fix It Strap (Abdominal)	5	1581p

Some people may prefer to use an adhesive fixation device (monitor skin integrity)

Order Code	Product	Pack Size	Drug Tariff Price
3004	Optimum medical Ugo fix gentle	5	1269p
FOL0102DT	Bard Statlock	5	1302p

Catheter maintenance solutions

as per prescribed regime

These should **only** be used once a clear urinary catheter history is documented and a care plan has been initiated for that named patient. Once it has been established that the patient may benefit from the **planned** use of a catheter maintenance solution to extend the life of urinary catheter as per treatment plan. Research suggests that two sequential instillations of a small volume (50ml) are more effective than a single administration (100ml).

Order Code	Product	Pack Size	Drug Tariff Price
CSG50	Optiflo G 3.23% Citric acid 50mls, Pink	1	366p
CSR50	Optiflo R 6.0% Citric acid 50ml, Green	1	366p
CSS50	Bard Optiflo S 0.9% Saline 50ml, Yellow	1	345p

Leg bag holders

Prescribe 4 as single units every 4 months

These are designed to hold the urinary catheter leg bag, thus reducing the 'pull' on the bladder neck and reducing urethral trauma. The sleeve can be worn on the thigh or on the calf but the area needs to be measured to ensure the right size sleeve is ordered.

Order Code	Product	Pack Size	Drug Tariff Price
Optimum Ugo Fix Sleeve Leg Bag Holder			
3005	Small 24-39 cm	4	748p
3006	Medium 36-55cm	4	748p
3007	Large 40-70cm	4	748p
Bard Urisleeve Leg Bag Holder XL			
150141	Extra Large 65-95cm	4	827p
2nd choice			
PLS3881	ProSys Leg Bag Sleeve Small 24-40cm	4	761p
PLS3904	ProSys Leg Bag Sleeve Medium 36-50cm	4	761p
PLS3928	ProSys Leg Bag Sleeve large 40-65cm	4	761p

Urinary catheter drainage bags

Prescribe 10 bags (alternate months)

Leg bags 350/500ml Alternative sizes e.g. 750ml, 1000ml specialist only

Bags may be worn either on the thigh or the calf and this will determine the length of the inlet tube. There are also different types of outlet taps and this must be a consideration if the patient is self-caring. Urinary catheter leg bags should be changed every 5-7 days. Changing the bag more frequently is not normally necessary and could put the patient at increased risk of infection by breaking the closed system.

Lever action tap (sterile)

Order Code	Product	Pack Size	Drug Tariff Price
LM500MD-L	LINC-Flo 500ml short tube	10	2227p
LM500LD-L	LINC-Flo 500ml long tube	10	2227p
5C/350/DI/L	Ugo 5C 350ml direct inlet	10	2424p
6C/350/ST/L	Ugo 6C 350ml short tube	10	2424p
P500S-LT	ProSys 500ml short tube	#10	2548p
P500L-LT	ProSys 500ML long Tube	#10	2548p
<i># Sterile leg bag with 1 pair of non-latex gloves & Velcro strap</i>			

Urinary catheter bed bags/night bags

Single Use 2 litre bags (non-sterile)

Prescribe 3 packs per month

At night single-use 2 litre bags should be attached to the bottom of the leg bag rather than drainable bags. Single use bags do not have any cost implications, compared to drainable 2 litre bags and are recommended by infection control for use by all patients that have indwelling urinary catheters.

Order Code	Product	Pack Size	Drug Tariff Price
PSU2	ProSys Non Sterile Night Bag 2L	10	306p
00-2202C	Flexicare 2L Non Sterile night bag	10	214p

Drainable 2/3 litre catheter bags (sterile)**Prescribe 10 bags every 8 weeks**

Drainable 2 litre catheter bags would be prescribed for patients that are solely cared for in bed and do not use a leg bag. They **MUST** be changed every 5-7 days.

Order Code	Product	Pack Size	Drug Tariff Price
10330Y	GB5, 3L non-sterile, drainable night drainage bag ,120cm tube	10	596p

Belly bags**Prescribe 3 every 12 weeks**

These are positioned on the abdomen. Urine drains into the bag by means of residual bladder pressure. Bag capacity is 1 litre and should be changed every 28 days.

