

Reference:	FOI.2620.20
Subject:	Attention deficit hyperactivity disorder (ADHD)
Date of Request:	2 March 2020

Requested:

1. Does the UHB have a specialist ADHD service for adults? If yes, can you give details please?
2. Once a patient is referred to Adult ADHD services, what's the target time for them to be seen for their first assessment?
3. Once a patient is referred to Adult ADHD services, what is the average time they are on a waiting list before their first assessment?
 - a. Can you provide the three longest periods of time a patient spent on the waiting list before their first assessment in 2019 and their gender please.
4. How many patients are currently on the Adult ADHD services waiting list?

Response:

1. Hywel Dda University Health Board (UHB) confirms it does have a Specialist Adult ADHD Service based in Wellfield Resource Centre in Carmarthen; the service covers the three counties of Carmarthenshire, Ceredigion and Pembrokeshire.

The service, which is still in the early phase of development, was initiated by a Consultant Psychiatrist who has a special interest in ADHD. The service currently has limited capacity to offer assessment (diagnosis) and treatment (medication titration, if appropriate), offering only one session per week.

The service has seen an increasing number of referrals over recent years. However, due to the increasing demand, the UHB has a significant waiting list for assessments in Adult ADHD services.

In January 2020, an Adult ADHD Clinical Nurse Specialist was appointed and is supporting service development. However, the UHB is aware of the need to further grow the service to meet the needs of the population.

2. The UHB does not currently have any official target times as the service is still in its early stages of development. As the service develops, there will be clear performance/targets put in place; at this current time, the service has adopted the national neurodevelopmental waiting time target of 26 weeks.
3. The UHB confirms that the average referral wait time, from waiting list to assessment, for adult ADHD service is 55 weeks.
 - a. The UHB provides, within the table below, the three longest periods of time a patient was on the waiting list before the first assessment in 2019, and their gender.

Year of referral	Year of assessment	Waiting time (weeks)	Gender
2014	2019	253	Male
2014	2019	247	Female
2015	2019	212	Female

4. The UHB confirms there are currently 650 people on the Adult ADHD services waiting list.