

Reference:	FOI.489.19
Subject:	Eating disorder treatments for adults
Date of Request:	5 April 2019

Requested

Please find the request attached, along with tables to assist with the response

Response:

Hywel Dda University Health Board (UHB) does not record information relating to individual patient diagnosis on referral to community services within mental health and learning disabilities. Once a patient is considered suitable for referral to the specialist Child and Adolescent Mental Health Service (CAMHS), or adult eating disorder services diagnosis would be recorded.

The UHB is therefore only able to provide responses in relation to Tier 3 services and do not include individuals with eating disorders who are treated within other mental health services, for example Community Mental Health Teams, Psychology or Primary Mental Health Services.

1. Please complete the table below, regarding the number of Adult patients (18+ year olds) requiring eating disorder treatment who had been assessed, were under treatment for their eating disorder from your Health Board and had not yet been discharged (number of patients which the Health Board carried responsibility for) on the dates specified, broken down by the type of mental health service they were primarily receiving treatment from.

Please do not provide data which relates to the treatment of children and young people (Under 18s). The Tiers referred to in columns 2, 3 and 4 of the table below are defined in [‘Eating Disorders - A Framework for Wales’](#).

The table below provides the UHB’s caseload for adult patients requiring eating disorder treatment as at 31 March of the given years.

Calendar Year	Tier 3 (Specialist Eating Disorders)
2017	31
2018	38

2. During the financial years 2016-2017 and 2017-2018, did your Health Board provide eating disorders treatment for adult (18+ year old) patients who were resident within the geographic area of any other Health Board/s in Wales? If so please provide information on this below, including the number of such patients (if any) who were included in answer to question 1, and corresponding detail on the geographic areas covered (this would enable us to put any data provided in answer to question 1 into context).

For example: ‘The catchment area of the Tier 3 Specialist Adult Eating Disorders service we provide includes the entire geographic area of XYZ Health Board. Twenty of the patients on caseload at 31 March 2017 at this service were residents of the geographic area of XYZ Health Board. Thirty of the patients on caseload at 31 March 2018 at this service were residents of the geographic area of XYZ Health Board’.

No, Hywel Dda University Health Board (UHB) did not provide eating disorder treatment for adults outside of the UHB's geographic area.

3. Please complete the tables below, regarding referral to start of treatment waiting times for **outpatient psychological intervention** for an Eating Disorder, for each Tier of service provided by your Health Board.

The Tiers referred to in the two tables below are defined in '[Eating Disorders - A Framework for Wales](#)'. Please do not provide data which relates to the treatment of children and young people (Under 18s) or Inpatient treatment. Please count 'start of treatment' as the date of the second appointment at that service.

Eating Disorders treatment for Adults at Tier 3 (Specialist Adult Eating Disorders Service) [If applicable]

Referral to start of treatment waiting times:

Year/Wait	< 4 weeks	Mean average waiting time (in weeks)	Median average waiting time (in weeks)
Patients added to the caseload during 2016/2017	19	< 2 weeks	<2 weeks
Patients added to the caseload during 2017/2018	23	<2 weeks	<2 weeks

4. Do you provide a Specialist (Tier 3) Adult Eating Disorders Service? If yes, please answer the questions below, if no then there are no further questions.

- a) Please state the total workforce (in WTE) working at your Specialist (Tier 3) Adult Eating Disorders Service as it was on the dates below:
Please include staff in post (including temporary staff) and any bank and agency staff which were working on those dates.

- i. 31 March 2017 ii. 31 March 2018

The table below provides the Whole Time Equivalent (WTE) of the total workforce within the Specialist Eating Disorder Service as at 31 March 2017 and 2018.

Calendar Year	WTE
2017	2.6
2018	3.1

- b) Please state the number of vacancies (in WTE) at your Specialist (Tier 3) Adult Eating Disorders Service as it was on the dates below:

- i. 31 March 2017 ii. 31 March 2018

The table below provides the Whole Time Equivalent (WTE) vacancies within the Specialist Eating Disorder Service as at 31 March 2017 and 2018.

Calendar Year	Vacancies
2017	0
2018	0.9