

Reference:	FOI.17438.25
Subject:	Insomnia treatments
Date of Request:	29 May 2025

Requested:

In the last 12 months, how many unique patients have been treated for Insomnia (ICD-10 code G47.0) with the following products:

- Zopiclone
- Zolpidem
- Any other Melatonin product

If you cannot provide the information for each product, please provide the information that you do have available.

Response:

Hywel Dda University Health Board (UHB) regrets to inform you that it does not hold the requested information, as it does not treat patients with insomnia. Any referrals received for insomnia are returned to the referrer as the UHB does not offer this service.

However, whilst operating in accordance with the Section 45 Freedom of Information Code of Practice, the UHB has a duty to provide advice and assistance. Provided within the table overleaf is the number of patient specific issues within secondary care, for the treatments requested for any indication, during the period 1 May 2024 to 30 April 2025.

Treatment	Number
Zopiclone	524
Zolpidem	35
Any other Melatonin product	1,549