

HYWEL DDA UNIVERSITY HEALTH BOARD LOCAL MENTAL HEALTH PARTNERSHIP BOARD

Date	Thursday 13 th May 2021
Time	10:30 – 12:00
Venue	Microsoft Teams

Attendance		
Name	Job Title	Initials
Angie Darlington	Director, West Wales Action for Mental Health (WWAMH)	AD
Aileen Flynn	Service Transformation and Partnerships Manager, Hywel Dda UHB	AF
[REDACTED]	Service User Representative	AB
Avril Bracey	Head of Adult Social Care, Carmarthenshire County Council	AB
Dr Warren Lloyd (Chair)	Associate Medical Director/Consultant Psychiatrist CAMHS, Hywel Dda UHB	WL
[REDACTED]	Support Secretary, Hywel Dda UHB	EL
Jane Hitchings	Service Manager, MH&LD, Pembrokeshire County Council	JH
[REDACTED]	Finance Business Partner, Hywel Dda UHB	JL
[REDACTED]	Corporate Manager Mental Wellbeing, Ceredigion County Council	JFJ
Judith Hardisty	Vice Chair, Hywel Dda UHB	JH
Kay Isaacs	Head of Adult Mental Health, Hywel Dda UHB	KI
[REDACTED]	Service User Representative	KE
Liz Carroll	Director, Mental Health & Learning Disabilities, Hywel Dda UHB	LC
[REDACTED]	Service User Representative, West Wales Action for Mental Health (WWAMH)	LS
Melanie Evans	Head of Learning Disabilities and Older Adult Mental Health	ME
Nicky Thomas	Service Lead Occupational Therapy, Hywel Dda UHB	NT
[REDACTED]	Service User Representative / Vice Chair	PG
Rob Jeffrey	Operations Manager, Welsh Ambulance Service Trust (WAST)	RJ
Ross Evans	Superintendent, Dyfed Powys Police	RE
Selina Marshall	Service Delivery Manager Psychological therapies, Hywel Dda UHB	SM
Terry Davies	West Wales Action for Mental Health (WWAMH)	TD
[REDACTED]	Service User Representative	TS
Apologies		
Name	Job Title	Initials
Angela Lodwick	Head of Service S - CAMHS & Psychological Therapies, Hywel Dda UHB	AL
Christine Harley	Head of Dyfed Powys Local Delivery Unit, HM Prisons and Probation Service	CH
Darren Mutter	Head of Children's Services, Pembrokeshire County Council	DM
Elaine Lorton	Pembrokeshire County Director, Hywel Dda	EL
Jason Bennett	Head of Adult Care and Housing, Pembrokeshire County Council	JB
Leon Popham	Senior Finance Business Partner, Hywel Dda UHB	LP
Libby Ryan Davies	Strategic Programme Director, Hywel Dda UHB	LRD
[REDACTED]	MH&LD Consultant Nurse, Hywel Dda UHB	RJ
[REDACTED]	Interim Head of Nursing MHLD, Hywel Dda UHB	SR
Sarah Roberts	Mental Health Legislation Manager, Hywel Dda UHB	SR
Sian Howys	Statutory Director of Social Services & Corporate Lead Officer, Ceredigion County Council	SH

Preliminary Matters

Item 2

a) Previous Minutes

Previous minutes were agreed by Board as an accurate record of the meeting held on the 4th March 2021.

b) Action Log

The below open actions were discussed by the Board.

Action Number 41:

This action relates to AF inviting a Substance Misuse representative to sit on the LMHPB, via nomination by JD. AF updated that Head of Commissioning and Substance Misuse, MR has been invited to the Board and will bring any updates on the Co-occurring Substance Misuse Strategy. – Action Closed.

Action Number 60:

This action relates to AF adding Recovery Steering Group as a standing agenda item for the LMHPB. AF updated that NT will update the LMHPB on the Recovery Steering Group when applicable rather than have the Recovery Steering Group as a standing agenda item. – Action Closed.

Action Number 76:

This action relates for the next LMHPB agenda to be local authority focused. AF updated that today's LMHPB is solely focused on funding proposals due to Welsh Government timescales. AF reassured the Board that she will liaise with local authority partners to set the agenda for the LMHPB July 2021. – Action Closed.

Action: AF to liaise with local authority partners to set the agenda for the LMHPB July 2021

c) Matters Arising

PG raised that it would be helpful to have a workshop theme that focused on preparing proposals in advance to ensure that the funding proposals are co-produced as the Welsh Government timelines do not always allow this. PG suggested another workshop theme 'Establishing recovery principles throughout the work we do.'

