

FOI.12477 - Attachment 18

Lunch menu - Level 4, 5 & 6 dietary requirement

Level 4
Section: Starters
Orange Juice
Carrot & Coriander Soup
Section: Main Choices
Roast Beef, Carrot, Cauliflower Mustard Mash Yorkshire Pud
Chicken Casserole, Swede, Peas, Parsnips, Mashed Potato
Fish in Lemon & Parsley Sauce Green Beans, Carrots, Mashed Potato
Macaroni Cheese, Carrots Green Beans, Mashed Potato
Vegetable Tikka in Masala Sce Peas, Cauliflower, Mashed Potato
Section: Desserts
Lemon Sponge & Custard
Syrup Sponge & Custard
Chocolate Custard Pot
Yoghurt
Pureed Fruit Pot
Pureed Fruit Pot & Yoghurt

Level 5
Section: Starters
Orange Juice
Butternut Squash Soup
Section: Main Choices
Roast Beef, Cauliflower Cheese Mustard Mash
Roast Chicken, Stuffing, Swede Mashed Potato
Fish, Cheese Sauce, Mushy Peas, Mashed Potato
Macaroni Cheese, Lentils/Carrots Mashed Potato
Lentil Bolognaise, Carrot/Swede Mashed Potato
Section: Desserts
Pureed Lemon Sponge & Custard
Pureed Syrup Sponge & Custard
Yoghurt
Pureed Fruit Pot
Chocolate Custard Pot
Mashed Banana
Pureed Fruit Pot & Yoghurt

Level 6
Section: Starters
Orange Juice
Butternut Squash Soup
Section: Main Choices
Roast Beef, Cauliflower Cheese Mustard Mash
Chicken Stuffing, Swede Mustard Mash
Fish Cheese Sauce, Mushy Peas, Mashed Potato
Macaroni Cheese Carrot/Swede Mustard Mash
Lentil Bolognaise Carrot/Swede Cheesy Potato
Section: Desserts
Jam Sponge & Custard
Rice Pudding
Yoghurt
Pureed Fruit Pot & Yoghurt
Chocolate Custard Pot
Pureed Fruit Pot
Banana

Supper menu - Level 4, 5 & 6 dietary requirement

Level 4
Section: Starters
Orange Juice
Vegetable Soup
Section: Main Choices
Tuna Bake, White Sauce Peas, Carrots Mashed Potato
Roast Chicken, Stuffing, Carrots Broccoli, Mashed Potato
Minted Lamb, Peas Swede/Parsnip Mashed Potato
Vegetable Lasagne, Cheese Sce, Peas, Carrot, Mashed Potato
Bean & Vegetable Casserole Tomato Sauce Swede/Parsnip, Broccoli, Mashed Potato
Section: Desserts
Rice Pudding
Chocolate Sponge & Custard
Yoghurt
Pureed Fruit Pot
Pureed Fruit Pot & Custard Pot

Level 5
Section: Starters
Orange Juice
Vegetable Soup
Section: Main Choices
Tuna Bake, Mushy Peas Mashed Potato
Chicken Casserole, Carrots Mashed Potato
Roast Lamb, Mint, Swede, Mashed Potato
Vegetable Tikka Masala Lentil Daal, Ground Rice
Vegetable Lasagne, Carrots, Mashed Potato
Section: Desserts
Pureed Rice Pudding
Pureed Chocolate Sponge & Custard
Yoghurt
Pureed Fruit Pot
Mashed Banana
Pureed Fruit Pot & Custard Pot

Level 6
Section: Starters
Orange Juice
Vegetable Soup
Section: Main Choices
Tuna Bake, Carrots and Cheesy Potatoes
Chicken Casserole, Carrots Mustard Mash
Roast Lamb, Mint, Swede, Mashed Potato
Vegetable Tikka Masala Bombay Potatoes Lentil Daal
Vegetable Lasagne, Carrots, Mashed Potato
Section: Desserts
Chocolate Sponge & Custard
Rice Pudding
Yoghurt
Pureed Fruit Pot
Banana
Pureed Fruit Pot & Custard Pot