FOI.12477 - Attachment 16

<u>Milk free supper (week 1)</u>

Monday Section: Starters	
Orange juice	Orange juice
/egetable soup	Leek and potato soup
Section: Main Choices	
Roast Beef in Gravy, with potatoes, carrots and beans	Roast Beef in Gravy, with potatoe Chilli Con Carne in a tomato sau
chilli Con Carne in a tomato sauce, served with rice Iteak and Mushroom Casserole, with potatoes and veg in a red wine sauce	Steak and Mushroom Casserole,
oast Lamb in Mint Gravy, with potatoes, peas and beans	Roast Lamb in Mint Gravy, with p
amb Tagine, with a spiced tomato sauce with rice and vegetables	Lamb Tagine, with a spiced toma
ork in Gravy, with roast potatoes, gravy and veg weet & Sour Chicken, with rice, peppers and pineapple	Pork in Gravy, with roast potatoes Sweet & Sour Chicken, with rice,
nicken, Bacon & Thyme Hotpot, served with potatoes and mashed veg	Chicken, Bacon & Thyme Hotpot
bast Chicken in Gravy, with potatoes, veg and gravy	Roast Chicken in Gravy, with pot
egan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce egan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce	Vegan Provençale Vegetable Ba Vegan Spicy Bean Casserole, wi
ection: Jacket potato acket Potato	Section: Jacket potato Jacket Potato
ection: Jacket potato filling	Section: Jacket potato filling
iked beans	Baked beans
egan cheese Ina flakes	Vegan cheese Tuna flakes
Section: Sandwiches	Section: Sandwiches
ain Chicken Sandwich	Plain Chicken Sandwich
ain Ham Sandwich Ina flakes Sandwich	Plain Ham Sandwich Tuna flakes Sandwich
Section: Salads (Offer jacket potato)	Section: Salads (Offer jacket
hicken Salad am Salad	Chicken Salad Ham Salad
am Salad una flake Salad	Tuna flake Salad
read roll with spread	Bread roll with spread
Section: Desserts	Section: Desserts
Section: Desserts ruit Pot	Fruit Pot
hilled vanilla soya dessert	Chilled vanilla soya dessert
hilled chocolate soya dessert resh Fruit	Chilled chocolate soya dessert Fresh Fruit
ot Toffee sponge	Hot Toffee sponge
ot Ginger sponge	Hot Ginger sponge
ot Chocolate sponge	Hot Chocolate sponge
ot Lemon sponge ot Soya rice pudding	Hot Lemon sponge Hot Soya rice pudding
Section: Extras	Section: Extras Soya custard
bya cream (for the tart or fruit pot) Friday	Soya cream (for the tart or fruit po
ection: Starters	Section: Starters
ange juice	
mato and red pepper soup	Orange juice Carrot and coriander soup
mato and red pepper soup	Orange juice Carrot and coriander soup
ection: Main Choices	Carrot and coriander soup Section: Main Choices
ection: Main Choices bast Beef in Gravy, with potatoes, carrots and beans	Carrot and coriander soup Section: Main Choices Roast Beef in Gravy, with potatoe
ection: Main Choices bast Beef in Gravy, with potatoes, carrots and beans hilli Con Carne in a tomato sauce, served with rice	Carrot and coriander soup Section: Main Choices Roast Beef in Gravy, with potatoe Chilli Con Carne in a tomato sau
ection: Main Choices bast Beef in Gravy, with potatoes, carrots and beans hilli Con Carne in a tomato sauce, served with rice beak and Mushroom Casserole, with potatoes and veg in a red wine sauce bast Lamb in Mint Gravy, with potatoes, peas and beans	Carrot and coriander soup Section: Main Choices Roast Beef in Gravy, with potatoe Chilli Con Carne in a tomato sau Steak and Mushroom Casserole, Roast Lamb in Mint Gravy, with p
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ection: Main Choices bast Beef in Gravy, with potatoes, carrots and beans hilli Con Carne in a tomato sauce, served with rice leak and Mushroom Casserole, with potatoes and veg in a red wine sauce bast Lamb in Mint Gravy, with potatoes, peas and beans amb Tagine, with a spiced tomato sauce with rice and vegetables bork in Gravy, with roast potatoes, gravy and veg	Carrot and coriander soup Section: Main Choices Roast Beef in Gravy, with potatoe Chilli Con Carne in a tomato sau Steak and Mushroom Casserole, Roast Lamb in Mint Gravy, with p Lamb Tagine, with a spiced toma Pork in Gravy, with roast potatoe
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Section: Main C n Gravy, with potatoes, carrots and beans arne in a tomato sauce, served with rice shroom Casserole, with potatoes and v n Mint Gravy, with potatoes, peas and b , with a spiced tomato sauce with rice a , with roast potatoes, gravy and veg r Chicken, with rice, peppers and pineap con & Thyme Hotpot, served with potatoe ken in Gravy, with potatoes, veg and gravy ençale Vegetable Bake, with potaotes and y Bean Casserole, with potato wedges and ket potato ket potato filling n Sandwich andwich Sandwich alads (Offer jacket potato) alad h spread esserts a soya dessert olate soya dessert ponge sponge e sponge sponge e pudding tras (for the tart or fruit pot) Saturday ters oriander soup in Choices Gravy, with potatoes, carrots and beans arne in a tomato sauce, served with rice ushroom Casserole, with potatoes and ve in Mint Gravy, with potatoes, peas and b , with a spiced tomato sauce with rice a , with roast potatoes, gravy and veg r Chicken, with rice, peppers and pineap & Thyme Hotpot, served with potatoes en in Gravy, with potatoes, veg and gravy nçale Vegetable Bake, with potaotes and Bean Casserole, with potato wedges and ket potato

