

Reference:	FOI.469.19
Subject:	Animal-assisted Therapy
Date of Request:	4 April 2019

Requested:

1. Do you use any form of Animal-assisted Therapy within your Mental Health Trust?

2. Is the AAT used primarily for patients with: (please tick the relevant box)

Depression	<input type="checkbox"/>
Anxiety	<input type="checkbox"/>
Post Traumatic Stress Disorder	<input type="checkbox"/>
Dementia	<input type="checkbox"/>
Other	<input type="checkbox"/>

3. How many instances has AAT been used for each of the above in the last 5 years?

4. Do you have a standard operating procedure or protocol in place for AAT? If so, please provide a copy of this.

5. How much money is spent each year on AAT within your Mental Health Trust?

6. Has the Trust published any evaluation reports on the effectiveness of AAT? If so, please could you provide a copy?

Response:

Hywel Dda University Health Board (UHB) does not provide animal assisted therapy as a form of treatment within its Mental Health Services.