

Reference:	FOI.10546.22
Subject:	Attention Deficit Hyperactivity Disorder (ADHD)
Date of Request:	19 December 2022

Requested:

1. What ADHD services are there available in this health board area
2. How many people are on the waiting list of people waiting to be diagnosed with ADHD
3. How is the demand for services being dealt with
4. Have you had any complaints about insufficient services in relation to ADHD diagnosis and support

Response:

1. Hywel Dda University Health Board (UHB) has both Adult and Paediatric ADHD services.
2. The table below provides the number of patients on the respective waiting lists as at 22 December 2022.

Service	Patients
Adult	1,809
Paediatric	408

3. The Adult ADHD service is an emerging service, which was initially developed out of the special interest of a Consultant Psychiatrist who was funded to provide two (2) sessions equating to one (1) day per week over the last six (6) years. In January 2020, an Adult ADHD Clinical Nurse Specialist and a Specialist Pharmacist also joined the team. They have both trained as Non-Medical Prescribers to significantly increase the clinical capacity within the service. Additionally, in January 2022, the UHB recruited and trained three (3) Band 6 Nurses to increase assessment capacity within the service.

The number of referrals received over recent years has far exceeded the UHB's capacity, which has resulted in some individuals potentially having to endure a longer wait for assessment. Adult ADHD services have been identified as a priority area for development within the UHB.

Within the Paediatric service, all children and young people and/or their families have been contacted by the waiting list support service to offer generic support whilst on the waiting list.

A review of the demand for community Paediatrics is currently being undertaken, with initiatives being considered to reduce the current waiting list position – including those awaiting a review for ADHD. Additional staff have been recruited, to include specialist ADHD nurses, Speciality and Associate Specialist (SAS) grade doctors and non-medical prescribers, who are working to support with the assessment and waits for ADHD, along with the support of electronic prescribing.

4. Yes, complaints relating to both the Adult and Paediatric ADHD services have been received by the UHB.

--