Section: Sta

Section: Jacket potato filling	
Baked beans	
Vegan cheese	
Tuna flakes	
Section: Sandwiches	
Plain Chicken Sandwich	
Plain Ham Sandwich	
Tuna flakes Sandwich	
Section: Salads (Offer jacket potato)	
Chicken Salad	
Ham Salad	
Tuna flake Salad	
Bread roll with spread	
Section: Desserts	
Fruit Pot	
Chilled vanilla soya dessert	
Chilled chocolate soya dessert	
Fresh Fruit	
Hot Toffee sponge	
Hot Ginger sponge	
Hot Chocolate sponge	
Hot Lemon sponge	
Hot Soya rice pudding	
Section: Extras	
Sova custard	

Soya custard Soya cream (for the tart or fruit pot)

Tuesday
ion: Starters
. Main Chaissa
n: Main Choices and beans
with rice
bes and veg in a red wine sauce eas and beans
vith rice and vegetables
d veg
nd pineapple th potatoes and mashed veg
and gravy
aotes and veg in a tomato sauce
edges and veg served in a spicy tomato sauce
Saturday
with rice
with rice bes and veg in a red wine sauce eas and beans
with rice bes and veg in a red wine sauce eas and beans vith rice and vegetables
with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg
with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg
with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy
with rice bes and veg in a red wine sauce eas and beans vith rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans vith rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans vith rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans vith rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans vith rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans vith rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans vith rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans vith rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans vith rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
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with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy taotes and veg in a tomato sauce
and beans with rice bes and veg in a red wine sauce beas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy taotes and veg in a tomato sauce redges and veg served in a spicy tomato sauce
with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy taotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce
with rice bes and veg in a red wine sauce eas and beans with rice and vegetables d veg nd pineapple potatoes and mashed veg and gravy aotes and veg in a tomato sauce

