

Reference:	FOI.9999.22
Subject:	Borderline Personality Disorder (BPD) and Emotionally Unstable Personality Disorder (EUPD)
Date of Request:	7 October 2022

Requested:

Can I please request the following information on borderline personality disorder (BPD) or emotionally unstable personality disorder (EUPD):

1. How many men age 18 & over have been sectioned with BPD or EUPD over the past 5 calendar years?
2. How many women age 18 & over have been sectioned with BPD or EUPD over the past 5 calendar years?
3. How many boys under 18 have been sectioned with BPD, EUPD or emerging PD over the past 5 calendar years?
4. How many girls under 18 have been sectioned with BPD, EUPD or emerging PD over the past 5 calendar years?

If this will take too long I will accept the past 3 calendar years instead.

5. How many men age 18 & over are currently in a secure unit? How many of these men have a diagnosis of BPD or EUPD?
6. How many women age 18 & over are currently in a secure unit? How many of these women have a diagnosis of BPD or EUPD?
7. How many boys under 18 are currently in a secure unit? How many of these boys have a diagnosis of BPD, EUPD or emerging PD?
8. How many girls under 18 are currently in a secure unit? How many of these girls have a diagnosis of BPD, EUPD or emerging PD?

Response:

Hywel Dda University Health Board (UHB) is unable to provide you with the number of patients diagnosed with BPD or EUPD that were sectioned under the Mental Health Act, as it is estimated that the cost of answering your request would exceed the "appropriate limit" as stated in the Freedom of Information (Fees and Appropriate Limit) Regulations 2004. The "appropriate limit" represents the estimated cost of one person spending 18 hours (or 2 ½ working days) in determining whether the UHB holds the information, and locating, retrieving and extracting the information.

In order to provide you with the number of patients, the UHB would need to conduct a manual trawl of the medical records of all patients sectioned during the requested timeframe and identify those with a diagnosis of BPD or EUPD.

The UHB is therefore applying an exemption under Section 12 of the Freedom of Information Act (FOIA) 2000, which provides an exemption from a public authority's obligation to comply with a request for information where the cost of compliance is estimated to exceed the *appropriate limit*.

However, under Section 16 of the FOIA, the UHB has a duty to provide advice and assistance. Therefore, the UHB has provided the information it holds in response to questions 3 – 8 of your request below.

3. & 4. For children and young people aged below 18 years, a diagnosis of BPD and EUPD would not be made, due to this potentially changing. This is due to the brain not being fully developed at such a young age, and presentation may change.

However, a young person who presents with the same characteristics as adults who would be given the diagnosis, such as suicidal actions and urges, ongoing actions and urges of self-harm, and high risk taking behaviours, would be offered Dialectical Behavioural Therapy (DBT). This is to provide the young person with the skills and support, in an attempt to equip them with the ability to self-manage their emotions, and achieve their 'life worth living goals'.

5. & 6. The table below provides a breakdown of the number of patients placed in a secure unit and the number of those who have a diagnosis of BPD or EUPD.

Gender	Number in Secure Unit	Number diagnosed BP/EUPD
Male	44	5
Female	11	8

7. & 8. The UHB does not currently have any patients aged under 18 years placed in Secure Units.