

Reference:	FOI.19034.25
Subject:	Adult Attention Deficit hyperactivity Disorder (ADHD)
Date of Request:	5 December 2025

Requested:

1. What is the current process for referral into the adult ADHD assessment process
2. What is the current waiting time from referral to acknowledgment/receipt of referral
3. What is the current waiting time from referral to an appointment to be assessed
4. How many adults are currently waiting to be seen within the Hywel Dda area.
5. How many staff are currently employed by Hywel Dda to diagnose ADHD in adults.
6. What are the weekly hours worked of those staff members
7. Do Hywel Dda currently outsource to external organisations to diagnose ADHD in adults.

Response:

1. Hywel Dda University Health Board (UHB) provides a copy of its Adult ADHD Service Specification and Prescribing Guidelines, at Attachment 1, as the referral pathway is included on page 6.
2. The UHB does not hold the requested information, as the UHB does not routinely acknowledge receipt of referrals. Please see section 5.1 within Attachment 1.
3. The UHB confirms that the wait time from referral to a first adult ADHD appointment is currently ninety-eight (98) weeks.
4. The UHB confirms there are currently five thousand and forty-one (5,041) adults on the ADHD waiting list for a first appointment.
5. The UHB currently employs a Whole Time Equivalent (WTE) of 2.3 staff to diagnose ADHD in adults.
6. The WTE has been provided above. However, the UHB can confirm that its adult ADHD service operates Monday to Friday from 9:00am to 5:00pm.
7. The UHB does currently outsource to external organisations to diagnose ADHD in adults.