

<b>Reference:</b>	FOI.14234.24
<b>Subject:</b>	Eczema
<b>Date of Request:</b>	17 April 2024

**Requested:**

- What advice does your hospital's dermatology department issue to patients with eczema regarding the amount of moisturizer that should be applied to patients?
- What advice does our hospital's dermatology department issue to patients with eczema regarding the amount of steroid cream/ointment that should be applied to patients?

Please provide examples of the advice if the answers are affirmative.

Leaflets: For any leaflets issued please can these be included.

Website advice: For advice given as website links, please include links.

**Response:**

Hywel Dda University Health Board (UHB) confirms that its Dermatology staff advises and treats patients with eczema based on an individual needs basis. For patients using steroid cream/ointment, GPs, Pharmacists or Dermatology Doctors explain to patients how much is needed, where, when, and how often to apply it.

Additionally, the UHB provides patients, parents/guardians and/or carers with literature, including leaflets and booklets, which are available and downloadable from various websites. Literature will be provided based on what is the most suitable for individual needs.

The UHB provides below, the names and links to the websites it utilises to provide guidance and advice on the treatment of eczema:

- DermNet - <https://dermnetnz.org/topics>
- British Association of Dermatologists – <https://www.bad.org.uk/patient-information-leaflets/>
- National Eczema Society - <https://eczema.org/>