Order Code	Product	Pack Size	Drug Tariff Price
B1000	Rusch Belly Bag 1000ml (short outlet tube)	1	1089p
B1000CT	Rusch Belly Bag (with extra-long (60cm) outlet tube useful for wheelchair users)	1	1089p

Miscellaneous items**Prescribe as single items**

Order code	Product	Pack size	Drug Tariff Price
15LS	Bard Leg Bag Straps Latex (washable)	5	1499p
62042	Coloplast Sheath Prep wipes	54	1009p
OM50	Peak medical Adhesive Remover Spray	50ml	510p

Optimum Ugo medical – 4 week catheter kits (28 day supply)

These are a cost effective option to consider if a TWOC is imminent

Order code	Product	Pack size	Drug Tariff Price
3014	1C (contains 28 Ugo 10 night drainage bags, 4 Ugo leg bags, 4 Ugo leg bag straps, 4 Ugo fix gentle catheter clips & 1 Ugo hanger) 500ml Short Tube, Lever Tap (1 Night bags (Disposable))	1	2978p
3015	2C (contains 28 Ugo 10 night drainage bags, 4 Ugo leg bags, 4 Ugo leg bag straps, 4 Ugo fix gentle catheter clips & 1 Ugo hanger) 500ml Long Tube, Lever Tap (1 Night bags (Disposable))	1	2978p
3016	3C (contains 28 Ugo 10 night drainage bags, 4 Ugo leg bags, 4 Ugo leg bag straps, 4 Ugo fix gentle catheter clips & 1 Ugo hanger) 500ml Short Tube, T-Tap (1 Night bags (Disposable))	1	2978p
3017	4C (contains 28 Ugo 10 night drainage bags, 4 Ugo leg bags, 4 Ugo leg bag straps, 4 Ugo fix gentle catheter clips & 1 Ugo hanger) 500ml Long Tube, T-Tap (1 Night bags (Disposable))	1	2978p

Intermittent Urinary Catheters

There are a variety of intermittent catheters and therefore each patient needs to be assessed individually so that the correct catheter is prescribed to meet their needs.

Intermittent Self-Catheterisation Male

Order code	Product	Pack size	Drug Tariff Price
1st choice – monitor stock availability – try all DACS			
W2TAM 12/14/16	WyCath H2O Hydro Catheter (tapered tip)	30	4350p
W2SM 12/14/16	WyCath H2O Hydrophilic Catheter (Soft Tip)	30	4350p
2nd choice			
28410-28418	Coloplast Speedicath	30	4591p
73810G – 73820G	BARD Hydrosil Go	30	5150p
4431225/4431425/4431625	Wellspect Lofric Origo	30	5261p

Intermittent Self-Catheterisation Female

Order code	Product	Pack size	Drug Tariff Price
88081-88141	Hollister Infyna (17cm)	30	4680p
28580/82/84	Coloplast Speedicath Compact (10-14Ch)	30	4748p
7010-12	Hollister Infyna chic (10-12Ch)	30	5040p

Intermittent Self-Catheterisation with Bag (male and female)

Order code	Product	Pack size	Drug Tariff Price
28422	Speedicath Compact set 12-18Ch (male)	20	5354p
28520/22/24	Speedicath Compact Set 10-14Ch (female)	20	5354p
86081-86141	Hollister Infyna Plus (female)	30	6690p
Comparison product - Hollister VaPro Plus 9371p			

Intermittent Self-Catheterisation Tiemann tip (MALE)

Order code	Product	Pack Size	Drug Tariff Price
851143-14	Teleflex Rusch Flocath Hydrogel Tiemann Tip 14Ch	30	3611p

Liquick base Tiemann

Male Dilator (add size to end of code)

UROLOGY ONLY

Order code	Product	Pack Size	Drug Tariff Price
USMD	Ultra Smooth Meatal Dilator	25	3418p
WCM	WyCath Hydrophilic Meatal Dilator, Standard tip	30	3840p
WMT	WyCath Hydrophilic Meatal Dilator Tapered tip	30	4020p

Urinary sheaths & Continence appliances

Sheaths

Prescribe 30 single items every 28 days

Sheaths are a useful alternative to managing urinary incontinence for men. However, it is essential that the sheaths are accurately sized and the appropriate drainage system is prescribed. It is recommended that sheaths are changed every 24 hours to relieve pressure and to allow for personal hygiene. There are two different companies listed below, to accommodate for good sizing both for girth fitting and length fitting. Please contact the prescription service for alternative products/samples.

GB Libra Sheath (latex Free) self-adhesive sheath

Order Code	Product	Size	Pack Size	Drug Tariff Price
GBLSS24	Standard length	24mm	30	4797p
GBLSS28		28mm	30	4797p
GBLSS31		31mm	30	4797p
GBLSS33		33mm	30	4797p
GBLSS35		35mm	30	4797p
GBLSS40		40mm	30	4797p
GBLSP24	Pop On	24mm	30	4797p
GBLSP28		28mm	30	4797p
GBLSP31		31mm	30	4797p
GBLSP33		33mm	30	4797p
GBLSP35		35mm	30	4797p
GBLSP40		40mm	30	4797p
GBLSW24	Wideband	24mm	30	4797p
GBLSW28		28mm	30	4797p
GBLSW31		31mm	30	4797p
GBLSW33		33mm	30	4797p
GBLSW35		35mm	30	4797p
GBLSW40		40mm	30	4797p

Conveen Optima (latex free) self-adhesive sheath

Order Code	Product	Size	Pack Size	Drug Tariff Price
22025	Standard Length	25mm	30	5307p
22028		28mm	30	5257p
22030		30mm	30	5307p
22035		35mm	30	5307p
22040		40mm	30	5307p
22121	Shorter Length	21mm	30	5307p
22125		25mm	30	5307p
22130		30mm	30	5307p
22135		35mm	30	5307p

Conveen Active is a small thigh bag that is useful for ambulatory sheath use only.