Wednesday	
Section: Starters	Section: Starters
Orange juice	Orange juice
Tomato and red pepper soup	Butternut squash s
Section: Main Choices	Section: Main Cho
Roast Beef in Gravy, with potatoes, carrots and beans	Roast Beef in Grav
Chilli Con Carne in a tomato sauce, served with rice	Chilli Con Carne in
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce	Steak and Mushroo
Roast Lamb in Mint Gravy, with potatoes, peas and beans	Roast Lamb in Min
Lamb Tagine, with a spiced tomato sauce with rice and vegetables	Lamb Tagine, with
Pork in Gravy, with roast potatoes, gravy and veg	Pork in Gravy, with
Sweet & Sour Chicken, with rice, peppers and pineapple	Sweet & Sour Chic
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg	Chick, Bacon & Th
Roast Chicken in Gravy, with potatoes, veg and gravy	Roast Chicken in G
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce	Vegan Provençale
vegan spicy bean casserole, with polato wedges and veg served in a spicy tomato sauce	Vegan Spicy Bean
Section: Jacket potato	Section: Jacket p
Jacket Potato	Jacket Potato
Section: Jacket potato filling	Section: Jacket p
Baked beans	Baked beans
Vegan cheese	Vegan cheese
Tuna flakes	Tuna flakes
Section: Sandwiches	Section: Sandwi
Plain Chicken Sandwich	Plain Chicken San
Plain Ham Sandwich	Plain Ham Sandwi
Tuna flakes Sandwich	Tuna flakes Sandw
Section: Salads (Offer jacket potato)	Section: Salads
Chicken Salad	Chicken Salad
Ham Salad	Ham Salad
Tuna flake Salad	Tuna flake Salad
Bread roll with spread	Bread roll with spre
·	
Section: Desserts	Section: Desser
Fruit Pot	Fruit Pot
Chilled vanilla soya dessert	Chilled vanilla soya
Chilled chocolate soya dessert	Chilled chocolate s
Fresh Fruit	Fresh Fruit
Hot Toffee sponge	Hot Toffee sponge
Hot Ginger sponge	Hot Ginger sponge Hot Chocolate spo
Hot Chocolate sponge Hot Lemon sponge	Hot Lemon sponge
Hot Soya rice pudding	Hot Soya rice pudd
Section: Extras	Section: Extras
Soya custard	Soya custard
Soya cream (for the tart or fruit pot)	Soya cream (for the
	-
Sunday	
Section: Starters	-
Orange juice Perspin and recompany source	-
Parsnip and rosemary soup	-
Section: Main Choices	
Roast Beef in Gravy, with potatoes, carrots and beans	1
Chilli Con Carne in a tomato sauce, served with rice	1
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce	1
Roast Lamb in Mint Gravy, with potatoes, peas and beans	1
Lamb Tagine, with a spiced tomato sauce with rice and vegetables	1
Pork in Gravy, with roast potatoes, gravy and veg	1
Sweet & Sour Chicken, with rice, peppers and pineapple]
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg]
Roast Chicken in Gravy, with potatoes, veg and gravy	

bleak and Mushroom basserole, with polatoes and veg in a red wine sadee
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Section: Jacket potato
Jacket Potato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Section: Salads (Offer jacket potato)
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread
Section: Desserts
Fruit Pot
Chilled vanilla soya dessert
Chilled chocolate soya dessert
Fresh Fruit
Hot Toffee sponge
Hot Ginger sponge
Hot Chocolate sponge
Hot Lemon sponge
Hot Soya rice pudding
Ocations Estad
Section: Extras
Soya custard

Soya cream (for the tart or fruit pot)

Thursday
ction: Starters
ange juice
ternut squash soup
ction: Main Choices
ast Beef in Gravy, with potatoes, carrots and beans
Ili Con Carne in a tomato sauce, served with rice
ak and Mushroom Casserole, with potatoes and veg in a red wine sauce
ast Lamb in Mint Gravy, with potatoes, peas and beans
nb Tagine, with a spiced tomato sauce with rice and vegetables
k in Gravy, with roast potatoes, gravy and veg
eet & Sour Chicken, with rice, peppers and pineapple
ck, Bacon & Thyme Hotpot, served with potatoes and mashed veg
ast Chicken in Gravy, with potatoes, veg and gravy
gan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
gan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
ction: Jacket potato
ket Potato
ation. Joskat natata filling
ction: Jacket potato filling
ked beans
gan cheese
na flakes
ection: Sandwiches
in Chicken Sandwich
in Ham Sandwich
ha flakes Sandwich
ection: Salads (Offer jacket potato)
cken Salad
m Salad
na flake Salad
ad roll with spread
ection: Desserts
it Pot
lled vanilla soya dessert
lled chocolate soya dessert
sh Fruit
t Toffee sponge
t Ginger sponge
t Chocolate sponge
t Lemon sponge
t Soya rice pudding
ection: Extras
/a custard
/a cream (for the tart or fruit pot)

