



Adult Continence & Urology Formulary 2022/23



Hywel Dda Cobweb prescription service 0800 804 8787

Bladder & Bowel/urology Advisory Services

Pembrokeshire 01646 624644	Carmarthenshire 01554 899039
Ceredigion 01970 635962	Urology Specialist Nurses 01267 227654

Continence & Urology Formulary

This formulary is a guide for all healthcare professionals that prescribe or request prescriptions for patients that require continence and urology appliances due to either bladder or bowel dysfunction.

The intention is that this formulary must be used for all new patients and for current patients when a re-assessment of their needs is completed.

The formulary will be reviewed on an annual basis and at this point any amendments or additions will be considered. Please note that irrigation devices for stoma must be prescribed by the GP with specialist input from the colorectal nurses rather than Cobweb.

The term “specialist” in this formulary refers to Bladder and Bowel Specialist Nurses, Urology Specialist Nurses and Urologists. Items with restricted red writing should only be prescribed if recommended by specialists. Furthermore, specialists may order specific products for people that are not included in the formulary.

The information contained within this formulary is intended for use by healthcare professionals within Hywel Dda University Health Board. We have made every effort to check that the information is correct at the time of publication. Hywel Dda University Health Board does not accept any responsibility for loss or damage caused by reliance on this information.

All prices taken from the Drug Tariff – Part IXA & IXB July 2022

CONTENTS

	Page
Urinary indwelling catheters & Catheter Accessories	4-10
Silicone catheters	4-5
Hydrogel Catheters	5
PTFE Catheters	5
Lubricant gels	6
Urinary catheter valves	7
Catheter restraining straps	7
Catheter maintenance solutions	7
Drainage Bags	8-10
Leg bag holders	8
Urinary catheter drainage bags	8
Urinary catheter bed bags (single use)	9
Drainable 2-3 Litre night bags	9
Belly bags/ miscellaneous catheter supplies	9
28 day catheter supply kits	10
ISC/Dilators	11-12
Intermittent urinary catheters	11
Dilators	12
Urinary Sheaths	12
Contiform	13
Anal plugs/faecal collectors	13
Beambridge appliances	13
Anal irrigation for bowels	14

Urinary Indwelling Catheters

- All patients with an indwelling urinary catheter should be reassessed at each catheter change to see if they are suitable for a trial without catheter (TWOC).
- Choice of catheter product depends on: assessment, patient choice and local guidelines (see HDUHB policy 396 on intranet).
- Where possible the smallest size catheter that provides adequate draining should be used to avoid bypassing.
- Only catheters that have a balloon filled with 10mls of sterile water should be used, unless stipulated by specialist.
- Male/standard length urinary catheters **MUST** always be used for men.
- Female length urinary catheters are suitable for ambulant female patients, but not usually for obese, bed or chair bound female patients.
- Patients with suprapubic urinary catheters should be re-catheterised with male/standard length catheters, unless otherwise specified by a specialist

All urinary catheters should be:

- **Prescribed in single units with a suitable lubricant**
- **Prescribe 2 initially and 1 on repeat (unless problems with catheter)**

The following urinary catheters are suitable for both urethral and suprapubic catheterisation.

Long term catheters (up to 12 weeks)

Silicone Male / Standard length – (add size to end of order code)

	Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
1 st choice	DA3101	Rusch Brilliant Aquaflate	12-16	■
2 nd choice	AA8A	Coloplast Folsil Xtra Silicone	#12-16	■
<i># prefilled syringe for balloon inflation & extra syringe for balloon deflation</i>				

Silicone female length (add size to end of order code)

	Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
1 st choice	DA2101	Rusch Brilliant Aquaflate	12-16	■
2 nd choice	AA8B	Coloplast Folsil Xtra Silicone	#12-16	■
<i># prefilled syringe for balloon inflation & extra syringe for balloon deflation</i>				

Open ended silicone (add size to end of order code).

This catheter is suitable for both urethral and suprapubic use and may be a useful alternative for patients who have repetitive bypassing and blocking problems.

Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
AA8C	Coloplast Folsil X-tra silicone open ended catheter with pre-filled syringe Standard length only (long term catheter 12 weeks)	12-18	■
PTF(size)M10E	Proslys all-silicone open-ended catheter	12-18	■

Hydrogel Coated Male / Standard length (add size to end of order code)

	Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
1 st choice	D2264	Bard Aquamatic Biocath	12-16	■
<i>Pre filled with sterile water</i>				
2 nd choice	D2265	Bard Biocath Hydrogel Coated	12-16	■
<i>Does not come with sterile water and syringe</i>				

*If Bard not available then GB silicone catheter as second line, however Rusch hydrogel catheters may be prescribed for patients who are reporting pain, discomfort, urethritis or skin irritation, however this must be decided by individual prescribing nurse.

Hydrogel Coated Female length (add size to end of order code)

	Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
1 st choice	D2269	Bard Biocath Hydrogel Coated	12-16	■
<i>Sterile water filled syringe & empty syringe</i>				
2 nd choice	D2268	Bard Aquamatic Biocath	12-16	■
<i>Pre filled with sterile water</i>				

*If Bard not available then GB silicone catheter as second line, however Rusch hydrogel catheters may be prescribed for patients who are reporting pain, discomfort, urethritis or skin irritation, however this must be decided by individual prescribing nurse.

Short term catheter (PTFE) 28 days: Polytetrafluoroethylene PTFE coated Latex

	Order Code	Product	Gauge/Ch. Size	Drug Tariff Price
Male	DP310112 - 18	Rusch PTFE Aquaflate	12-18	■
Female	DP210112 - 18	Rusch PTFE Aquaflate	12-18	■
<i>Sterile water filled syringe & empty syringe</i>				

Lubricant gels for urinary catheterisation

The following lubricants are provided in disposable syringes and sachets with/without local anaesthetic for instillation into the urethra prior to catheterisation, which can help reduce injury to the urethral lining and subsequent risk of possible urethral damage.

Lubricants with anaesthetic should be used for both male and female **urethral** catheterisations.

Prior to use any allergies, sensitivities or contra indications must be checked with the patient.

Lubricant with anaesthetic (1st Choice)**Prescribe 1 with each catheter**

Order Code	Product	Pack Size	Drug Tariff Price
HYD-006	Hydro-Caine Gel 6ml Syringe	1	■
HYD-011	Hydro-Caine Gel 11ml syringe	1	■

Lubricant only *

Order Code	Product	Pack Size	Drug Tariff Price
CJM08501	Cathejell Mono 8.5g	1	■
CJM12501	Cathejell Mono 12.5g	1	■

*If patient has ever had an unusual or allergic reaction to any of the ingredients in hydro Caine, to another lidocaine or other medicine ending in "caine", or to chlorhexidine or chlorhexidine-containing medicines or chlorhexidine-coated catheters. If patient has heart, liver or kidney problems, or malignant hyperthermia (a hereditary condition), is pregnant or breastfeeding, is epileptic or in severe shock.

Catheter accessories

Catheter Valves

Prescribe 5 as single units every 4 weeks

Prior to a catheter valve being fitted the healthcare professional must consider the following points:

- Has the cognitive awareness to remember to empty their bladder regularly.
- Has the dexterity to use the valve.
- Has an adequate bladder capacity.
- If patient has had surgery recently consultant agreement must be sought
- Catheter valves must be changed weekly.

Order Code	Product	Pack Size	Drug Tariff Price
CF1	Linc Medical Care-Flo Catheter Valve	5	████
PCV3942	CliniSupplies ProSys Catheter Valve	5	████
00-0060	Flexicare EZflo *	5	████

*For patients with silicone catheters if patient complains of valve leaking

Catheter tube restraining straps Prescribe 5 as single units every 4 months

Restraining straps must be worn by all patients that have a urinary catheter and use a leg bag or are bedbound and use a bed bag. This ensures that any traction from the catheter bag is absorbed by the strap. A restraining strap can also help prevent meatal damage. These products are washable and can be reused.