Order code	Product	Pack size	Drug Tariff Price
25501	250ml Conveen Active 7cm tubing	10	2847p

Contiform Insert device for female stress incontinence

The Contiform pessary helps women suffering stress incontinence by stopping urine leakage. When inserted into the vagina in a similar way to a tampon, Contiform supports the urethra, restoring the body's natural anatomy and stopping the urine from leaking.

Order code	Product	Pack size	Drug Tariff Price
SKU184	Starter pack	3	4970p
SKU16134	Small	1	2567p
SKU16227	Medium	1	2567p
SKU16270	Large	1	2567p

Anal Plugs (Coloplast)

Prescribe 20 at a time as requested

Patients MUST have an assessment by an appropriate healthcare professional prior to being prescribed this product. Anal plugs are used for patients with anorectal incontinence problems - most suitable for neurogenic conditions with impaired sensation. Plugs can be left in place up to 12 hours.

Order Code	Product	Pack size	Drug Tariff Price
1450	Peristeen Anal Plug Small	20	4751p
1451	Peristeen Anal Plug Large	20	4654p

Faecal collector (Hollister)

Prescribe 10 at a time as requested

A useful device for bedbound patients who experience semi-solid or liquid stools. The device aims to protect skin from irritating faecal discharge. Monitor skin integrity daily.

Order code	Product	Pack size	Drug Tariff Price
9822	500ml collector	10	4678p
9821	1000ml collector	10	4678p

Beambridge appliances

Prescribe 1 only

Items with * need to have two litre **drainable** catheter bags prescribed. There are a range of reusable appliances that can be prescribed to promote continence even if mobility is poor. Please phone the Bladder and Bowel Service for further advice.

Order code	Product	Pack size	Drug Tariff Price
6-50T	Beambridge Male Draining Jug with tap*	1	1466p
6-26	Beambridge female Saddle Urinal	1	1467p
6-45	Beambridge Lady Jug*	1	1578p
6-18	Beambridge Urinal	1	1467p
URlbag	Manfred Sauer Uribag (male) Pocket sized 1.1L capacity	1	1457p
URlbagF	Manfred Sauer Uribag (female) Pocket sized 1.2L capacity	1	1457p

Anal Irrigation systems

If this option is to be considered, please refer the patient to the Bladder and Bowel Advisory Service or secondary care for a specialist assessment prior to prescribing any equipment so that the patient is well informed about the procedure. The patient will need support from specialist teams whilst using these products.

Peristeen anal irrigation (Coloplast)

Please note:

Catheters are single use only, water bag can only be used 15 times, and lid and control unit can only be used 90 times

Order code	Product	Pack size	Drug Tariff Price
29121	1 control unit, 2 rectal catheters, 1 water bag, 1 strap set, 1 toilet bag	1	7753p
29126 (small)	1 control unit, 2 small rectal catheters, 1 water bag, 1 strap set, 1 toilet bag	1	7753p
29122	15 Rectal catheters, 1 water bag	1	13512p
29127 (small)	15 Small rectal catheters, 1 water bag	1	13512p
29123	10 Rectal catheters	1	8639p
29128 (small)	10 Small rectal catheters	1	8639p
29124	1 Set of straps	1	554p
29125	2 Tubes and blue connectors	1	775p

Qufora systems (McGregor healthcare)

Order code	Product	Pack size	Drug Tariff Price
53601-015	IrriSedo Mini (Contains 1 pump, 15 Hydrophilic coated cones, 15 waste bags)	15	5900p
53601-030	IrriSedo Mini (Contains 1 pump, 30 Hydrophilic coated cones, 30 waste bags)	30	11800p
QTM 1	IrriSedo Cone (Contains 1 pump, 1 water bag, 15 hydrophilic coated cones, 15 waste bags)	15	10166p
52601-015	15 hydrophilic cones	15	5900p
QKSTART	IrriSedo Klick Starter Set (Contains 5 catheters, 1 Klick tube, 1 control unit, 1 water bag, 1 leg strap, 1 hook)	1	8680p
QKCONTROL	IrriSedo Klick Control Unit (Contains 1 control unit, 1 leg strap)	1	4980p
QKCATH	IrriSedo Klick Catheter Set (Contains 15 catheters, 1 Klick tube, 1 water bag, 1 soft bag)	15	13180p

KLICK – balloon system