

Reference:	FOI.20375.26
Subject:	Attention Deficit Hyperactivity Disorder (ADHD) assessments
Date of Request:	6 May 2026

Requested:

Adult ADHD Assessments

1. How many adults do you have waiting for an ADHD diagnosis at the moment?
2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).
3. If an adult was referred to you now when would you expect them to be seen?
4. Please describe your current Adult ADHD Assessment pathway.

Child ADHD Assessments

5. How many children do you have waiting for an ADHD diagnosis at the moment?
6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).
7. If a child was referred to you now when would you expect them to be seen?
8. Please describe your current Child ADHD Assessment pathway.

Response:

1. Hywel Dda University Health Board (UHB) confirms that five thousand, five hundred and twenty-nine (5,529) adults were waiting for an ADHD assessment, as at 30 April 2026.
2. The UHB confirms that fifteen (15) adult ADHD assessments were undertaken during the 2025/26 financial year.
Please note: the number of assessments undertaken is due to service demand and limited capacity within the clinical team as the focus has been on titration.
3. & 4. The UHB has applied an exemption under Section 21 of the Freedom of Information Act 2000 (FoIA) as the information requested is already in the public domain and is accessible by another means. Details on adult ADHD referrals is available on the UHB's adult ADHD webpage. A link to the webpage has been provided below.

[Adult ADHD - Hywel Dda University Health Board](#)

5. The UHB confirms that one thousand, one hundred and sixty-seven (1,167) children and young people (CYP) were waiting for an ADHD assessment, as at 30 April 2026.
6. The UHB confirms that five hundred and fifty-eight (558) CYP ADHD assessments were undertaken during the 2025/26 financial year.

7. & 8. An exemption under Section 21 of the FOIA has been applied. Details on CYP ADHD referrals is available on the UHB's children ADHD webpage. A link to the webpage has been provided below.

[Children ADHD - Hywel Dda University Health Board](#)