Order Code	Product	Pack Size	Drug Tariff Price
PCS50	ProSys Catheter Retaining Strap	5	████
10644A	Great Bear Fix It Strap Adult	5	████

Abdominal catheter tube restraining straps for suprapubic catheters

Order Code	Product	Pack Size	Drug Tariff Price
AB3405	Bard Comfasure (Abdominal strap 90cm)	5	████
10645B	Great Bear Fix It Strap (Abdominal 80cm)	5	████

Some people may prefer to use an adhesive fixation device (monitor skin integrity)

Order Code	Product	Pack Size	Drug Tariff Price
3004	Ugo Fix Gentle Catheter Clip	5	████
FOL0102DT	Bard Statlock	5	████

Catheter maintenance solutions

as per prescribed regime

These should **only** be used once a clear urinary catheter history is documented and a care plan has been initiated for that named patient. Once it has been established that the patient may benefit from the **planned** use of a catheter maintenance solution to extend the life of urinary catheter as per treatment plan. **Research now suggests that only one instillation of (50mls) is necessary, rather than two successive instillations.**

Order Code	Product	Pack Size	Drug Tariff Price
CSS50	Bard Optiflo S 0.9% Saline 50ml, Yellow	1	████
FB99849	B-Braun Uro-Tainer NaCl 0.9% 50ml	1	████
CSG50	Optiflo G 3.23% Citric acid 50mls, Pink	1	████
9746609	B Braun Catheter Maintenance Solution Twin Suby G 2 x 30ml sachets	1	████
CSR50	Optiflo R 6.0% Citric acid 50ml, Green	1	████

Leg bag holders**Prescribe 4 as single units every 4 months**

These are designed to hold the urinary catheter leg bag, thus reducing the 'pull' on the bladder neck and reducing urethral trauma. The sleeve can be worn on the thigh or on the calf but the area needs to be measured to ensure the right size sleeve is ordered.

Order Code	Product	Pack Size	Drug Tariff Price
Optimum Ugo Fix Sleeve Leg Bag Holder			
3005	Small 24-39 cm	4	████
3006	Medium 36-55cm	4	████
3007	Large 40-70cm	4	████
Bard Urisleeve Leg Bag Holder XL			
150141	Extra Large 65-95cm	4	████
2nd choice			
PLS3881	ProSys Leg Bag Sleeve Small 24-40cm	4	████
PLS3904	ProSys Leg Bag Sleeve Medium 36-50cm	4	████
PLS3928	ProSys Leg Bag Sleeve large 40-65cm	4	████

Urinary catheter drainage bags**Prescribe 10 bags (alternate months)****Leg bags 350/500ml Alternative sizes e.g. 750ml, 1000ml specialist only**

Bags may be worn either on the thigh or the calf and this will determine the length of the inlet tube. There are also different types of outlet taps and this must be a consideration if the patient is self-caring. Urinary catheter leg bags should be changed every 5-7 days. Changing the bag more frequently is not normally necessary and could put the patient at increased risk of infection by breaking the closed system.

Lever action tap (sterile)

Order Code	Product	Pack Size	Drug Tariff Price
P500S-LT	ProSys 500ml short tube	#10	████
P500L-LT	ProSys 500ML long Tube	#10	████
DSL500L	Spirit Leg Bag 500ml 30cm inlet tube	#10	████
DSL500S	Spirit Leg Bag 500ml 10cm inlet tube	#10	████
5C/350/DI/L	Ugo 5C 350ml direct inlet	*10	████
6C/350/ST/L	Ugo 6C 350ml short tube	*10	████
# Sterile leg bag with 1 pair of non-latex gloves & Velcro strap * Sterile leg bag with pair of Velcro strap			

Conveen Active is a small thigh bag that is useful for ambulatory sheath use only.

