



Criteria for Cancer and Psychological Support Service (CaPS) referrals

WHO CAN REFER

- Consultants and Key Workers
- HDUHB Cancer Services Health Care Professionals (e.g. Dr, CNS's, AHP's)

INCLUSION CRITERIA

- Any person (patient or carer) highlighted in need of extra emotional or psychological support (NICE Guidance Level 3 and above)
- Patient receiving care or treatment, and or is under the care of a clinical team within HDUHB

EXCLUSION CRITERIA

- Receiving supportive therapy already
- Inpatient - Mental Health Issues
General Health Service
Unwell physically or mentally (unsafe, psychologically unable to engage)
- Actively/potentially suicidal (unsafe)
- Cancer is not the primary cause of distress (i.e. life issues/Bereavement/ marital concerns)
- High dependency on Alcohol or Drugs
- Currently self-harming
- Mental health diagnosis, or experiencing current mental health difficulties (requiring specialist intervention)
- Professionals external to Hywel Dda University Health Board

RE-REFERRAL

- Re-referrals are accepted three months after discharge

*Please note, these are guidelines and each case is assessed individually.
If you would like to discuss a referral, please contact the Service.*

Cancer and Psychological Support Service
Gwasanaeth Cymorth Seicolegol Cancer

Priory Day Hospital

Glangwili General Hospital

Dolgwili Road, Carmarthen

Carmarthenshire SA31 2AF

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