

Reference:	FOI.17802.25
Subject:	Adult Attention Deficit Hyperactivity Disorder (ADHD) Assessments
Date of Request:	16 July 2025

Requested:

1. What is the name of your Trust?
2. Where are you based?
 - a. England
 - b. Scotland
 - c. Wales
 - d. Northern Ireland
3. Do you run an adult ADHD service?
 - a. Yes
 - b. No (If No the form will skip everything until Q13)
4. How many adults are currently waiting for an ADHD assessment across your Trust?
Please enter the total number. If you do not record this information, please enter: Not recorded
5. How many referrals for adult ADHD assessments did you receive across your trust in 2024?
Please enter the total number. If you do not record this information, please enter: Not recorded
6. How many adult ADHD assessments did you carry out across your trust in 2024?
Please enter the total number. If you do not record this information, please enter: Not recorded
7. Do you support patients while they are on the waiting list?
 - a. Yes
 - b. No (If No the form will skip Q8)
8. Please outline what support you offer patients while they are on the waiting list?
9. Has your any part of your Trust closed waiting lists for new adult ADHD assessment referrals at any point in the last 12 months?
 - a. Yes
 - b. No (If No the form will skip Q10)
10. Please give details of which services were affected and for how long?
11. Do any adult ADHD services across your trust have an exclusion criteria for assessment referrals?
 - a. Yes
 - b. No (If no, the form will skip Q12)
12. Please select all relevant reasons from this list:
 - a. We do not accept patients over a certain age
 - b. We only accept patients with complex cases, eg other mental health conditions
 - c. We do not accept patients who are being seen by an adult mental health team or have complex mental health conditions

- d. We do not accept patients if we believe their symptoms are not causing significant functional impairment
- e. The service is only commissioned to see a certain amount of patients, so new referrals are rejected after that target is reached

13. Feel free to add any more information here:

This is optional if you want to give more context to any of your answers.

Response:

1. The name of our trust is Hywel Dda University Health Board (UHB).
2. The UHB is based in Wales.
3. The UHB confirms it does run an adult ADHD service.
4. The UHB confirms there were four thousand, five hundred and twenty-nine (4,529) patients awaiting an adult ADHD assessment as of 30 June 2025.
5. The UHB confirms it received one thousand, three hundred and twenty-eight (1,328) adult ADHD assessment referrals during the 2024 calendar year.
6. The UHB confirms it carried out forty-seven (47) adult ADHD assessments during the 2024 calendar year. Please note: this figure is low as the UHB prioritised treatment over diagnosis.
7. The UHB confirms it does support patients whilst they are on the waiting list.
8. The UHB offers weekly virtual ADHD advice hubs to patients who are on its waiting list, and for those who have received a diagnosis.
9. The UHB confirms it has not closed any part of its adult ADHD assessment referral waiting lists during the last 12 months.
10. Not applicable.
11. The UHB confirms no adult ADHD services have an exclusion criteria for assessment referrals.
12. Not applicable.