## FOI.12477 - Attachment 14

## Egg free supper (week 1)

Monday	
Section: Starters	
range juice	
egetable soup	
Section: Main Choices	
oast Beef in Gravy, with potatoes, carrots and beans	
hilli Con Carne in a tomato sauce, served with rice	
teak and Mushroom Casserole, with potatoes and veg in a red wine sauce	
oast Lamb in Mint Gravy, with potatoes, peas and beans	
amb Tagine, with a spiced tomato sauce with rice and vegetables	
ork in Gravy, with roast potatoes, gravy and veg	
weet & Sour Chicken, with rice, peppers and pineapple	
hicken, Bacon & Thyme Hotpot, served with potatoes and mashed veg	
oast Chicken in Gravy, with potatoes, veg and gravy	
egan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce	
egan Spicy Bean Casserole, with potato wedges and veg served in a spicy to	omato sauce
acket Potato	
ection: Jacket potato filling	
aked beans	
egan cheese	
una flakes	
Section: Sandwiches	
ain Chicken Sandwich	
ain Ham Sandwich	
una flakes Sandwich	
Section: Salads	
hicken Salad	
am Salad	
una flake Salad	
read roll with spread	
cad foil with spread	
Section: Desserts	
ruit Pot	
rawberry fruit yoghurt	
anilla yoghurt	
esh Fruit	
old Bramley apple pie	
ot Chocolate chip and orange pudding	
or Oriocolate chip and orange padding	
old Coconut and chocolate tart	
old Coconut and chocolate tart	
old Coconut and chocolate tart old Orange and passion fruit cheese cake	
old Coconut and chocolate tart old Orange and passion fruit cheese cake	
old Coconut and chocolate tart old Orange and passion fruit cheese cake ice pudding (hot or cold)	

Friday	
Section: Starters	
Orange juice	
omato and red pepper soup	
Section: Main Choices	
Roast Beef in Gravy, with potatoes, carrots and beans	
Chilli Con Carne in a tomato sauce, served with rice	
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce	
Roast Lamb in Mint Gravy, with potatoes, peas and beans	
amb Tagine, with a spiced tomato sauce with rice and vegetables	
Pork in Gravy, with roast potatoes, gravy and veg	
Sweet & Sour Chicken, with rice, peppers and pineapple	
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg	
Roast Chicken in Gravy, with potatoes, veg and gravy	
/egan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	
egan Spicy Bean Casserole, with potato wedges and veg served in a spicy toma	to sauce
lacket Potato	
Section: Jacket potato filling	
Baked beans	
/egan cheese	
Tuna flakes	
Section: Sandwiches	
Plain Chicken Sandwich	
Plain Ham Sandwich	
Tuna flakes Sandwich	

Jacket Potato	
Section: Jacket potato filling	
Baked beans	
Vegan cheese	
Tuna flakes	
Section: Sandwiches	
Plain Chicken Sandwich	
Plain Ham Sandwich	
Tuna flakes Sandwich	
Section: Salads	
Chicken Salad	
Ham Salad	
Tuna flake Salad	
Bread roll with spread	
Section: Desserts	
Fruit Pot	
Strawberry fruit yoghurt	
Vanilla yoghurt	
Fresh Fruit	
Cold Bramley apple pie	
Hot Chocolate chip and orange pudding	
Cold Coconut and chocolate tart	
Cold Orange and passion fruit cheese cake	
Rice pudding (hot or cold)	
Section: Extras	
Custard	
Cream (for the tart or fruit pot)	

	Tuesday
	Section: Starters
	ge juice
Leek	and potato soup
_	Section: Main Choices
	t Beef in Gravy, with potatoes, carrots and beans
	Con Carne in a tomato sauce, served with rice
	and Mushroom Casserole, with potatoes and veg in a red wine sauce
	Lamb in Mint Gravy, with potatoes, peas and beans
	Tagine, with a spiced tomato sauce with rice and vegetables
	n Gravy, with roast potatoes, gravy and veg
	t & Sour Chicken, with rice, peppers and pineapple
	ten, Bacon & Thyme Hotpot, served with potatoes and mashed veg
	t Chicken in Gravy, with potatoes, veg and gravy
	n Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
	n Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Jacke	et Potato
0 11	
	on: Jacket potato filling
	d beans
	n cheese
Luna	flakes
	tion: Sandwiches
	Chicken Sandwich
	Ham Sandwich
runa	flakes Sandwich
Coo	tion. Colodo
	tion: Salads ten Salad
	Salad
	flake Salad
Bread	I roll with spread
Coo	tion: Desserts
Fruit I	
	berry fruit yoghurt
	a yoghurt
	Fruit
	Bramley apple pie
	chocolate chip and orange pudding
	Coconut and chocolate tart
	Orange and passion fruit cheese cake
KICE	oudding (hot or cold)
	tion: Extras
Custa	ard