Mental Health Service Improvement Funding

Item 3

Welsh Government Funding Letter

WL updated that health boards in Wales received a letter from Welsh Government setting out funding allocation for Mental Health Service Improvement Funding, Specialist CAMHS Funding and Crisis Care.

Mental Health Service Improvement Funding

PG highlighted that it is very important that service user and carers are involved with the funding proposals and suggested that the feedback questions could be written and collated by service users. PG raised that the outcomes of the funding proposals should be about reducing the need for the service user rather than outputs of the service. PG highlighted that in one of the S-CAMHS funding proposals there is mention of 'including better knowledge of eating disorders' which is not applicable to some of the bids, AF apologised and will amend accordingly.

Action: AF to amend 'including better knowledge of eating disorders' in the appropriate funding proposals

AD asked if the bids submitted exceed the total amount allocated. JL updated that the funding proposals have exceeded the total amount allocated in case some proposals are not approved by Welsh Government. JL added that there is short term slippage available if needed. AD suggested that the LMHPB could prioritise the funding proposals and queried if the funding is recurrent. JL confirmed that the funding is recurrent.

LC updated that last year there were bids that did not meet the priority list and were brought forward for this year. The funding proposals this year reflect current pressure points and need to be prioritised such as S –CAMHS. AD thanked LC and highlighted that it can be difficult as a stakeholder to express what needs to be prioritised, only to see that a funding proposal was not submitted based on expressions. LC updated that additional recurrent funding of £200,000 for tier 0/1 services and that a meeting has been arranged with partners to discuss. AD highlighted that stakeholder lived experience perspectives need to be included on the wider mental health developments and Welsh Government do not allow enough time for these to be captured in the process. AD added that she has had to go back to stakeholders and explain that their perspective on mental health development could not influence the final decision on which funding proposals should be prioritised and submitted. LC thanked AD for highlighting the above and agreed that a planning function across agencies needs to be developed. WL highlighted that the tight time scales for bids is raised continuously at the National Partnership Board. JH suggested to set up a process that looks at all the priorities and funding for mental health and suggested to push back on Welsh Government surrounding the priorities set out.

LC updated that at the fortnightly Welsh Government Leads meeting she raised that the 111 allocation would not allow the health board to provide a robust service. LC added that she received a phone call from [REDACTED] who advised us to submit a bid to Welsh Government to meet the needs of a robust 111 service and explain why the funding proposal is over the allocated funds. TD noted that if Welsh Government are aware of the transformation of mental health services, they would understand why Hywel Dda University Health Board are pushing back on some priority areas.

The below table outline the funding proposals that were discussed and notes any comments and recommendations.

Bid	Description	Presenter	Question	Answer	Comments/Recommendations
Eye Movement Desensitization and Reprocessing	Extend the current clinical provision of our EMDR/DBT Service across the health board footprint.	Selina Marshall Service Delivery Manager Psychological Therapies			TS has heard good things about EMDR.

S- CAMHS – CY&P Eating Disorders	Develop a Specialist Community Eating Disorder Service for children, young people and families, which will provide specialist services across the Health Board footprint.	Liz Carroll Director, Mental Health & Learning Disabilities, on behalf of Angela Lodwick Head of Service SCAMHS			AD fully supports this funding proposal.
S-CAMHS Adult Eating Disorders	Develop an Eating Disorder Service for adults and families, which will provide specialist services across the Health Board footprint.	Liz Carroll Director, Mental Health & Learning Disabilities, on behalf of Angela Lodwick Head of Service SCAMHS	PG was concerned that Adult Eating Disorders is under S-CAMHS. PG added that as an adult, you may feel that you shouldn't be treated by a children's service.	LC explained that the service is separate. LC added that AL has responsibility for both services and it is separated into children's service and adult's service.	AD fully supports this funding proposal. PG felt that peer support workers would be helpful within this service. Action: AF to include the strengthening of relationships with family and carers in the funding proposal.
			AD asked how the service would work in strengthening relationships to family and carer input.	LC was happy to include the strengthening of relationships with family and carers in the bed.	
S-CAMHS Perinatal Mental Health	Extend the current provision within the Perinatal Mental Health Service by developing infant mental health services for children, young people	Liz Carroll Director, Mental Health & Learning Disabilities, on behalf of			

