

Reference:	FOI.20637.26
Subject:	Children and young people (CYP) with long-term conditions
Date of Request:	8 June 2026

Requested:

Please provide information on any services, programmes, or pilot projects operating within your Health Board area which support children and young people (up to age 25) with long-term health conditions through youth-focused, wellbeing, psychosocial, or transition-based approaches. This may include (but is not limited to):

- health-based youth work;
- transition support between paediatric and adult services;
- integrated mental and physical health support.

Please also provide:

- a. the name and brief description of each service/programme;
- b. which conditions/populations the service supports;
- c. whether the service is Health Board-run or commissioned through third sector/ community organisations;
- d. whether services are delivered Health Board-wide or in specific localities;
- e. any evaluations of the above services held by the Health Board.

Response:

Hywel Dda University Health Board (UHB) confirms that its Children's Community Nursing Service (CCNS), Children's Disability Health Team (CDHT) and Paediatric Diabetes Service (PDC) provide transition support between paediatric and adult services for CYP aged 0 to 18 with long-term health conditions. The services and programmes are provided within the tables below, by service.

CCNS		
No.	Question	Answer
a.	Service description	A dedicated Transition Nurse provides operational oversight of transitional care for CYP with complex physical health needs. The role supports CYP and families to navigate the transition to adult services and ensures robust clinical handover to adult teams. The service includes transition clinics, where a 'Transition Passport' is developed for individual CYP.
b.	Conditions supported	CYP with complex physical health needs.
c.	Service provided by	UHB run service. Initially funded through WellChild, now fully funded by the UHB.
d.	Delivery	UHB wide.
e.	Evaluation	Not held. However, CCNS recently engaged in a transition workshop with adult services to streamline pathways. A formal evaluation is planned following the embedding of the revised processes.

CDHT		
No.	Question	Answer
a.	Service description	A multidisciplinary nursing model incorporating a Mental Health (MH) nurse, a Learning Disabilities (LD) nurse, Paediatric nurse, Health Visitor and Children's Community Nursing. The LD nurse leads transition-focused activities, which includes, transition clinics, the development of 'Transition Passports', the navigation and coordination of health services into adulthood and promotion of the annual LD Health Check in Primary Care.
b.	Conditions supported	CYP with disabilities, including LD and associated complex needs.
c.	Service provided by	UHB run integrated service.
d.	Delivery	Previously locality-based within Carmarthenshire, though this is currently transitioning to a full UHB wide model due to the centralisation of services across the three (3) counties.
e.	Evaluation	Not held.

PDS		
No.	Question	Answer
f.	Service description	A newly appointed nurse role to support the transition from paediatric to adult diabetes services.
g.	Conditions supported	CYP with diabetes.
h.	Service provided by	UHB run service.
i.	Delivery	UHB wide.
j.	Evaluation	Not held.

Additionally, the UHB's Iechyd Da Youth Health Team (YHT) works with CYP aged 11 to 25, across Carmarthenshire, Ceredigion, and Pembrokeshire, who are not in mainstream school or classed as 'Not in Education, Employment, or Training' (NEET). As a UHB team that receives additional financial support from Welsh Government (WG) via grant funding, they work in partnership with other agencies such as University of Wales Trinity Saint David (UWTSD) and Pembrokeshire college, youth support services, youth justice services, MH teams, employment support services, third sector services, housing teams and safeguarding services across the UHB and Local Authorities (LAs).

Iechyd Da YHT was established with the aim of reducing health inequalities experienced by CYP who were not attending mainstream school or NEET, by delivering health education and individual support in the community and in education settings outside of schools.

The innovative and integrated approach to the delivery of services for vulnerable groups of CYP is essential to delivering key strategic actions to improve the health, wellbeing and outcomes for CYP, which include:

- Addressing poverty of health
- Improving access to prevention and early intervention services.
- Improving access to health promotion and health education services.
- Supporting young people at risk of offending to address health issues that may be linked to offending behaviour.

- Delivering accessible services in the community as part of an inter-agency response
- Condom Card Scheme embedded in Colleges across the UHBs geographical area. The team plan to introduce the scheme to traineeships for 16 to 18 year olds. (A traineeship is a skills development programme that combines work experience with training to prepare individuals for employment or apprenticeships).
- The YHT is on course to become entirely trained as trauma informed practitioners.
- The YHT are working closely with the Community Development Outreach Team to provide services to the Traveller community in Pembrokeshire and Ceredigion.