

Reference:	FOI.18238.25
Subject:	Attention Deficit Hyperactivity Disorder (ADHD) medication
Date of Request:	1 September 2025

Requested:

1. I am requesting information as to how many patients are currently on the Hywel Dda Adult ADHD waiting list to be seen for initiation of medication for ADHD?
2. Also how long can somebody be expected to wait to be seen once first referred for treatment?
3. How long the current person at the top of the list has waited to be seen by the ADHD team in order to look to start treatment?

Response:

1. Hywel Dda University Health Board (UHB) confirms that there were six hundred and sixty three (663) adults waiting to commence ADHD treatment, as at 31 August 2025.
2. The UHB regrets to inform you that it does not hold the requested information. Titration of medication is very complex and takes a variable amount of time for each patient, which has a direct impact upon the waiting list, preventing us from holding a specific wait time.
3. The UHB confirms that the longest wait for an adult ADHD patient to commence treatment was five hundred and twenty (520) weeks, as at 31 August 2025.