<u>Milk free supper (week 2)</u>

Manday
Monday Section: Starters
Orange juice
Vegetable soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chicken, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Section: Jacket potato
Jacket Potato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Section: Salads (Offer jacket potato)
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread
Section: Desserts
Fruit Pot
Chilled vanilla soya dessert
Chilled chocolate soya dessert
Fresh Fruit
Hot Toffee sponge
Hot Ginger sponge
Hot Chocolate sponge
Hot Lemon sponge
Hot Soya rice pudding
Section: Extras
Soya custard
Soya cream (for the tart or fruit pot)
Friday
Section: Starters
Orange juice
Tomato soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Provençale Vegetable Bake, with potaoles and veg in a tomato sauce Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
regan opicy bean outbolide, with polate wedges and veg served in a spicy tomate sauce
Section: Jacket potato
Jacket Potato

Section: Jacket potato filling Baked beans Vegan cheese Tuna flakes Section: Sandwiches Plain Chicken Sandwich Plain Ham Sandwich Tuna flakes Sandwich Section: Salads (Offer jacket potato) Chicken Salad Ham Salad Tuna flake Salad Bread roll with spread Section: Desserts Fruit Pot Chilled vanilla soya dessert Chilled chocolate soya dessert Fresh Fruit Hot Toffee sponge Hot Ginger sponge Hot Chocolate sponge Hot Lemon sponge Hot Soya rice pudding Section: Extras Soya custard Soya cream (for the tart or fruit pot)