Cream (for the tai	
	rt or fruit pot)
	Saturday
Section: Starter	s
Orange juice	
Carrot and corian	der soup
Section: Main C	hoices
	avy, with potatoes, carrots and beans
	in a tomato sauce, served with rice
	oom Casserole, with potatoes and veg in a red wine sauce
	int Gravy, with potatoes, peas and beans
	th a spiced tomato sauce with rice and vegetables
	th roast potatoes, gravy and veg
	icken, with rice, peppers and pineapple
	hyme Hotpot, served with potatoes and mashed veg
	Gravy, with potatoes, veg and gravy
	e Vegetable Bake, with potaotes and veg in a tomato sauce
	n Casserole, with potato wedges and veg served in a spicy tomato sauce
Jacket Potato	
0 1 1 1 1	- 4 - 4 - PIII
Section: Jacket	potato filling
Baked beans	
Vegan cheese Tuna flakes	
Turia liakes	
Section: Sandy	wiches
Plain Chicken Sa	
Plain Ham Sandy	
Tuna flakes Sand	
Taria nakoo cari	
Section: Salad	s
Chicken Salad	
Hom Colod	
Ham Salad	
Ham Salad Tuna flake Salad	read
Tuna flake Salad	
Tuna flake Salad	erts
Tuna flake Salad Bread roll with sp	erts
Tuna flake Salad Bread roll with sp  Section: Desse	
Tuna flake Salad Bread roll with sp  Section: Desse Fruit Pot	
Tuna flake Salad Bread roll with sp  Section: Desse Fruit Pot Strawberry fruit y	
Tuna flake Salad Bread roll with sp  Section: Desse Fruit Pot Strawberry fruit y Vanilla yoghurt Fresh Fruit	oghurt
Tuna flake Salad Bread roll with sp  Section: Desse Fruit Pot Strawberry fruit y Vanilla yoghurt Fresh Fruit Cold Bramley app	oghurt ple pie
Tuna flake Salad Bread roll with sp  Section: Desse Fruit Pot Strawberry fruit y Vanilla yoghurt Fresh Fruit Cold Bramley app	oghurt  ple pie ip and orange pudding
Tuna flake Salad Bread roll with sp  Section: Desse Fruit Pot Strawberry fruit y Vanilla yoghurt Fresh Fruit Cold Bramley app Hot Chocolate ch	oghurt  ple pie ip and orange pudding d chocolate tart
Tuna flake Salad Bread roll with sp  Section: Desse Fruit Pot Strawberry fruit y Vanilla yoghurt Fresh Fruit Cold Bramley app Hot Chocolate ch	oghurt  ple pie ip and orange pudding d chocolate tart passion fruit cheese cake

Custard
Cream (for the tart or fruit pot)

Section: Starters
Orange juice
Tomato and red pepper soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Jacket Potato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Section: Salads
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread
Section: Desserts
Fruit Pot
Strawberry fruit yoghurt
Vanilla yoghurt
Fresh Fruit
Cold Bramley apple pie
Hot Chocolate chip and orange pudding
Cold Coconut and chocolate tart
Cold Orange and passion fruit cheese cake
Rice pudding (hot or cold)
Section: Extras
Custard
Cream (for the tart or fruit pot)

Wednesday

Oreani (101 tile	tart or fruit pot)
	Sunday
Section: Sta	rters
Orange juice	
Roast parsnip	and rosemary soup
Section: Ma	in Chaicas
	Gravy, with potatoes, carrots and beans
	ne in a tomato sauce, served with rice
	shroom Casserole, with potatoes and veg in a red wine sauce
	Mint Gravy, with potatoes, peas and beans
	with a spiced tomato sauce with rice and vegetables
	with roast potatoes, gravy and veg
	Chicken, with rice, peppers and pineapple
	& Thyme Hotpot, served with potatoes and mashed veg
	in Gravy, with potatoes, veg and gravy
	çale Vegetable Bake, with potaotes and veg in a tomato sauce
	Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Jacket Potato	
Section: Jack	et potato filling
Baked beans	
Vegan cheese	
Tuna flakes	
Section: Sa	
Plain Chicken	
Plain Ham Sa	
Tuna flakes S	andwich
Section: Sal	ade
Chicken Salad	
Ham Salad	
Tuna flake Sa	ad
Bread roll with	
Dioda foil With	oproud .
Section: De	sserts
Fruit Pot	
Strawberry fru	it yoghurt
Vanilla yoghur	t
Fresh Fruit	
Cold Bramley	apple pie
Hot Chocolate	chip and orange pudding
	and chocolate tart
Cold Orange a	nd passion fruit cheese cake
Rice pudding	
Section: Ext	ras
Custard	
0 (5 1)	tart or fruit pot)

