

From: [Sion James \(Hywel Dda UHB - Deputy Medical Director – Primary Care & Community Services\)](#)
To: [REDACTED]
Subject: Re: Rapid Access to Calibrated Glucometers
Date: 22 November 2023 14:01:16
Attachments: [image001.png](#)

It is essential that blood glucose and blood ketones are tested immediately in patients newly diagnosed with type 1 diabetes. Type 1 diabetes should be considered in all children and young adults with newly diagnosed diabetes. Urine ketones and HbA1c are not recommended tests for acute onset or newly diagnosed patients with Type 1 diabetes. Diabetic ketoacidosis (DKA) is a medical emergency requiring prompt identification and immediate referral to secondary care for investigation and treatment. Ketone testing may also be appropriate in acutely unwell patients with Type 2 diabetes who are prescribed SGLT-2 inhibitors or who are ketosis prone.

We are working with POC regarding professional meters, however in the interim we have agreed the following advice for practices:

- Each practice should acquire two individual patient meters which test blood glucose and ketones.
- These meters should be supplied to patients requiring blood glucose or ketone testing, and used to perform the necessary tests straight away.
- The patients can keep the meters for ongoing use if appropriate. The meters come with starter packs of test strips. Ongoing test strips should be provided on individual patient prescription.
- It is NOT appropriate to use single-patient meters for more than one patient, so the practice will need to acquire a replacement meter and starter-pack from the supplier.

Please find additional info in links below

4SURE Smart Duo | Nipro 4SURE (nipro-diagnostics.co.uk)

Educational Videos | Nipro 4SURE (nipro-diagnostics.co.uk) (glucose testing and ketone testing video)

NB: For patients who require a blood glucose meter for routine self-testing, you should continue to choose and supply an appropriate meter from the All-Wales self-monitoring of blood glucose formulary, which is available here Medicines Management - AW-SMBG-guidance-v4.pdf - All Documents (sharepoint.com)

Also

In September 2023 Diabetes UK Cymru recently provided a “Rewrite Peters Story” and GP resource pack to all GP practices across Wales.

We launched a new campaign called “Rewrite Peters Story”. We hope this resource kit will enable GP surgeries to learn more about type 1 diabetes and most importantly “THINK 4Ts toilet, thirsty, tired, thinner!”

[Type 1 diabetes awareness campaigns | Diabetes UK](#)

If any of these symptoms are flagged during a routine appointment, we urge all GPs to perform a simple finger prick test to check blood glucose levels and risks of potential DKA.

I would like to take this opportunity to check if all the GP practices within your Cluster have received their resource pack and if not rectify that accordingly.

Within the resource kit there is a GP resource pack which we hope

provides an easy to use reference to, all current and relevant Diabetes UK resources, to support signposting people living with diabetes in Wales, to helpful information to support self-management of their diabetes.

On the rear of the GP resource pack is a QR code which if scanned facilitates the replenishment and fulfilment of any items you might wish to use in support of your diabetes clinics.

If you would like Diabetes UK Cymru to send out any further resources, please do not hesitate to contact them

0345 123 2399

helpline@diabetes.org.uk

From: [REDACTED]
Sent: 22 November 2023 13:54
To: [REDACTED] ; Sion James (Hywel Dda UHB - Deputy Medical Director – Primary Care & Community Services)
Subject: FW: Rapid Access to Calibrated Glucometers

Hi both

Just checking I have the correct information for the briefing on Calibrated Glucometers. Below and attached is the email that was circulated, or I have this paragraph?

“In light of the rates of DKA at the time of diagnosis, and a number of isolated but tragic patient deaths in recent years, I would like to seek your organisation’s assurance that the national pathway has been implemented in your health boards. It is also important all practices and GP out of hours services have appropriate capillary glucose testing devices to deliver this pathway.”

Look forward to hearing from you,

[REDACTED]

From: HDDUHBPrimary Care <HDDUHBPrimary.Care.HDD@wales.nhs.uk>
Sent: 30 August 2023 12:43
Cc: HDDUHBPrimary Care <HDDUHBPrimary.Care.HDD@wales.nhs.uk>; [REDACTED]
[REDACTED] ; Sion James (Hywel Dda UHB - Deputy Medical Director – Primary Care & Community Services <Sion.James@wales.nhs.uk>
Subject: Rapid Access to Calibrated Glucometers
Importance: High

Dear Practice Manager,

Please find attached a letter from the DCMO outlining the need for clinicians to have rapid access to calibrated glucometers in your practice to diagnose type 1 diabetes in a timely manner. I would be grateful if you could confirm to the team that you have this in place within your practice by filling in the following form: <https://forms.office.com/e/XzbmCUski4> .

We will add this question to the annual return in future to reduce the number of emails we send asking for information.

Regards

Sion

Dr Sion James

Dirprwy Gyfarwyddwr Meddygol – Gofal Sylfaenol a Gwasanaethau Cymunedol

Deputy Medical Director - Primary Care and Community Services



Bwrdd Iechyd Prifysgol Hywel Dda / Hywel Dda University Health Board

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Hywel Dda Health Board is the operational name of Hywel Dda Local Health Board