Tuesday Section: Starters	Wednesday Section: Starters	Section: Starters
ange juice	Orange juice	Orange juice
nato Soup	Cauliflower & Apple Soup	Vegetable Soup
Section: Main Choices	Section: Main Choices	Section: Main Cho
t Beef in Gravy, with potatoes, carrots and beans Con Carne in a tomato sauce, served with rice	Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice	Roast Beef in Gravy Chilli Con Carne in
and Mushroom Casserole, with potatoes and veg in a red wine sauce	Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce	Steak and Mushroom
st Lamb in Mint Gravy, with potatoes, peas and beans b Tagine, with a spiced tomato sauce with rice and vegetables	Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables	Roast Lamb in Mint Lamb Tagine, with a
k in Gravy, with roast potatoes, gravy and veg	Pork in Gravy, with roast potatoes, gravy and veg	Pork in Gravy, with
eet & Sour Chicken, with rice, peppers and pineapple	Sweet & Sour Chicken, with rice, peppers and pineapple	Sweet & Sour Chick
cken, Bacon & Thyme Hotpot, served with potatoes and mashed veg st Chicken in Gravy, with potatoes, veg and gravy	Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy	Chick, Bacon & Thy Roast Chicken in G
an Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Vegan Provençale V
an Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce	Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce	Vegan Spicy Bean (
tion: Jacket potato	Section: Jacket potato	Section: Jacket po
ket Potato	Jacket Potato	Jacket Potato
tion: Jacket potato filling	Section: Jacket potato filling	Section: Jacket po
ed beans an cheese	Baked beans Vegan cheese	Baked beans Vegan cheese
na flakes	Tuna flakes	Tuna flakes
ection: Sandwiches	Section: Sandwiches	Section: Sandwid
n Chicken Sandwich	Plain Chicken Sandwich	Plain Chicken Sand
n Ham Sandwich a flakes Sandwich	Plain Ham Sandwich Tuna flakes Sandwich	Plain Ham Sandwic Tuna flakes Sandwi
ction: Salads (Offer jacket potato) ken Salad	Section: Salads (Offer jacket potato) Chicken Salad	Section: Salads (Chicken Salad
n Salad	Ham Salad	Ham Salad
na flake Salad ad roll with spread	Tuna flake Salad Bread roll with spread	Tuna flake Salad Bread roll with sprea
ection: Desserts uit Pot	Section: Desserts Fruit Pot	Section: Desserts
nilled vanilla soya dessert	Chilled vanilla soya dessert	Chilled vanilla soya
nilled chocolate soya dessert esh Fruit	Chilled chocolate soya dessert Fresh Fruit	Chilled chocolate so Fresh Fruit
ot Toffee sponge	Hot Toffee sponge	Hot Toffee sponge
t Ginger sponge	Hot Ginger sponge	Hot Ginger sponge
t Chocolate sponge t Lemon sponge	Hot Chocolate sponge Hot Lemon sponge	Hot Chocolate spon Hot Lemon sponge
Soya rice pudding	Hot Soya rice pudding	Hot Soya rice puddi
ection: Extras	Section: Extras	Section: Extras
/a custard	Soya custard	Soya custard
ya cream (for the tart or fruit pot)	Soya cream (for the tart or fruit pot)	Soya cream (for the
		1
Saturday ection: Starters	Sunday Section: Starters	
ange juice	Orange juice	
mato and red pepper soup	Cauliflower and apple soup	-
ection: Main Choices	Section: Main Choices	1
ast Beef in Gravy, with potatoes, carrots and beans illi Con Carne in a tomato sauce, served with rice	Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice	4
ak and Mushroom Casserole, with potatoes and veg in a red wine sauce	Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce	1
ast Lamb in Mint Gravy, with potatoes, peas and beans	Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables	-
mn Ladine with a spiced tomato sauce with rice and vegotables	The second reasons as some constant same with the and vehicles	1
rk in Gravy, with roast potatoes, gravy and veg	Pork in Gravy, with roast potatoes, gravy and veg	4
rk in Gravy, with roast potatoes, gravy and veg veet & Sour Chicken, with rice, peppers and pineapple	Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple	
rk in Gravy, with roast potatoes, gravy and veg veet & Sour Chicken, with rice, peppers and pineapple nick, Bacon & Thyme Hotpot, served with potatoes and mashed veg	Pork in Gravy, with roast potatoes, gravy and veg	
rk in Gravy, with roast potatoes, gravy and veg eet & Sour Chicken, with rice, peppers and pineapple ick, Bacon & Thyme Hotpot, served with potatoes and mashed veg ast Chicken in Gravy, with potatoes, veg and gravy gan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Pork in Gravy, with roast potatoes, gravy and vegSweet & Sour Chicken, with rice, peppers and pineappleChick, Bacon & Thyme Hotpot, served with potatoes and mashed vegRoast Chicken in Gravy, with potatoes, veg and gravyVegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	
rk in Gravy, with roast potatoes, gravy and veg eet & Sour Chicken, with rice, peppers and pineapple ick, Bacon & Thyme Hotpot, served with potatoes and mashed veg ast Chicken in Gravy, with potatoes, veg and gravy gan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy	
k in Gravy, with roast potatoes, gravy and veg eet & Sour Chicken, with rice, peppers and pineapple ck, Bacon & Thyme Hotpot, served with potatoes and mashed veg ast Chicken in Gravy, with potatoes, veg and gravy gan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce gan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce ction: Jacket potato	Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce Section: Jacket potato	
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rk in Gravy, with roast potatoes, gravy and veg reet & Sour Chicken, with rice, peppers and pineapple ick, Bacon & Thyme Hotpot, served with potatoes and mashed veg ast Chicken in Gravy, with potatoes, veg and gravy gan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce gan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce ction: Jacket potato cket Potato ction: Jacket potato filling ked beans gan cheese na flakes ection: Sandwiches ain Chicken Sandwich na flakes Sandwich na flakes Sandwich na flakes Sandwich na flakes Sandwich na flakes Sandwich na flakes Sandwich	Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce Section: Jacket potato Jacket Potato Baked beans Vegan cheese Tuna flakes Plain Chicken Sandwich Plain Ham Sandwich Tuna flakes Sandwich	