Thursday
Section: Starters
Orange juice
Butternut squash soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Jacket Potato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Ocations October
Section: Salads
Chicken Salad Ham Salad
Tuna flake Salad
Bread roll with spread
Section: Desserts
Fruit Pot
Strawberry fruit yoghurt Vanilla yoghurt
Fresh Fruit
Cold Bramley apple pie
Hot Chocolate chip and orange pudding
Cold Coconut and chocolate tart
Cold Orange and passion fruit cheese cake
Rice pudding (hot or cold)
race padding (not or cold)
Section: Extras

Cream (for the tart or fruit pot)

## Egg free supper (week 2)

Monday
Section: Starters
Orange juice
Vegetable soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chicken, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Jacket Potato
Jackel Folato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Tana naree
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Section: Salads
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread
Section: Desserts
Fruit Pot
Strawberry fruit yoghurt
Vanilla yoghurt
Fresh Fruit
Cold Bramley apple pie
Hot Chocolate chip and orange pudding
Cold Coconut and chocolate tart
Cold Orange and passion fruit cheese cake
Rice pudding (hot or cold)
Section: Extras
Custard  Crooms (for the text or finit net)
Cream (for the tart or fruit pot)
Friday
Section: Starters

Tuesday
Section: Starters
range juice
omato Soup
Section: Main Choices
oast Beef in Gravy, with potatoes, carrots and beans
hilli Con Carne in a tomato sauce, served with rice
teak and Mushroom Casserole, with potatoes and veg in a red wine sauce
oast Lamb in Mint Gravy, with potatoes, peas and beans
amb Tagine, with a spiced tomato sauce with rice and vegetables
ork in Gravy, with roast potatoes, gravy and veg
weet & Sour Chicken, with rice, peppers and pineapple
hicken, Bacon & Thyme Hotpot, served with potatoes and mashed veg
oast Chicken in Gravy, with potatoes, veg and gravy
egan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
egan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
acket Potato
ection: Jacket potato filling
aked beans
egan cheese
una flakes
Section: Sandwiches
lain Chicken Sandwich
lain Ham Sandwich
una flakes Sandwich
Section: Salads
hicken Salad
am Salad
una flake Salad
read roll with spread
read foil with spread
Section: Desserts
ruit Pot
trawberry fruit yoghurt
anilla yoghurt
resh Fruit
old Bramley apple pie
ot Chocolate chip and orange pudding
old Coconut and chocolate tart
old Orange and passion fruit cheese cake
ice pudding (hot or cold)
F
Section: Extras
ustard

Cream (for the tart or fruit pot)

Section: Starters
Orange juice
Cauliflower & Apple Soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato saud
Jacket Potato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Section: Salads
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread
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Section: Desserts
Fruit Pot
Strawberry fruit yoghurt
Vanilla yoghurt
Fresh Fruit
Cold Bramley apple pie
Hot Chocolate chip and orange pudding
Cold Coconut and chocolate tart
Cold Orange and passion fruit cheese cake
Rice pudding (hot or cold)
Section: Extras
Custard
Cream (for the tart or fruit pot)
• ' '

Wednesday

Thursday
Section: Starters
Orange juice
Vegetable Soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Jacket Potato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Section: Salads
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread
Section: Desserts
Fruit Pot
Strawberry fruit yoghurt
Vanilla yoghurt
Fresh Fruit
Cold Bramley apple pie
Hot Chocolate chip and orange pudding
Cold Coconut and chocolate tart
Cold Orange and passion fruit cheese cake
Rice pudding (hot or cold)
Ocation E trans
Section: Extras
Crosm (for the text or fruit not)
Cream (for the tart or fruit pot)

