

Reference:	FOI.15965.24
Subject:	Eating disorders
Date of Request:	13 November 2024

Requested:

Please release the following information relating to treatment and outcomes for adult patients with eating disorders:

1. All available treatment pathways for patients with eating disorders in the Trust’s various specialist services (e.g. inpatient / day patient / community)?

Please select all treatments and settings that apply:

- a. Early intervention pathway (such as FREED)
- b. Recovery focused pathway (not early intervention)
- c. Medical management or stabilisation pathway (such as MEED)
- d. Pathway for long-standing eating disorders (such as SEED)
- e. End of life pathway (such as palliative care)
- f. Any other type of treatment pathway not otherwise included
- g. No named pathway (e.g. monitoring rather than active treatment)

Suggested table to provide answers split by available pathways and available settings (tick or cross).

	Inpatient service	Day patient service	Outreach service	Community service	Other service (please specify)
a. Early intervention pathway (such as FREED)					
b. Recovery focused pathway (not early intervention)					
c. Medical management or stabilisation pathway (such as MEED)					
d. Pathway for longstanding eating disorders (such as SEED)					
e. End of life pathway (such as palliative care)					
f. Other pathway (please specify)					
g. No named pathway (e.g. monitoring)					

2. The number of eating disorder patients in total on each available pathway and in each available setting so far this year and in each of the past 5 years.

- If you can’t break the pathways down by setting, please provide the total number on each pathway across the Trust, regardless of setting.

- If you can't break the settings down by pathway, please provide the total number in each setting within the Trust, regardless of pathway.
- If possible, please give inpatient numbers separately for SEDU / acute wards / mental health wards / general wards etc.

Suggested table to provide answers:

		2024 to date	2023	2022	2021	2020	2019
Early intervention pathway (such as FREED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Recovery focused pathway (not early intervention)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Medical management or stabilisation pathway (such as MEED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Pathway for long-standing eating disorders (such as SEED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
End of life pathway (such as palliative care)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Other pathway (please specify)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
No named pathway (e.g. monitoring)	TOTAL						
	Inpatient						

	Day Patient						
	Outreach						
	Community						
Total in Inpatient services							
Total in Day Patient Services							
Total in Outreach services							
Total in Community Services							
OVERALL TOTAL EATING DISORDER PATIENTS IN TRUST							

3. The number of patients in total with an eating disorder that have died of any cause so far this year and in each of the past 5 years.

Year	2024 to date	2023	2022	2021	2020	2019
Number of deaths						

4. Of the patients in question three, above, please provide the location in which the death occurred, for example, in an acute hospital, in the Specialist Eating Disorder Unit, in a palliative care setting, elsewhere in the Trust, or outside any Trust setting.

Location	2024 to date	2023	2022	2021	2020	2019
Acute hospital						
SEDU						
Palliative care setting						
Elsewhere in Trust (please specify)						
Outside Trust						

5. Please provide a copy of your Trust's SEED (Severe and Enduring Eating disorder) pathway or similar pathway for patients with long-standing eating disorders.

Response:

Hywel Dda University Health Board (UHB) is unable to provide you with some of the requested information, as there is a potential risk of identifying individuals if this was disclosed. The UHB is therefore withholding the following details under Section 40(2) of the FoIA:

- Where the figures in the table for question 2 have been replaced with an asterisk (*), due to the low number of cases (less than 5)
- Some totals that could be used to calculate the redacted figure have been replaced with a double asterisk (**).
- The information requested for questions 3 and 4, due to the low number of cases (5 and under)

This information is protected by the Data Protection Act 2018 (DPA)/UK General Data Protection Regulations, as its disclosure would constitute unfair and unlawful processing and would be contrary

to the principles and articles of the UK GDPR. This exemption is absolute and therefore, there is no requirement to apply the public interest test.

In reaching this decision, the DPA and UK GDPR define personal data as data that relates to a living individual who can be identified solely from that data or from that data and other information, which is in the possession of the data controller.

1. The UHB regrets to inform you that it does not hold the requested information as its Adult Eating Disorder Service (EDS) does not have set pathways.

The EDS provides treatment and support to patients that meet the criteria for Tier 2 and Tier 3 services. Tier 2 services under specialist EDS commenced at the end of 2020.

The EDS is a secondary care service, and patients receive treatment as per Care and Treatment plan (Mental Health Measure, Wales), which is person-centred, needs and risk led.

Medical Emergencies in Eating Disorders (MEED) risk factors are assessed in all EDS patients and are risk categorised as red, amber or green.

Based on MEED risk and concerns regarding medical stabilisation, the EDS contacts the Gastroenterology Consultant/team to discuss and/or plan admission.

All Specialist Eating Disorder Units are out of county and referrals for patients requiring admission are completed by the EDS.

2. The UHB does not hold the information exactly as requested. However, the UHB provides within the table below, the number of eating disorder (ED) patients by service setting, during the 2019 to 2023 calendar years and the period 1 January to 31 October 2024.

ED service setting	2024 to date	2023	2022	2021	2020	2019
Total in Inpatient services	6	10	*	*	*	*
Total in Community Services	56	33	48	69	23	23
Total ED patients	62	43	**	**	**	**

3. & 4. Section 40 exemption applied.
5. The UHB does not hold the information requested.