Order code	Product	Pack size	Drug Tariff Price
25501	250ml Conveen Active 7cm tubing	10	████

Urinary catheter bed bags/night bags

Single Use 2/3 litre bags (non-sterile)

Prescribe 3 packs per month

At night single-use 2 litre bags should be attached to the bottom of the leg bag rather than drainable bags. Single use bags do not have any cost implications, compared to drainable 2 litre bags and are recommended by infection control for use by all patients that have indwelling urinary catheters.

Order Code	Product	Pack Size	Drug Tariff Price
PSU2	ProSys Non Sterile Night Bag 2L	10	████
LM2LS	LINC Medical Sterile 2litre Night Drainage Bag, 100cm inlet tube, non-return valve with twist off tube outlet	10	████
10330Y	GB5 3 litre night bag with 120cm tube, single use T-Tap and safety clip	10	████

Drainable 2 litre catheter bags (sterile)

Prescribe 10 bags every 8 weeks

Drainable 2 litre catheter bags would be prescribed for patients that are solely cared for in bed and do not use a leg bag. They **MUST** be changed every 5-7 days.

Order Code	Product	Pack Size	Drug Tariff Price
00-1201	Flexicare Medical Ltd, F4L Night Drainage Bag, 2 Litre	10	████

Belly bags

Prescribe 3 every 12 weeks

These are positioned on the abdomen. Urine drains into the bag by means of residual bladder pressure. Bag capacity is 1 litre and should be changed every 28 days.

Order Code	Product	Pack Size	Drug Tariff Price
B1000	Rusch Belly Bag 1000ml (short outlet tube)	1	████
B1000CT	Rusch Belly Bag (with extra-long (60cm) outlet tube useful for wheelchair users)	1	████

Miscellaneous items

Prescribe as single items

Order code	Product	Pack size	Drug Tariff Price
15LS	Bard Leg Bag Straps Latex (washable)	5	████
CS5S	Clinisure Leg Bag Straps (elasticated washable silicon grip backing)	5 (pairs)	████
62042	Coloplast Sheath Prep wipes	54	████
OPN50	Remove Adhesive Remover Spray	50ml	████

Optimum Ugo medical – 4 week catheter kits (28 day supply)

These are a cost effective option to consider if a TWOC is imminent (equivalent would be [REDACTED])

Order code	Product	Pack size	Drug Tariff Price
3014	1C (contains 28 Ugo 10 night drainage bags, 4 Ugo leg bags, 4 Ugo leg bag straps, 4 Ugo fix gentle catheter clips & 1 Ugo hanger) 500ml Short Tube, Lever Tap (1 Night bags (Disposable))	1	[REDACTED]
3015	2C (contains 28 Ugo 10 night drainage bags, 4 Ugo leg bags, 4 Ugo leg bag straps, 4 Ugo fix gentle catheter clips & 1 Ugo hanger) 500ml Long Tube, Lever Tap (1 Night bags (Disposable))	1	[REDACTED]
3016	3C (contains 28 Ugo 10 night drainage bags, 4 Ugo leg bags, 4 Ugo leg bag straps, 4 Ugo fix gentle catheter clips & 1 Ugo hanger) 500ml Short Tube, T-Tap (1 Night bags (Disposable))	1	[REDACTED]
3017	4C (contains 28 Ugo 10 night drainage bags, 4 Ugo leg bags, 4 Ugo leg bag straps, 4 Ugo fix gentle catheter clips & 1 Ugo hanger) 500ml Long Tube, T-Tap (1 Night bags (Disposable))	1	[REDACTED]

Intermittent Urinary Catheters

There are a variety of intermittent catheters and therefore each patient needs to be assessed individually so that the correct catheter is prescribed to meet their needs.

