

FOI.12477 - Attachment 10

Small portion supper (week 1)

Monday
Section: Main Choices
Vegetable soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Rice pudding
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot

Tuesday
Section: Main Choices
Leek and potato soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Sultana sponge
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
Custard

Wednesday
Section: Main Choices
Tomato and red pepper soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Apple pie
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
Custard

Thursday
Section: Main Choices
Butternut squash soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Rhubarb crumble
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
Custard

Friday
Section: Main Choices
Tomato and red pepper soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Jam roly poly
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
Custard

Saturday
Section: Main Choices
Carrot and coriander soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Chocolate sponge
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
White sauce

Sunday
Section: Main Choices
Parsnip and rosemary soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Lemon sponge
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
Custard

Small portion supper (week 2)

Monday
Section: Main Choices
Vegetable soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Rhubarb crumble
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
Custard

Tuesday
Section: Main Choices
Tomato soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Lemon sponge
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
Custard

Wednesday
Section: Main Choices
Cauliflower and apple soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Rice pudding
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot

Thursday
Section: Main Choices
Vegetable soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Syrup sponge
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
Custard

Friday
Section: Main Choices
Tomato soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Pineapple sponge cake
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
Custard

Saturday
Section: Main Choices
Tomato and red pepper soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Chocolate gateaux
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot
Accompaniments
Cream

Sunday
Section: Main Choices
Cauliflower and apple soup (offer bread roll with cheese)
Plain Omelette (V)
Sausage x 1
Quiche (V)
Ham Slices
Fish finger x 1
Jacket Potato
Veg sticks and pot of hummus
Section: Potatoes/Rice/Side dish
Chips (1/2 portion)
Side Salad
Bread roll with cheese
Section: Jacket potato filling
Baked beans
Cheese
Tuna flakes
Section: Desserts
Welshcakes and butter
Cheese and Biscuits
Ice cream
Strawberry fruit yoghurt
Vanilla yoghurt
Custard pot
Fruit Pot