



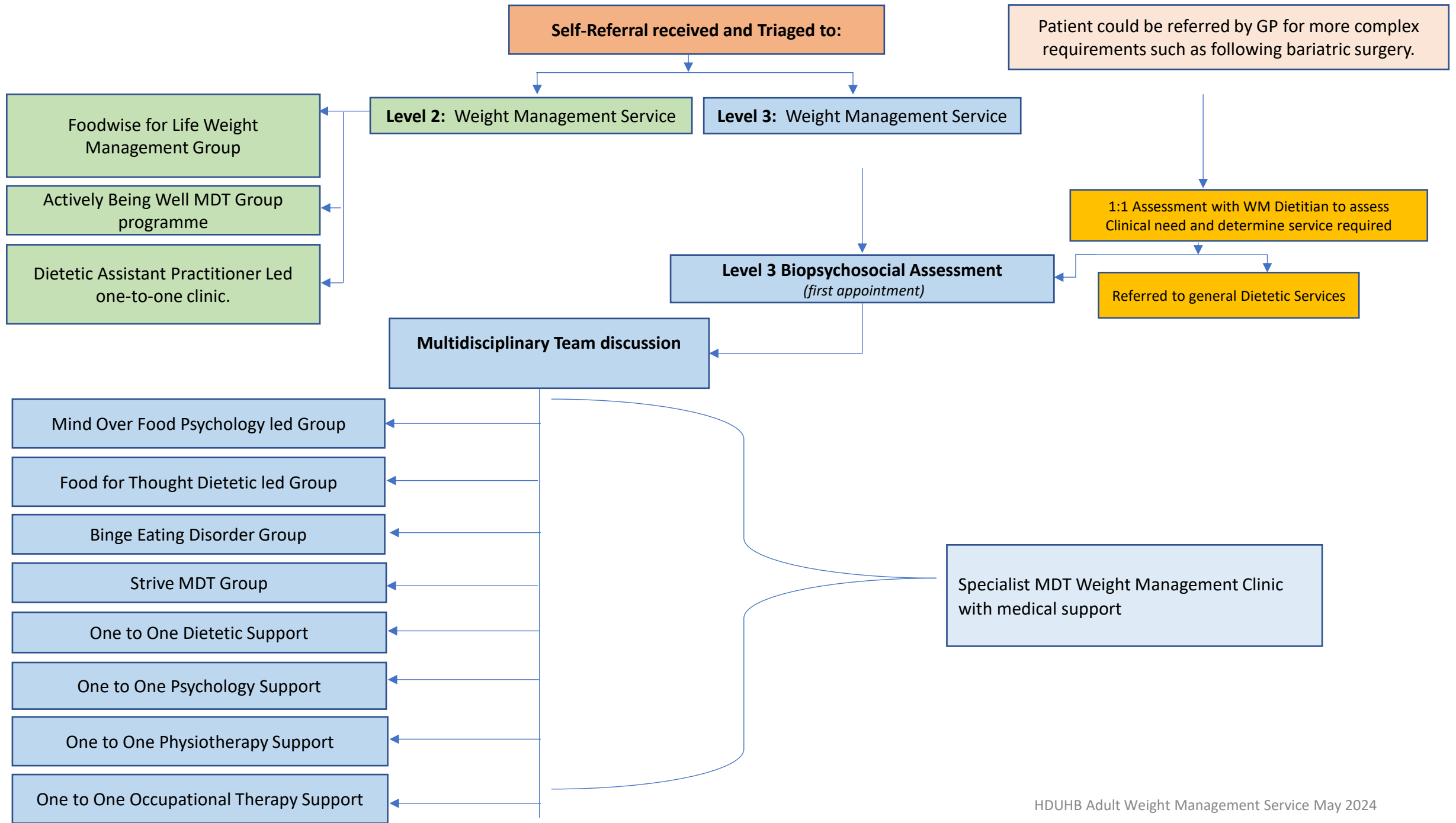
# Weight Management Service Flow

V.1.0

Delivering Weight Management Services to adults at Level 2 and 3 of the Welsh Government All Wales Weight Management Pathway (AWWMP)

Information Services

March 2024



**Self-Referral received and Triaged to:**

Patient could be referred by GP for more complex requirements such as following bariatric surgery.

**Level 2: Weight Management Service**

**Level 3: Weight Management Service**

Foodwise for Life Weight Management Group

Actively Being Well MDT Group programme

Dietetic Assistant Practitioner Led one-to-one clinic.

**Level 3 Biopsychosocial Assessment**  
*(first appointment)*

1:1 Assessment with WM Dietitian to assess Clinical need and determine service required

Referred to general Dietetic Services

**Multidisciplinary Team discussion**

Mind Over Food Psychology led Group

Food for Thought Dietetic led Group

Binge Eating Disorder Group

Strive MDT Group

One to One Dietetic Support

One to One Psychology Support

One to One Physiotherapy Support

One to One Occupational Therapy Support

Specialist MDT Weight Management Clinic with medical support

