FOI.21468 - Attachment 1

No.	Peptide / substance name	Primary category	Notes / description	Relevant recorded research held?	Current study / research status	Organisation role and local approval status	NHS access / formulary position	Recorded future research plans held?	Study / trial ID or public link	Department / specialty	Response notes	Responding organisation	Response date
1	BPC-157	Recovery / tissue repair	Body Protection Compound 157	Not applicable								Hywel Dda University Health Board	04/09/2026
2	TB-500 / Thymosin beta-4	Recovery / tissue repair	Thymosin beta-4 related peptide	Not applicable									
3	GHK-Cu	Longevity / tissue repair	Copper peptide	Not applicable									
4	Epithalon / Epitalon	Longevity	Tetrapeptide often discussed in ageing research	Not applicable									
5	Thymosin alpha-1	Immune support	Immunomodulatory peptide	Not applicable									
6	LL-37	Immune support	Cathelicidin antimicrobial peptide	Not applicable									
7	Cerebrolysin	Neurological support	Peptide mixture used in some neurology research	Not applicable									
8	Semax	Neurological support	ACTH-derived peptide analogue	Not applicable									
9	Selank	Neurological support / sleep	Synthetic anxiolytic peptide analogue	Not applicable									
10	Dihexa	Neurological support	Angiotensin IV-derived compound	Not applicable									
11	N-Acetyl Semax Amidate	Neurological support	Semax derivative	Not applicable									
12	CJC-1295	Metabolic / muscle building	Growth hormone releasing hormone analogue	Not applicable									
13	CJC-1295 without DAC / Mod GRF 1-29	Metabolic / muscle building	GHRH analogue	Not applicable									
14	Ipamorelin	Metabolic / muscle building / recovery	Growth hormone secretagogue	Not applicable									
15	Sermorelin	Metabolic / muscle building	GHRH analogue	Not applicable									
16	Tesamorelin	Metabolic support	GHRH analogue	Not applicable									
17	Hexarelin	Metabolic / muscle building	Growth hormone secretagogue	Not applicable									
18	GHRP-2	Metabolic / muscle building	Growth hormone releasing peptide	Not applicable									
19	GHRP-6	Metabolic / muscle building	Growth hormone releasing peptide	Not applicable									
20	MK-677 / Ibutamoren	Metabolic / muscle building	Growth hormone secretagogue, non-peptide often grouped with peptides	Not applicable									
21	AOD-9604	Metabolic support	Fragment of human growth hormone	Not applicable									
22	MOTS-c	Longevity / metabolic support	Mitochondrial-derived peptide	Not applicable									
23	Humanin	Longevity / neurological support	Mitochondrial-derived peptide	Not applicable									
24	SS-31 / Elamipretide	Longevity / mitochondrial support	Mitochondria-targeted peptide	Not applicable									
25	FOXO4-DRI	Longevity	Senescence-related research peptide	Not applicable									
26	Kisspeptin-10	Metabolic / endocrine support	Kisspeptin receptor agonist peptide	Not applicable									
27	Oxytocin	Neurological / recovery	Neuropeptide hormone	Yes	Completed	Hosted study now complete	Routine	Not known from records	IRAS number 235254	Reproductive health and childbirth			
28	Vasopressin / Desmopressin	Neurological / endocrine	Antidiuretic peptide hormone / analogue	Not applicable									

29	Melanotan II	Metabolic / other	Melanocortin receptor agonist	Not applicable									
30	PT-141 / Bremelanotide	Neurological / metabolic	Melanocortin receptor agonist	Not applicable									
31	DSIP	Sleep and recovery	Delta sleep-inducing peptide	Not applicable									
32	Orexin-A / Hypocretin-1	Sleep / neurological support	Wakefulness-related neuropeptide	Not applicable									
33	VIP	Immune / neurological support	Vasoactive intestinal peptide	Not applicable									
34	PACAP	Neurological / immune support	Pituitary adenylate cyclase-activating polypeptide	Not applicable									
35	Nesfatin-1	Metabolic support	Satiety-related peptide	Not applicable									
36	Adiponectin peptide analogues	Metabolic support	Adipokine-related peptide research	Not applicable									
37	GLP-1 analogues	Metabolic support	Glucagon-like peptide-1 receptor agonists	Yes	Recruiting	Hosted study open to recruitment	Routine	Not known from records	IRAS number 355370	Diabetes, Metabolic and Endocrine			
38	Semaglutide	Metabolic support	GLP-1 receptor agonist	Yes	Recruiting	Hosted study open to recruitment	Routine	Not known from records	IRAS number 355370	Diabetes, Metabolic and Endocrine			
39	Tirzepatide	Metabolic support	GIP/GLP-1 receptor agonist peptide	Yes	Recruiting	Hosted study open to recruitment	Routine	Not known from records	IRAS number 355370	Diabetes, Metabolic and Endocrine			
40	Retatrutide	Metabolic support	GIP/GLP-1/glucagon receptor agonist	Not applicable									
41	Tesofensine	Metabolic support	Non-peptide metabolic compound, often discussed alongside metabolic peptides	Not applicable									
42	Amylin / Pramlintide	Metabolic support	Amylin analogue	Not applicable									
43	Cagrilintide	Metabolic support	Amylin analogue	Not applicable									
44	Insulin icodec	Metabolic support	Long-acting insulin analogue	Not applicable									
45	Obestatin	Metabolic support	Ghrelin-associated peptide	Not applicable									
46	Gonadorelin	Endocrine / recovery	GnRH analogue	Not applicable									
47	Pinealon	Neurological / longevity	Tripeptide studied in regulatory peptide literature	Not applicable									
48	Cortagen	Neurological / immune support	Peptide bioregulator	Not applicable									
49	Livagen	Longevity / immune support	Peptide bioregulator	Not applicable									
50	Vilon	Longevity / immune support	Peptide bioregulator	Not applicable									