	and families, which will provide specialist services across the Health Board footprint.	Angela Lodwick Head of Service SCAMHS			LS was pleased to see this funding proposal and it is her personal priority out of all the funding proposals.
Out of Hours Clinical Lead	Extend the Out of Hours Clinical Co-Ordinator Service across the whole of the health board footprint, across the age range.	Kay Isaacs Head of Service, Adult Mental Health	JH asked if this service liaises with WAST.	KI apologised and updated that HDdUHB has been working with WAST on this service and was happy to include.	<p>Action: AF to add WAST to the funding proposal.</p> <p>PG suggested that we clarify that it is a clinical role in the funding proposal.</p> <p>Action: AF to clarify in the bid that it is a clinical role to the funding proposal.</p> <p>PG asked if the outcomes could be amended to service user need. I.e. 'reduced length of stay' would be 'reduce need for long stay.'</p> <p>Action: AF to amend the outcome to focus on the need rather than output</p> <p>AB suggested to mention aligning the Out of Hours Service with AMHP's Out of Hours.</p> <p>Action: AF to add linking in with the Out of Hours AMHP.</p> <p>JFJ supported this funding proposal and highlighted how it has improved patient experience.</p>
		Matthew Richards Head of Service, Commissioning	AD asked how the service would	MR updated that there are case studies that show	AD fully supports this funding proposal.

Consultant Secure Commissioned Services	Provide dedicated Consultant sessions in the MH&LD Commissioning Service.		work in relationships to family and carer input.	where linking in with family and cares have been beneficial.	
			PG asked how does this service improves Out of Hours Crisis Care?	MR explained that the role will help service users through the system which will maintain bed flow and allows for crisis to be managed lower down the system.	
Quality Assurance Officer	Facilitate various Health Board, Mental Health and Learning Disabilities Directorate and Professional nursing priorities.	Aileen Flynn Service Transformation & Partnerships Team on behalf of HTB Senior Nurse for Quality Assurance and Professional Practice			<p>PG felt that it would be useful to include service user engagement on the Quality Assurance agenda.</p> <p>PG suggested to look at near misses to reduce the rate of suicide and self-harm.</p> <p>AD felt that this was an opportunity to look at the connections with Recovery work.</p> <p>Action: AD/PG to link in with HTB to discuss the Quality Assurance and Professional Standards Agenda.</p>
	The Data Business Support will support the Mental	Aileen Flynn			JH queried why the funding was being used to fund data inputting posts when all other service areas in the health board are covered by the Performance

Business Support	Health directorate across all service areas with work planning to align with performance reporting and other deadlines. Liaise with colleagues from all the relevant service areas regarding data anomalies and late returns.	Service Transformation & Partnerships Team on behalf of KA Directorate Support Manager			<p>Team. JH was happy for the funding proposal to be submitted but felt that a further conversation with Finance colleagues is needed. WL was happy to discuss further JH.</p> <p>Action: WL to discuss the Business Support proposal further with JH.</p> <p>PG would like to see service user engagement when helping with collating feedback.</p>
Specialist CAMHS Funding					
S-CAMHS Looked After Children	Extend the looked After Children Service within S-CAMHS, which will provide specialist services across the Health Board footprint.	Liz Carroll Director, Mental Health & Learning Disabilities, on behalf of Angela Lodwick Head of Service SCAMHS			The Board members were happy for this funding proposal to be submitted.
S-CAMHS - Dialectical Behaviour Therapy	Develop a Dialectical Behaviour Therapy Service (DBT) for children, young people and families, which will provide specialist services across the Health Board footprint.	Liz Carroll Director, Mental Health & Learning Disabilities, on behalf of Angela Lodwick Head of Service SCAMHS	PG asked why there are two bids for DBT.	WL clarified that there are two separate bids, one for adult service and one for children and young persons.	The Board members were happy for this funding proposal to be submitted.
S-CAMHS Crisis Assessment & Treatment Team	Expand the S-CAMHS Crisis Team, which will provide specialist services across the Health Board footprint.	Liz Carroll Director, Mental Health & Learning Disabilities on behalf of Angela Lodwick Head of Service SCAMHS			The Board members were happy for this funding proposal to be submitted.

S-CAMHS Admin Support	Provide secretarial and administrative support to S-CAMHS Services including: Primary CAMHS, Crisis Assessment and Treatment Team, and Choice and Partnership Approach clinical system.	Liz Carroll Director, Mental Health & Learning Disabilities on behalf of Angela Lodwick Head of Service SCAMHS			The Board members were happy for this funding proposal to be submitted.
S-CAMHS Community Psychiatric Nurse	Expand the current Community Psychiatric Nurse's (CPN) within S-CAMHS, which will provide specialist services across the Health Board footprint.	Liz Carroll Director, Mental Health & Learning Disabilities, on behalf of of Angela Lodwick Head of Service SCAMHS			The Board members were happy for this funding proposal to be submitted.
Funding to Support Crisis Care (all ages)					
Mental Health Single Point of Contact (111)	Develop a Mental Health Single Point of Contact (SPOC) through the national 111 service.	Kay Isaacs Head of Service, Adult Mental Health			PG felt that peer support workers would be helpful within this service.