

<b>Reference:</b>	FOI.19021.25
<b>Subject:</b>	Child and Adolescent Mental Health Service (CAMHS) referrals
<b>Date of Request:</b>	4 December 2025

**Requested:**

Under the Freedom of Information Act 2000, I would be grateful if you could provide the following information for Pembrokeshire (or Hywel Dda Health Board area if Pembrokeshire-specific data is unavailable) for the most recent three-year period:

1. The total number of children referred to SCAMHS / CAMHS services.
2. The total number of children currently on waiting lists for SCAMHS / CAMHS.
3. Of the children referred, the average waiting time before receiving SCAMHS / CAMHS support.
4. The total number of children referred for Play Therapy services.
5. The total number of children currently on the waiting list for Play Therapy.

**Response:**

1. Hywel Dda University Health Board (UHB) provides within the table overleaf, the number of children and young people (CYP) residing within Pembrokeshire referred to the CAMHS, during the 2023 and 2024 financial years and the period 1 January to 30 November 2025.

Period	Number
2023	801
2024	787
1 January to 30 November 2025	625

2. The UHB confirms it currently has fifty-four (54) CYP residing in Pembrokeshire on the waiting list for CAMHS.
3. The UHB confirms that for CYP in Pembrokeshire, the current average wait from referral to an initial assessment in CAMHS is four (4) weeks and the current average wait for intervention following an initial assessment is twelve (12) weeks.
4. The UHB confirms that in Pembrokeshire, ten (10) CYP have been referred for play therapy, during the 2023 and 2024 financial years and the period 1 January to 30 November 2025.
5. The UHB confirms that there are no CYP on the waiting list for play therapy in Pembrokeshire.