

Reference:	FOI.17246.25
Subject:	Falls management exercise
Date of Request:	30 April 2025

Requested:

FaME is a group based structured falls prevention programme delivered by Postural Stability Instructors (PSIs) trained by Later Life Training. It may be delivered under different local names.

Please answer the following questions in relation to your organisation's commissioning and/or provision of FaME during the financial year 1 April 2024 to 31 March 2025:

1. Commissioning
Did your organisation commission any FaME programmes delivered by PSIs during this period?
 Yes
 No
 No, but we have done so in the past

2. Provision
Did your organisation provide any FaME programmes delivered by PSIs during this period?
 Yes
 No
 No, but we have done so in the past

3. Participation
Approximately how many individuals took part in the FaME classes that you commissioned or provided during this period?
 [Enter number or nearest estimate]

4. Programme Duration
What is the typical length of the programme funded per participant?
 (e.g., 6 weeks, 12 weeks, 24 weeks)
 [Enter duration]

5. Toolkit Usage
Have you used the FaME Implementation Toolkit to support its commissioning or provision?



- Yes
- No
- Not sure

6. Follow-Up

Would your organisation be willing to be contacted for further information about your programme(s)?

Yes – please contact [Insert preferred contact if willing]

No

Alternatively, you are welcome to reach out to us

Response:

Hywel Dda University Health Board (UHB) regrets to inform you that it does not hold the information requested as the Falls and Frailty programmes within the area are provided by the Local Authorities. We therefore recommend that you redirect your request to the Freedom of Information Teams within each of the Local Authorities in the UHB's footprint, who may be able to help you with your enquiry. Contact details are set out below: -

Information & Data Protection Officer, Carmarthenshire County Council, County Hall, Carmarthen, SA31 1JP or by email foia@carmarthenshire.gov.uk

Complaints & Freedom of Information Team, Ceredigion County Council, Canolfan Rheidol, Rhodfa Padarn, Llanbadarn Fawr, Aberystwyth, Ceredigion, SY23 3UE or by email foi@ceredigion.gov.uk

Information Governance Team, Pembrokeshire County Council, County Hall, Haverfordwest, Pembrokeshire, SA61 1TP or by email FOI@pembrokeshire.gov.uk