

Bryngofal Ward,
Caebryn, Prince Philip
Hospital, Llanelli
Phone: 01554745752

Information for families and carers



What do we do?

Bryngofal ward is a 16 bedded acute Mental Health Unit. We look after male and female patients. We usually look after patients aged between 18 and 65 but depending on the nature of the illness, we can have older patients too.

We work as part of a big team made up of Doctors, Nurses, Support workers, Occupational therapists, Psychologists and Pharmacists.

We look after people who may have suffered a relapse in their long-standing mental illness, or people who are experiencing serious mental illness for the first time. Every patient will see a doctor shortly after their admission and then weekly from then on in our ward reviews.

What is the Mental Health Act?

This is a piece of government legislation that determines if people should be admitted to hospital for treatment of their mental illness.

Many people who receive inpatient treatment have agreed to go into hospital as informal patients (also known as voluntary patients). However, some people do not have the ability to decide this due to the severity of their illness, therefore, they will have been detained under the Mental Health Act (often called being sectioned).

People can be detained under different sections of the Mental Health Act (hence the term, sectioning).

For more information on the Mental Health Act please visit these websites:

www.mind.org.uk

www.rethink.org.uk

Bringing items to the ward

We do encourage friends and family to drop essential items off for their loved one where possible. These could include:

- Day clothes & Pyjamas
- Toiletries
- Snacks & drinks
- Books & puzzles

Please take note of restricted items:

- Drugs
- Alcohol
- Glass products

We do allow items such as razors, chargers and aerosols but these will be at the Nursing teams discretion and will be securely stored when not in use. If bringing these items in, please hand them to a staff member.

Are you a carer?

Here on Bryngofal we are really keen to support our carers. Our team will invite you to weekly ward reviews should you wish to be involved. If you think you might be a carer for someone then there is support out there for you too.

Outside our main entrance we have a carers display board, here you will find lots of information about carers support services. We have further information on what a carer is and how you can access a carers assessment to establish if you are entitled to any form of support.



Visiting the ward

It's really important to make sure you and your loved one are still able to keep in contact during this difficult time. We encourage you to phone the ward whenever you may have concerns, no one knows your loved one better than you. However, we do try to promote good sleep routines so please limit calls before 9am and after 10pm.

Currently, visiting hours Monday – Friday, 9.30 – 12.00 & 13:00-16.00 and Saturday/Sunday 10:00 – 15:30

Please contact the ward if you need any support, reassurance or have any concerns or compliments.