Intermittent Self-Catheterisation Male

Order code	Product	Pack size	Drug Tariff Price
1st choice – monitor stock availability – try all DACS			
W2TAM 12/14/16	WyCath H2O Hydro Catheter (tapered tip)	30	██████
W2SM 12/14/16	WyCath H2O Hydrophilic Catheter (Soft Tip)	30	██████
2nd choice			
PSCM10-PSCM18	Prosys Sensacath Clinisupplies	30	██████
28410-28418	Coloplast Speedicath	30	██████
73810G – 73820G	BARD Hydrosil Go	30	██████
4431225/4431425/4431625	Wellspect Lofric Origo (CH10-18)	30	██████
630010-630016	Teleflex Liquick Base Catheter ISC	60	██████

Intermittent Self-Catheterisation Female

Order code	Product	Pack size	Drug Tariff Price
88081-88141	Hollister Infyna (17cm)	30	██████
28580/82/84	Coloplast Speedicath Compact (10-14Ch)	30	██████
7010-12	Hollister Infyna chic (10-12Ch)	30	██████

Intermittent Self-Catheterisation with Bag (male and female)

Order code	Product	Pack size	Drug Tariff Price
420(12/14/16)253	Wellspect LoFric Hydro Kit (non PVC) (male)	30	██████
423(10/12/14)253	Wellspect Healthcare Lofric Hydro-Kit (female)	30	██████
28422	Speedicath Compact set 12/18Ch (male)	20	██████
28520/22/24	Speedicath Compact Set 10-14Ch (female)	20	██████
86081-86141	Hollister Infyna Plus (female)	30	██████
Comparison product - Hollister VaPro Plus 9750p			

Intermittent Self-Catheterisation Tiemann tip (MALE)

Order code	Product	Pack Size	Drug Tariff Price
851143-14	Teleflex Rusch Flocath Hydrogel Tiemann Tip 14Ch	30	██████

Male Dilator (add size to end of code)***UROLOGY ONLY**

Order code	Product	Pack Size	Drug Tariff Price
USMD	Peak Ultra Smooth Meatal Dilator	25	████
WCM (08-18)	WyCath Hydrophilic Meatal Dilator, Standard tip	30	████
WMT (08-18)	WyCath Hydrophilic Meatal Dilator Tapered tip	30	████

Urinary sheaths & Continence appliances**Sheaths****Prescribe 30 single items every 28 days**

Sheaths are a useful alternative to managing urinary incontinence for men. However, it is essential that the sheaths are accurately sized and the appropriate drainage system is prescribed. It is recommended that sheaths are changed every 24 hours to relieve pressure and to allow for personal hygiene.

GB Libra Sheath (latex Free) self-adhesive sheath

Order Code	Product	Size	Pack Size	Drug Tariff Price
GBLSS24	Standard length	24mm	30	████
GBLSS28		28mm	30	████
GBLSS31		31mm	30	████
GBLSS33		33mm	30	████
GBLSS35		35mm	30	████
GBLSS40		40mm	30	████
GBLSP24	Pop On	24mm	30	████
GBLSP28		28mm	30	████
GBLSP31		31mm	30	████
GBLSP33		33mm	30	████
GBLSP35		35mm	30	████
GBLSP40		40mm	30	████
GBLSW24	Wideband	24mm	30	████
GBLSW28		28mm	30	████
GBLSW31		31mm	30	████
GBLSW33		33mm	30	████
GBLSW35		35mm	30	████
GBLSW40		40mm	30	████

Conveen Optima (latex free) self-adhesive sheath

Order Code	Product	Size	Pack Size	Drug Tariff Price
22025	Standard Length	25mm	30	████
22028		28mm	30	████
22030		30mm	30	████
22035		35mm	30	████
22040		40mm	30	████
22121	Shorter Length	21mm	30	████
22125		25mm	30	████
22130		30mm	30	████
22135		35mm	30	████

Contiform Insert device for female stress incontinence

The Contiform pessary helps women suffering stress incontinence by stopping urine leakage. When inserted into the vagina in a similar way to a tampon, Contiform supports the urethra, restoring the body's natural anatomy and stopping the urine from leaking. Each unit should last up to 30 days, or longer if not used daily.

