

Reference:	FOI.17486.25
Subject:	Anorexia Nervosa
Date of Request:	3 June 2025

Requested:

Gender/Sex Data for Anorexia Nervosa Admissions (2018–2025)

1. For each calendar year from 2018 to 2025, please provide data on hospital admissions for the treatment of anorexia nervosa, broken down as follows:
 - a. By **sex assigned at birth** and/or **gender identity** (please specify which you are reporting and include categories used, such as male, female, non-binary, other, or unknown);
 - b. By **monthly figures**, where available;
 - c. By **age groups** (ideally: under 15s, 15–17, 18–20, 21–23, 24–26, 27–29, 30–32, 33–35, and over 35s – but alternative breakdowns are acceptable if preferred);
 - d. The **names of the hospitals or services** where patients received care.

Legal Status of Admission for Anorexia Nervosa Patients (2018–2025)

2. For each calendar year from 2018 to 2025, please provide the number of patients admitted for anorexia nervosa treatment under the following legal statuses, broken down as follows:
 - a. Whether patients were admitted voluntarily, under the Mental Health Act, or under the Mental Capacity Act (best interests decision due to lack of capacity);
 - b. By monthly figures, where available;
 - c. By age groups (as above);
 - d. By gender/sex (as reported);
 - e. With the names of the hospitals or services where care was provided.

Response:

Hywel Dda University Health Board (UHB) is unable to provide a breakdown of the requested information into monthly figures for question 1b, as there is a potential risk of identifying individuals if this was disclosed due to the low number of cases (less than 5). For the same reason, some of the annual figures provided within the tables have been replaced with an asterisk (*), the UHB has also replaced totals which could be used to calculate the redacted figure with a double asterisk (**). The UHB is therefore withholding this detail under Section 40(2) of the FoIA. This information is protected by the Data Protection Act 2018 (DPA)/UK General Data Protection Regulations, as its disclosure would constitute unfair and unlawful processing and would be contrary to the principles and articles of the UK GDPR. This exemption is absolute and therefore there is no requirement to apply the public interest test.

In reaching this decision, the DPA and UK GDPR define personal data as data that relates to a living individual who can be identified solely from that data or from that data and other information, which is in the possession of the data controller.

1. The tables overleaf provide the number of patients hospitalised for the treatment of Anorexia Nervosa within the UHB's hospitals during the 2018 to 2024 calendar years and between 1 January and 31 May 2025, broken down into gender, age categories and the hospitals providing the care.

a. Gender	2018	2019	2020	2021	2022	2023	2024	2025
Female	9	11	12	11	23	9	8	*
Indeterminate (not specified)	0	0	*	0	0	0	0	0
Male	0	*	*	*	0	*	0	0

c. Age range	2018	2019	2020	2021	2022	2023	2024	2025
Under 15	*	6	9	5	16	*	*	*
15-17	*	5	*	5	*	*	*	*
18-20	0	0	*	*	*	0	*	0
21-23	0	0	0	0	*	*	0	0
24-26	*	*	0	0	0	*	0	0
27-29	*	*	0	0	0	0	0	0
30-32	0	0	0	0	0	0	0	0
33-35	0	0	0	0	0	*	0	0
Over 35	*	*	*	*	*	*	0	0
Total	9	**	**	**	23	**	8	**

d. Hospital	2018	2019	2020	2021	2022	2023	2024	2025
Bronglais General Hospital (BGH)	0	*	*	*	6	0	0	0
Glangwili General Hospital (GGH)	5	10	10	8	12	6	6	*
Hafan Derwen (HD)	0	0	0	0	0	*	*	0
Prince Philip Hospital (PPH)	*	*	*	*	*	*	0	*
Withybush General Hospital (WGH)	0	*	0	*	*	*	*	*

2. The UHB confirms that all ninety-five (95) admissions detailed in response to question 1 were categorised as 'NHS patient - not formally detained'.