

Reference:	FOI.16681.25
Subject:	Attention Deficit Hyperactivity Disorder (ADHD) and Community Drug and Alcohol Service (CDAT) services
Date of Request:	24 February 2025

Requested:

Follow up request to FOI.16436.25.

1. Adult ADHD diagnosis and treatment
 Could you provide:
 Any summary reports, aggregated data, or publicly available documents related to adult ADHD services, including waiting times and treatment pathways from 2018 to 2024.
2. Trauma Counselling and Substance Abuse Services
 Could you please share any additional reports, service audits, or performance data from 2018 to 2024 that might provide further insights

Clarification

I am specifically requesting the following data for the period 2018 to 2024 (or most recent data available):

- 1a. The average waiting time for the diagnosis and treatment of ADHD for adults and CYP.
 (Please specify if data is split between diagnosis and medication).
- 1b. Any summary reports, aggregated data, or publicly available documents related to adult ADHD services.
- 2a. Average waiting time for trauma counselling services (including any trauma-focused therapies, if data is available separately)
- 2b. Could you please share any additional reports, service audits, or performance data that might provide further insights
- 3a. The average and longest wait times for accessing Tier 3 CDAT service structured substance abuse treatment within the Health Board.

 (If broken down into initial assessment and treatment start times, that would be ideal.)

If data for a full breakdown is unavailable, a summary of trends over this period would be helpful.

CDAT Referral and Outcome Data (2018–2024):

- 3b. Number of referrals to Tier 3 services per year.
- 3c. Number of referrals that resulted in service engagement (i.e., treatment start).
- 3d. Number of cases closed without treatment or due to disengagement.

CDAT Performance and Capacity Reports (2018–2024):

3e. Any summary reports or evaluations related to Tier 3 services.

3f. Reports detailing challenges such as staff shortages, capacity issues, or funding

Response:

1a. Hywel Dda University Health Board (UHB) does not hold the information exactly as requested. However, the UHB provides, within the table below, the total number of adults on the waiting List for diagnostic ADHD assessment, during the 2019 to 2024 calendar years.

Calendar year	Number
2018	Not recorded
2019	589
2020	574
2021	1,091
2022	1,833
2023	2,447
2024	3,710

Wait times for Children and Young People (CYP) awaiting an ADHD assessment were provided in FOI.16436.25 response. However, the UHB can confirm that the current longest wait for a first CYP ADHD assessment is twenty-two (22) months. A diagnosis is then typically provided at a follow up appointment and medication will be discussed and offered during this consultation.

1b. The UHB does not hold the requested information. However, a copy of its Adult ADHD Service Specification and Prescribing Guidelines is provided at Attachment 1. However, please note that this guidance is currently under review.

Furthermore, Welsh Government (WG) is aware of the demand for ADHD services across Wales, and is currently undertaking a scoping exercise of all services, which the UHB is involved in.

2. The UHB does not hold this information. As provided in FOI.16436.25 response, the UHB does not provide counselling; this is a commissioned service.

3a. The UHB provides, within the table below, the number of patients and the waiting times from referral to treatment for the Tier 3 CDAT service across the UHB, during the 2018/19 to 2023/24 financial years and the period 1 April 2024 to 31 December 2024.

Financial year	<20 working days	5-12 weeks	3 - 6 months	6 - 9 months	9 - 12 months	12 - 18 months
2018/19	339	17	0	0	0	*
2019/20	347	59	0	0	0	0
2020/21	303	54	0	0	0	0
2021/22	281	63	*	0	0	0
2022/23	287	60	*	0	0	0
2023/24	304	33	*	0	0	0
1/4/24 to 31/12/24	233	29	0	0	0	0

Where the figures in the table have been replaced with an asterisk (*), the UHB is unable to provide you with the exact number of patients due to the low number of cases (less than 5), as there is a potential risk of identifying individuals if this was disclosed. The UHB is therefore withholding this detail under Section 40(2) of the Freedom of Information Act. This information is protected by the Data Protection Act 2018 (DPA)/UK General Data Protection Regulations (UK GDPR) as its disclosure would constitute unfair and unlawful processing and would be contrary to the principles and articles of the UK GDPR. This exemption is absolute and therefore, there is no requirement to apply the public interest test.

In reaching this decision, the DPA and UK GDPR define personal data as data that relates to a living individual who can be identified solely from that data or from that data and other information, which is in the possession of the data controller.

3b. The UHB provides, within the table below, the number of Tier 3 CDAT service referrals received across the UHB, during the 2018/19 to 2023/24 financial years and the period 1 April 2024 to 31 December 2024.

Financial year	Number
2018/19	513
2019/20	590
2020/21	517
2021/22	562
2022/23	512
2023/24	522
1/4/24 to 31/12/24	369

3c. The UHB provides, within the table below, the number of Tier 3 CDAT referrals that resulted in treatment across the UHB, during the 2018/19 to 2023/24 financial years and the period 1 April 2024 to 31 December 2024.

Financial year	Number
2018/19	356
2019/20	406
2020/21	358
2021/22	346
2022/23	351
2023/24	339
1/4/24 to 31/12/24	263

3d. The UHB provides, within the table below, the number of referrals closed due to 'Did Not Attend' (DNA)/disengaged between referral and treatment across the UHB, during the 2018/19 to 2023/24 financial years and the period 1 April 2024 to 31 December 2024.

Financial year	Number
2018/19	63
2019/20	59
2020/21	48
2021/22	64
2022/23	48
2023/24	45
2024/25	45

3e. The UHB provides, within the table overleaf, a summary of the Tier 3 CDAT service performance, during the 2018/19 to 2023/24 financial years and the period 1 April 2024 to 31 December 2024.

Financial year	Referrals	Assessments	Treatment starts	Case closures	Number awaiting assessment	Number awaiting Treatment
2018/19	513	379	356	450	34	4
2019/20	590	464	406	602	25	4
2020/21	517	394	358	487	31	6
2021/22	562	405	346	532	34	4
2022/23	512	401	351	523	29	4
2023/24	522	402	339	541	28	10
1/4/24 to 31/12/24	369	273	263	375	19	9

3f. The UHB does not hold this information.