

Reference:	FOI.6526.21
Subject:	Community Mental Health Team Policy
Date of Request:	21 July 2021

Requested:

Could you share with me the policy which would cover accessing a CMHT which is out of your GP area?

E.g. accessing a CMHT in Carmarthenshire if your GP is in Pembrokeshire?
Or accessing a CMHT in Cardiff if your GP is in Ceredigion.

Response:

Hywel Dda University Health Board (UHB) does not have a specific policy that covers accessing a Community Mental Health Team (CMHT) out of the patient's GP area. However, the UHB's CMHT would consider all out of area requests, with each request being individually assessed and based upon individual clinical needs. Where possible, the CMHTs aim to accommodate appropriate requests.

The UHB does have a Patient Access: Elective Care Policy, although this is not specific to Mental Health. This policy is accessible on the UHB's website and can be accessed via the following link:

<https://hduhb.nhs.wales/about-us/governance-arrangements/policies-and-written-control-documents/policies/relocation-expenses-policy/>