Order code	Product	Pack size	Drug Tariff Price
SKU184	Starter pack	3	██████
SKU16134	Small	1	██████
SKU16227	Medium	1	██████
SKU16270	Large	1	██████

Anal Plugs (Coloplast) Prescribe 20 at a time as requested

Patients MUST have an assessment by an appropriate healthcare professional prior to being prescribed this product. Anal plugs are used for patients with anorectal incontinence problems - most suitable for neurogenic conditions with impaired sensation. Plugs can be left in place up to 12 hours.

Order Code	Product	Pack size	Drug Tariff Price
1450	Peristeen Anal Plug Small	20	██████
1451	Peristeen Anal Plug Large	20	██████

Faecal collector (Hollister) Prescribe 10 at a time as requested

A useful device for bedbound patients who experience semi-solid or liquid stools. The device aims to protect skin from irritating faecal discharge. Monitor skin integrity daily.

Order code	Product	Pack size	Drug Tariff Price
9822	500ml collector	10	██████
9821	1000ml collector	10	██████

Beambridge appliances Prescribe 1 only

Items with * need to have two litre **drainable** catheter bags prescribed. There are a range of reusable appliances that can be prescribed to promote continence even if mobility is poor. Please phone the Bladder and Bowel Service for further advice.

Order code	Product	Pack size	Drug Tariff Price
6-50T	Beambridge Male Draining Jug with tap*	1	██████
6-26	Beambridge female Saddle Urinal	1	██████
6-45	Beambridge Lady Jug*	1	██████
6-18	Beambridge Urinal	1	██████
URlbag	Manfred Sauer Uribag (male) Pocket sized 1.2L capacity	1	██████
URlbagF	Manfred Sauer Uribag (female) Pocket sized 1.2L capacity	1	██████

Anal Irrigation systems

If this option is to be considered, please refer the patient to the Bladder and Bowel Advisory Service or secondary care for a specialist assessment prior to prescribing any equipment so that the patient is well informed about the procedure. The patient will need support from specialist teams whilst using these products.

Peristeen anal irrigation (Coloplast)

Please note:

Catheters are single use only, water bag can only be used 15 times, and lid and control unit can only be used 90 times

Order code	Product	Pack size	Drug Tariff Price
29140 29141	1 control unit, 2 rectal catheters, 1 water bag, 2 straps, 1 tube (with toilet bag/without)	1	██████
29147 (small) 29148	1 control unit, 2 small rectal catheters, 1 water bag, 12 straps, 1 tube (with toilet bag/without)	1	██████
29142	15 Rectal catheters, 1 water bag	1	██████
29149 (small)	15 Small rectal catheters, 1 water bag	1	██████
29143	10 Rectal catheters	1	██████
29150 (small)	10 Small rectal catheters	1	██████
29145	1 Set of straps	1	██████
29146	Peristeen Plus Tubes & Connectors	1	██████

Qufora systems (McGregor healthcare)

Order code	Product	Pack size	Drug Tariff Price
53601-015	IrriSedo Mini (Contains 1 pump, 15 Hydrophilic coated cones, 15 waste bags)	15	██████
53601-030	IrriSedo Mini (Contains 1 pump, 30 Hydrophilic coated cones, 30 waste bags)	30	██████
QMGO	Irrisedo MinGO (Contains 1 pump, 30 Hydrophilic Cones)	30	██████
QTS	IrriSedo Cone System Starter Set (Contains 1 pump, 1 water bag, 5 hydrophilic coated cones, 5 waste bags)	5	██████
52601-015	15 hydrophilic cones	15	██████
QKSTART	IrriSedo Klick Starter Set (Contains 5 catheters, 1 Klick tube, 1 control unit, 1 water bag, 1 leg strap, 1 hook, 1 toilet bag)	1	██████
QKCONTROL	IrriSedo Klick Control Unit (Contains 1 control unit, 1 leg strap)	1	██████
QKCATH	IrriSedo Klick Catheter Set (Contains 15 catheters, 1 Klick tube, 1 water bag, 1 soft bag)	15	██████

KLICK – balloon system