

Post-Diagnostic Appointment

After your diagnostic assessment a clinician will meet with you and talk about:

- What has changed for you in a practical way after your assessment
- How it has made you feel
- How satisfied you feel about the process
- What have you learned from the process?
- How your assessment will be used
- Whether information about your assessment can or should be shared with others

We will provide you with a copy of your report and we will make recommendations.

We may also signpost you to other organisations/agencies that might be of benefit to you.

After that, you will be discharged from the diagnostic service.

More Information

Tell us how you feel about your experience with the Integrated Autism Service by contacting Hywel Dda Patient Support:

Telephone:
0300 0200 159

Email:
hdhb.patientsupportservices@wales.nhs.uk

West Wales IAS



by telephone on
01267 283070 or 283061



by email to
westwalesias.hdd@wales.nhs.uk



or write to us at

WWIAS
Ty Gwili
Bronwydd Road
Carmarthen
Carmarthenshire
SA31 2AJ



West Wales Integrated Autism Service

Autism Diagnostic Assessments explained

Information for Patients



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Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board

This leaflet aims to explain what happens after we receive your referral for diagnostic assessment.

Before your first Appointment

Once you have been accepted onto our waiting list, you will receive an acceptance letter, this leaflet and some useful resources.

When you come to the top of our waiting list we will send you **two** questionnaires to gather further information.

1. One is **for you to complete** about your current and past experiences.
2. The other questionnaire is for **someone who knows you well to complete** e.g., a parent, sibling or spouse. (If you do not want to involve someone else, this is not essential for the assessment. The assessment can still be completed without this.)

At your first Appointment

Before your assessment a specialist practitioner will make contact with you and talk about:

- The reasons why you want to have a diagnosis
- What problems you are having
- Why you think a diagnosis will make a difference
- What the pros and cons are of having a diagnosis
- What assessments you have already had
- What support you will need to help you through the process

The practitioner will also answer any questions you have about your assessment.

If you want, a family member, friend, carer, partner or advocate can come with you to give you support.

Diagnostic Clinic

The Clinician will see you to carry out the diagnostic assessment. Other professional people will be consulted as part of your assessment who are specialists in their areas.

At the beginning of the assessment, we will explain:

- The purpose of the assessment
- What will happen during the assessment, and what is expected from you
- How long the assessment will take
- When you will have feedback from the assessment
- You will be asked about how you would like the feedback, in writing, verbally or in another way
- You can ask for a family member, friend, carer, partner or advocate to be involved to help you understand the results

We will send information about your assessment to you and your GP.