

Reference:	FOI.9967.22
Subject:	Benzodiazepine usage
Date of Request:	2 October 2022

Requested:

1. Number of self-referrals to GPs for benzodiazepine usage 2018-22, broken down by year (2018, 2019, 2020, 2021, 2022):
 - a. Per gender
 - b. Per ethnicity
2. Number of hospitalisations of those aged 15-30 years old for issues related to benzodiazepine usage 2018-2022, broken down by year (2018, 2019, 2020, 2021, 2022):
 - a. Per gender
 - b. Per ethnicity
3. Number of hospital admissions aged 15-30 years old with benzodiazepine related mental disorders/behavioural disorders 2018-2022, broken down by year (2018, 2019, 2020, 2021, 2022):
 - a. Per gender
 - b. Per ethnicity
4. Number of people aged 15-30 years old visiting GP seeking withdrawal treatment for benzodiazepines 2018-2022, broken down by year (2018, 2019, 2020, 2021, 2022):
 - a. Per gender
 - b. Per ethnicity
5. Number of people aged 15-30 years old referred to by a GP for mental health services for support relating to benzodiazepines use 2018-2022, broken down by year (2018, 2019, 2020, 2021, 2022):
 - a. Per gender
 - b. Per ethnicity

Response:

1. Hywel Dda University Health Board (UHB) regrets to inform you that it does not hold the information requested. We therefore suggest you contact the surgeries directly for this information. Contact details for each of the UHB's GP Practices can be found via the following link: <http://www.wales.nhs.uk/sitesplus/862/directory/gps/>
2. The UHB has no recorded admissions with an ICD-10 diagnosis code of F13 for patients aged 15-30 years old during the requested timeframe.
3. The UHB has no recorded admissions with an ICD-10 diagnosis code of F13 for patients aged 15-30 years old during the requested timeframe.
4. Hywel Dda University Health Board (UHB) regrets to inform you that it does not hold the information requested. We therefore suggest you contact the surgeries directly for this information. Contact details for each of the UHB's GP Practices can be found via the following link: <http://www.wales.nhs.uk/sitesplus/862/directory/gps/>

5. The UHB has a specialist Community Drugs and Alcohol Team (CDAT). However, most of their referrals come from the third sector (Dyfed Drug and Alcohol Service) rather than from a GP. A search of CDAT referrals was conducted, with no referrals from GPs for Benzodiazepine usage for patients aged 15-30 years old during the requested timeframe being identified. The UHB would expect that referrals from GPs for Benzodiazepine usage would be made to the third sector Dyfed Drug and Alcohol Service in the first instance.