

Reference:	FOI.9547.22
Subject:	Infant skincare
Date of Request:	3 August 2022

Requested:

1. What antenatal advice does the trust routinely give to mothers about infant skincare including the bathing of babies?
2. What postpartum advice does the trust routinely give to mothers about infant skincare including the bathing of babies?

Response:

Hywel Dda University Health Board's (UHB) general advice for parents is to wait at least twenty-four (24) hours after birth before bathing the baby. However, parents can wait until the cord falls off before bathing the baby, should they wish to do so; this is to help the vernix soak into the skin for longer.

The UHB has recently completed the recording of a bath demonstration video, which is currently being edited. A copy of the script has been provided, at Attachment 1.