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k in Gravy, with roast potatoes, gravy and veg eet & Sour Chicken, with rice, peppers and pineapple ck, Bacon & Thyme Hotpot, served with potatoes and mashed veg ast Chicken in Gravy, with potatoes, veg and gravy gan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce gan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce ction: Jacket potato ket Potato ction: Jacket potato filling ted beans gan cheese ha flakes cetton: Sandwiches in Chicken Sandwich in Ham Sandwich ha flakes Sandwich ection: Salads (Offer jacket potato) cken Salad in Salad ha flake Salad	Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce Section: Jacket potato Jacket Potato Section: Jacket potato filling Baked beans Vegan cheese Tuna flakes Plain Chicken Sandwich Plain Ham Sandwich Tuna flakes Sandwich Plain Afakes Sandwich Mathematical Method Chicken Salads (Offer jacket potato) Chicken Salad Ham Salad	
rk in Gravy, with roast potatoes, gravy and veg veet & Sour Chicken, with rice, peppers and pineapple ick, Bacon & Thyme Hotpot, served with potatoes and mashed veg aast Chicken in Gravy, with potatoes, veg and gravy gan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce gan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce ction: Jacket potato ction: Jacket potato ction: Jacket potato filling ked beans gan cheese na flakes ection: Sandwiches ain Chicken Sandwich ain Ham Sandwich na flakes Sandwich rection: Salads (Offer jacket potato) icken Salad m Salad na flake Salad ead roll with spread	Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce Section: Jacket potato Jacket Potato Baked beans Vegan cheese Tuna flakes Section: Sandwiches Plain Chicken Sandwich Plain Ham Sandwich Plain Ham Sandwich Man flakes Salad Keat offer jacket potato) Chicken Salad Ham Salad Section: Sandwich	
rk in Gravy, with roast potatoes, gravy and veg eet & Sour Chicken, with rice, peppers and pineapple ick, Bacon & Thyme Hotpot, served with potatoes and mashed veg ast Chicken in Gravy, with potatoes, veg and gravy gan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce gan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce ction: Jacket potato exter Potato ction: Jacket potato filling ked beans gan cheese na flakes ection: Sandwiches in Chicken Sandwich in Ham Sandwich na flakes Sandwich ection: Salads (Offer jacket potato) icken Salad ma flake Salad ead roll with spread ection: Desserts if Pot	Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatos and veg in a tomato sauce Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce Section: Jacket potato Jacket Potato Baked beans Vegan cheese Tuna flakes Section: Sandwiches Plain Chicken Sandwich Plain Ham Sandwich Tuna flakes Sandwich Section: Salads (Offer jacket potato) Chicken Salad Ham Salad Tuna flake Salad Bread roll with spread	
k in Gravy, with roast potatoes, gravy and veg set & Sour Chicken, with rice, peppers and pineapple ck, Bacon & Thyme Hotpot, served with potatoes and mashed veg st Chicken in Gravy, with potatoes, veg and gravy an Provençale Vegetable Bake, with potaotes and veg in a tomato sauce an Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce tion: Jacket potato tion: Jacket potato tion: Jacket potato filling ed beans an cheese a flakes ction: Sandwiches n Chicken Sandwich n Ham Sandwich a flakes Sandwich ction: Salads (Offer jacket potato) cken Salad a flake Sa	Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce Vegan Spicy Bean Casserole, with potatoes and veg in a tomato sauce Section: Jacket potato Jacket Potato Section: Jacket potato filling Baked beans Vegan cheese Tuna flakes Plain Chicken Sandwich Plain Ham Sandwich Plain Ham Sandwich Chicken Salads (Offer jacket potato) Chicken Salad Great roll with spread Section: Desserts Fruit Pot Chilled vanilla soya dessert	
k in Gravy, with roast potatoes, gravy and veg et & Sour Chicken, with rice, peppers and pineapple k, Bacon & Thyme Hotpot, served with potatoes and mashed veg st Chicken in Gravy, with potatoes, veg and gravy an Provençale Vegetable Bake, with potaotes and veg in a tomato sauce an Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce tion: Jacket potato tion: Jacket potato tion: Jacket potato filling ed beans an cheese a flakes ction: Sandwiches n Chicken Sandwich n Ham Sandwich a flakes Sandwich ction: Salads (Offer jacket potato) eken Salad a flake Salad ad roll with spread ction: Desserts t Pot led vanilla soya dessert th Fruit	Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce Vegan Spicy Bean Casserole, with potatoes and veg served in a spicy tomato sauce Section: Jacket potato Jacket Potato Baked beans Vegan cheese Tuna flakes Section: Sandwiches Plain Chicken Sandwich Plain Ham Sandwich Tuna flakes Sandwich Section: Salads (Offer jacket potato) Chicken Salad Mam Salad Tuna flake Salad Bread roll with spread Section: Desserts Fruit Pot Chilled vanilla soya dessert Chilled vanilla soya dessert Fruit Pot Chilled vanilla soya dessert	
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Thursday
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Choices
ravy, with potatoes, carrots and beans
in a tomato sauce, served with rice
room Casserole, with potatoes and veg in a red wine sauce
Int Gravy, with potatoes, peas and beans th a spiced tomato sauce with rice and vegetables
ith roast potatoes, gravy and veg
nicken, with rice, peppers and pineapple
Thyme Hotpot, served with potatoes and mashed veg
n Gravy, with potatoes, veg and gravy
le Vegetable Bake, with potaotes and veg in a tomato sauce
an Casserole, with potato wedges and veg served in a spicy tomato sauce
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