

Reference:	FOI.16500.25
Subject:	Chronic pelvic pain
Date of Request:	3 February 2025

Requested:

1. Does the Health board have a chronic pelvic pain clinic? (yes,no)
2. If yes- which specialities are involved? i.e. GP, radiology, gynaecology, urogynaecology, pain management, physiotherapy, gastroenterology, psychology?
3. If no- what service/pathway is available for women with chronic pelvic pain?
4. What is the current referral time for patients to access this clinic and how many patients in total are waiting to access this service?
5. How many patients are currently under the care of this clinic?
6. How many appointments per year does this clinic utilise?

Response:

1. Hywel Dda University Health Board (UHB) confirms that it does not have a chronic pelvic pain clinic at present.
2. Not applicable.
3. The UHB currently has a temporary pilot project in place to design and deliver a new psychology service for Women's Health, which is led by the Clinical Health Psychology Service, alongside three (3) General Practice (GP) clusters. This is to enable the UHB to understand what the actual psychology needs and demands are, and what psychological input is required in this clinical field. Within this project, the UHB is offering psychological therapy for chronic pelvic pain and will be piloting a new pelvic pain psychological therapy group in April 2025.
4. The UHB confirms that the average wait time for patients to access the clinic is 10.5 weeks. As of 26 February 2025, there were seventeen (17) patients on the waiting list for the whole service, with fifteen (15) of these suffering with chronic pelvic pain due to various conditions.
5. As of 26 February 2025, there were forty-eight (48) active patients under the care of the whole service, which covers all Women's Health conditions. Of these forty-eight (48) patients, nineteen (19) are under the care of the clinic with pelvic pain related conditions.
6. The UHB confirms that it has gradually built up the patient clinic appointments over the duration of the project, and there are currently thirty-eight (38) appointments per week. The aim is to offer approximately one thousand, five hundred and twenty (1,520) appointments per year, should the project develop beyond the pilot phase.