

<b>Reference:</b>	FOI.19342.26
<b>Subject:</b>	Communications relating to Attention Deficit Hyperactivity Disorder (ADHD) and/or Autism Spectrum Disorder (ASD)
<b>Date of Request:</b>	19 January 2026

**Requested:**

Autism and ADHD in adults

Please provide details of any public-facing communications that relate to autism and/or ADHD produced, commissioned, or disseminated between 1 January 2019 and 31 December 2024 by Hywel Dda University Health Board.

Suitable examples of communications should include:

- Public awareness campaigns
- Social media posts, reels, or videos
- Posters, leaflets, or visual assets
- Public-facing digital content specifically intended for a general audience

(Please exclude service navigation pages, internal staff communications, or training materials.) If no such materials exist, please confirm this explicitly. I would prefer to receive the information electronically.

**Response:**

Hywel Dda University Health Board (UHB) has applied an exemption under Section 21 of the Freedom of Information Act 2000 (FoIA) as some of the requested information is already in the public domain and is accessible by another means.

Communications and information is published on the UHB's website for the public to view, a link to the UHB's website has been provided below.

[Home - Hywel Dda University Health Board](#)

The UHB's press releases and social media posts are published on its news webpage and are available to the public to view. For the requested time period of 1 January 2019 to 31 December 2024, the UHB has identified a news article which was published on its website, dated 5 November 2024 and entitled 'Health board is first in Wales to be awarded for work with autism'. The links to the UHB's news webpage and the relevant article have been provided below:

<https://hduhb.nhs.wales/news/>

[Health board is first in Wales to be awarded for work with autism - Hywel Dda University Health Board](#)

In addition, the UHB has a dedicated webpage for its Neurodevelopmental services which the public can access. A link to the relevant webpage has been provided below:

[Neuro-developmental services - Hywel Dda University Health Board](#)

The UHB is also a part of the West Wales Integrated Autism Service (WWIAS) for adults, working across the counties of Carmarthenshire, Pembrokeshire, and Ceredigion. The WWIAS provides diagnosis, focused support, professional consultation, and educational resources for autistic adults and those who support them.

The UHB has identified two (2) leaflets that are provided to patients, which may be of use to you. Copies have been provided at the following attachments:

- Attachment 1 - WWIAS Support for Autistic Adults explained
- Attachment 2 - WWIAS Autism Diagnostic Assessments explained