	Friday
Section: Starters	
Orange juice	
Tomato soup	
Section: Main Choice	es
	with potatoes, carrots and beans
	omato sauce, served with rice
	Casserole, with potatoes and veg in a red wine sauce
	ravy, with potatoes, peas and beans
	spiced tomato sauce with rice and vegetables
-	ast potatoes, gravy and veg
	n, with rice, peppers and pineapple
	e Hotpot, served with potatoes and mashed veg
	vy, with potatoes, veg and gravy
	getable Bake, with potaotes and veg in a tomato sauce
<u> </u>	isserole, with potato wedges and veg served in a spicy tomato sauc
Jacket Potato	
Section: Jacket potat	to filling
Baked beans	
Vegan cheese	
Tuna flakes	
Section: Sandwiche	es
Plain Chicken Sandwi	ch
Plain Ham Sandwich	
Tuna flakes Sandwich	
Section: Salads	
Chicken Salad	
Ham Salad	
Tuna flake Salad	
Bread roll with spread	
Section: Desserts	
Section: Desserts Fruit Pot	
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Fruit Pot	rt
Fruit Pot Strawberry fruit yoghu	rt
Fruit Pot Strawberry fruit yoghu Vanilla yoghurt	
Fruit Pot Strawberry fruit yoghu Vanilla yoghurt Fresh Fruit	ie
Fruit Pot Strawberry fruit yoghu Vanilla yoghurt Fresh Fruit Cold Bramley apple pi	ie nd orange pudding
Fruit Pot Strawberry fruit yoghur Vanilla yoghurt Fresh Fruit Cold Bramley apple pid Hot Chocolate chip and	de orange pudding ocolate tart

Custard

Cream (for the tart or fruit pot)

Section: Ex	tras
Custard	
Cream (for the	e tart or fruit pot)
	Cotiumdou
Castian: Ctar	Saturday
Section: Star	ters
Orange juice	ed pepper soup
TOTTALO ATA T	за реррег зоар
Section: Mair	n Choices
Roast Beef in	Gravy, with potatoes, carrots and beans
	ne in a tomato sauce, served with rice
Steak and Mu	shroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in	n Mint Gravy, with potatoes, peas and beans
	with a spiced tomato sauce with rice and vegetables
	, with roast potatoes, gravy and veg
	Chicken, with rice, peppers and pineapple
	& Thyme Hotpot, served with potatoes and mashed veg
	n in Gravy, with potatoes, veg and gravy
	nçale Vegetable Bake, with potaotes and veg in a tomato sauce
	Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Jacket Potato	
Castiana Isa	est matata filling
Baked beans	ket potato filling
Vegan cheese Tuna flakes	<del>;</del>
Turia lianes	
Section: Sa	ndwiches
Plain Chicken	Sandwich
Plain Ham Sa	indwich
Tuna flakes S	andwich
Section: Sa	
Chicken Salad	k
Ham Salad	
Tuna flake Sa	
Bread roll with	ı spread
Coeffee Da	
Section: De Fruit Pot	SSELLS
Strawberry fru	uit vogburt
Vanilla yoghu	
Fresh Fruit	· ·
Cold Bramley	apple pie
	e chip and orange pudding
Hot Chacalate	and chocolate tart
Cold Coconut	and passion fruit cheese cake
Cold Coconut Cold Orange	and passion fruit cheese cake (hot or cold)
Cold Coconut	

Sunday	
Section: Starters	
Orange juice	
Cauliflower and apple soup	
	_
Section: Main Choices	
Roast Beef in Gravy, with potatoes, carrots and beans	
Chilli Con Carne in a tomato sauce, served with rice	
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce	
Roast Lamb in Mint Gravy, with potatoes, peas and beans	
Lamb Tagine, with a spiced tomato sauce with rice and vegetables	
Pork in Gravy, with roast potatoes, gravy and veg	
Sweet & Sour Chicken, with rice, peppers and pineapple	
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg	
Roast Chicken in Gravy, with potatoes, veg and gravy	
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sau	JC
Jacket Potato	
	_
Section: Jacket potato filling	
Baked beans	
Vegan cheese	
Tuna flakes	
	_
Section: Sandwiches	
Plain Chicken Sandwich	
Plain Ham Sandwich	
Tuna flakes Sandwich	
Section: Salads	
Chicken Salad	
Ham Salad	
Tuna flake Salad	
Bread roll with spread	
Stead foil with Spread	
Section: Desserts	
Fruit Pot	
Strawberry fruit yoghurt	
Vanilla yoghurt	
Fresh Fruit	
Cold Bramley apple pie	
Hot Chocolate chip and orange pudding	
Cold Coconut and chocolate tart	
Cold Orange and passion fruit cheese cake	
Rice pudding (hot or cold)	
Section: Extras	
Custard	
Cream (for the tart or fruit pot)	
<u> </u>	