

Reference:	FOI.20693.26
Subject:	Discharge documents
Date of Request:	12 June 2026

Requested:

1. A copy of the Health Board's current policy, procedure, or guideline setting out the discharge criteria used in post-anaesthetic care units (PACU/recovery) for transferring patients from recovery to a ward (Stage 1 to Stage 2 recovery).
2. Confirmation of whether a recognised scoring system (e.g. Aldrete, Modified Aldrete, or an in-house scoring tool) is used to assess readiness for discharge from recovery, and a copy of any such scoring tool or assessment checklist.
3. Any separate discharge criteria used for day surgery / ambulatory patients being discharged home from recovery (e.g. PADSS or equivalent), if applicable.
4. The date these documents were last reviewed and approved.

Response:

1. Hywel Dda University Health Board (UHB) provides a copy of its discharge criteria used in recovery, for the transfer of patients from recovery to a ward, which is in accordance with Association for Perioperative Practice (AfPP) and the Association of Anaesthetists of Great Britain and Ireland (AAGBI) guidelines, at Attachment 1.
1. The UHB uses the ABCDE and Situation, Background, Assessment, and Recommendation (SBAR) discharge criteria for the transfer of patients from recovery to a ward. Please see pages 22 and 23 within Attachment 1.
2. The UHB provides a copy of its Day Surgery Unit (DSU) discharge document, which was developed in accordance with the British Association of Day Surgery (BADs) guidance, at Attachment 2.
3. Please see Attachments 1 and 2 for details of their implementation and review dates. However, a reviewed Theatre Care Plan is currently being progressed through the Clinical Written Control Documentation Group approval process, which will replace Attachment 1. The service are aware that the review of Attachment 2 is overdue and will address this in due course.