

Reference:	FOI.20614.26
Subject:	Diabetes
Date of Request:	4 June 2026

Requested:

For the last year where you have a full year's data, please can you tell me the following for hospitals that fall under your jurisdiction:

1. How many Maternity patients were treated for Gestational Diabetes Mellitus (GDM) in the 12 month period?
2. Do you have a digital product to support the treatment of patients with GDM?
If you have a digital product, can you supply the total contract value and duration?
3. How many type 1 diabetes patients (all adults & paediatrics) do you care for in your hospitals?
4. How many type 2 diabetes patients (all adults & paediatrics) specifically on insulin do you care for in your hospitals?

Response:

Hywel Dda University Health Board (UHB) is unable to provide you with the information requested for question 4, as it is estimated that the cost of answering your request would exceed the "appropriate limit" as stated in the Freedom of Information Act 2000 (Appropriate Limit and Fees) Regulations 2004. The "appropriate limit" represents the estimated cost of one person spending 18 hours (or 2 ½ working days) in determining whether the UHB holds the information, and locating, retrieving and extracting the information.

In order to provide you with all the data requested, the UHB would need to undertake a manual trawl of each patient medical record diagnosed with Type 2 Diabetes Mellitus (DM), to identify if any have been prescribed insulin, as this is not recorded centrally.

The UHB currently has approximately twenty-six thousand, one hundred and fourteen (26,114) adults recorded as having Type 2 DM. It is estimated that a manual search of these records would exceed the 18 hours stipulated within the Freedom of Information Act 2000 (FoIA). Based on the number of adult records identified, conducting a search of these, taking five (5) minutes per digital record, would far exceed the 'appropriate limit', costing the UHB the following:

26,114 @ 5 minutes per item = 2,176 hours and 10 minutes
2,176 hours and 10 minutes @ £25 per hour = £54,404.17

The UHB is therefore applying an exemption under Section 12 of the FoIA, which provides an exemption from a public authority's obligation to comply with a request for information where the cost of compliance is estimated to exceed the appropriate limit.

However, under Section 16 of the FoIA, we are required as a public authority, to provide advice and assistance so far as it is reasonable to individuals who have made a request under the FoIA, this can include assisting a requestor to further refine their request.

Unfortunately, the UHB is unable to provide advice on how you can refine your request further. This is due to the UHB still requiring a manual trawl of all Type 2 DM patient records to be undertaken to identify any information that may fulfil this part of your request.

Nevertheless, the UHB provides the accessible information it holds below.

1. The UHB confirms that two hundred and seventy-six (276) maternity patients were treated for Gestational Diabetes Mellitus (GDM), during the 2025 calendar year.
2. The UHB utilises the Glooko GDM Care Programme, which is a connected digital health solution rather than a physical medical device.

The contract is managed on an All-Wales basis by the Procurement Services in NHS Wales Shared Services Partnership (NWSSP). We therefore recommend that you re-direct this part of your request to the Freedom of Information team in NWSSP who may be able to assist you further. Contact details are as follows:

shared.services@wales.nhs.uk or alternatively in writing to: NWSSP, Information Governance Manager, 4-5 Charnwood Court, Heol Billingsley, Parc Nantgarw, Cardiff, CF15 7QZ.

3. The estimated number of adults recorded on the Diabetes Insights and Variation Atlas (DIVA) dashboard for the UHB area as having Type 1 DM is currently two thousand, one hundred and seventy (2,170). The current number of children and young people (CYP) recorded on the paediatric diabetes register as having Type 1 DM is two hundred and twenty-four (224).
4. An exemption under Section 12 of the FoIA has been applied. Under Section 16, the UHB confirms that approximately twenty-six thousand, one hundred and fourteen (26,114) adults are recorded on the DIVA dashboard for the UHB area, as having Type 2 DM.

The UHB is unable to provide you with the number of CYP recorded as having Type 2 DM, due to the low number of cases (less than 5), as there is a potential risk of identifying individuals if this was disclosed. Therefore, the UHB is withholding these details under Section 40(2) of the Freedom of Information Act 2000 (FoIA).

This information is protected by the Data Protection Act 2018 (DPA)/UK General Data Protection Regulations (UK GDPR), as its disclosure would constitute unfair and unlawful processing and would be contrary to the principles and articles of the UK GDPR. This exemption is absolute and therefore, there is no requirement to apply the public interest test.

In reaching this decision, the DPA and UK GDPR define personal data as data that relates to a living individual who can be identified solely from that data or from that data and other information, which is in the possession of the data controller.