

Reference:	FOI.20572.26
Subject:	Hypertension information resources
Date of Request:	2 June 2026

Requested:

A copy of all educational literature resources (e.g. Word documents, PowerPoints, Patient Information Leaflets, written Advice and Guidance documents etc.) that are distributed, or presented, to patients within your Trust relating to the management of Hypertension (High Blood Pressure), either in community-based or hospital-based settings.

Response:

Hywel Dda University Health Board (UHB) has applied an exemption under Section 21 of the Freedom of Information Act 2000 (FoIA) as the information requested is already in the public domain and accessible by another means. The UHB uses the information and literature available on the British Heart Foundation (BHF) website. For ease, the links to the BHF website, their high blood pressure information webpage and the understanding high blood pressure booklet have been provided below:

[The biggest independent funder of heart and circulatory research in the UK - BHF](#)

[High blood pressure \(Hypertension\) - causes and symptoms - BHF](#)

[Understanding high blood pressure - BHF](#)